2010 SCHOOL HEALTH PROFILES SCHOOL PRINCIPAL QUESTIONNAIRE

This questionnaire will be used to assess school health programs and policies across your state or school district. Your cooperation is essential for making the results of this survey comprehensive, accurate, and timely. Your answers will be kept confidential.

INSTRUCTIONS

- 1. This questionnaire should be completed by the **principal** (or the person acting in that capacity) and concerns only activities that occur in the <u>school listed below for the grade span listed below</u>. Please consult with other people if you are not sure of an answer.
- 2. Please use a #2 pencil to fill in the answer circles completely. Do not fold, bend, or staple this questionnaire or mark outside the answer circles.
- 3. Follow the instructions for each question.
- 4. Write any additional comments you wish to make at the end of the questionnaire.
- 5. Return the questionnaire in the envelope provided.

Person completing this questionnaire

Name.	
Title:	
School name:	
District:	
Telephone number:	
To be completed by the Sl	EA or LEA conducting the survey
School name:	Grade span:

Survey ID							
0	0	0	0				
1	1	1	1				
2	2	2	2				
3	3	3	3				
4	4	4	4				
5	5	5	5				
6	6	6	6				
7	7	7	7				
1 2 3 4 5 6 7 8	1 2 3 4 5 6 7 8	1 2 3 4 5 6 7 8	1 2 3 4 5 6 7 8				
9	9	9	9				

2010 SCHOOL HEALTH PROFILES PRINCIPAL QUESTIONNAIRE

yes					
	Area			Yes	No
a.	Physical activity				<u>_</u>
b.	Nutrition				
c.	Tobacco-use prevention				
d.	Asthma				
e.	Injury and violence prevention	n			
	tten School Improvement Plan (uire schools to have a written Sl				
req rela		IP. Does your school of the following top	's written ics? (Mark	SIP includ	le hea
req rela	uire schools to have a written S ated goals and objectives on any	IP. Does your school of the following top	's written ics? (Mark	SIP includ	le hea
req rela	uire schools to have a written Slated goals and objectives on any ic, or if your school does not have	IP. Does your school of the following top a SIP, mark "no SIP	's written sics? (Mark ") No	SIP includ yes or no f	le hea for ea
req rela top:	uire schools to have a written Slated goals and objectives on any ac, or if your school does not have Topic	IP. Does your school of the following top a SIP, mark "no SIP Yes	's written sics? (Mark ''') No	SIP includ yes or no f	le heafor ea
req rela top:	uire schools to have a written Shated goals and objectives on any ac, or if your school does not have Topic Health education	Yes al activity	's written sics? (Mark ''') No	SIP includ yes or no f	le he

Health services

Mental health and social services

Healthy and safe school environment.....

Family and community involvement

Faculty and staff health promotion

d.

e.

f.

g.

h.

3.	The Child Nutrition and WIC Reauthorization Act of 2004 requires school diparticipating in federally subsidized child nutrition programs (e.g., National Lunch Program or School Breakfast Program) to establish a local school well policy. Is your school required to report to your district each of the following of information regarding implementation of the local wellness policy? (Mark 2005) no for each.)						
	Type o	Yes	No				
4.		Number of minutes of physical education required in each grade Rates of student participation in school meal programs					
	Ye No	es ·					
5.	team)	re one or more than one group (e.g., a school health council, com at your school that offers guidance on the development of polici inates activities on health topics? (Mark one response.)		e, or			
	Ye No	es → Skip to Question 7					

	Group	Yes	N
a.	School administrators		
b.	Health education teachers		[
c.	Physical education teachers		[
d.	Mental health or social services staff		[
e.	Nutrition or food service staff		
f.	Health services staff (e.g., school nurse)		<u> </u>
g.	Maintenance and transportation staff		
h.	Technology staff		
i.	Library/media center staff		<u> </u>
j.	Student body		İİ
k.	Parents or families of students		
1.	Community members	🗖	İİ
m.	Local health departments, agencies, or organizations		أا
n.	Faith-based organizations		
0.	Businesses		
con pre	any school staff required to receive professional development (eferences, continuing education, or any other kind of in-service) of gnancy prevention issues and resources for the following groups:	.g., woi n HIV,	ST
Are conf	any school staff required to receive professional development (e ferences, continuing education, or any other kind of in-service) o	.g., woi n HIV,	ST
Are conf	any school staff required to receive professional development (eferences, continuing education, or any other kind of in-service) of gnancy prevention issues and resources for the following groups: each group.)	.g., woi n HIV,	ST
Are conf	any school staff required to receive professional development (eferences, continuing education, or any other kind of in-service) of gnancy prevention issues and resources for the following groups: each group.) Group	.g., wor n HIV, ? (Mark	ST: yes
Are cont	any school staff required to receive professional development (eferences, continuing education, or any other kind of in-service) of gnancy prevention issues and resources for the following groups: Group Ethnic/racial minority youth at high risk (e.g., black, Hispanic,	.g., woi n HIV, ? (Mark Yes	ST: yes
Are cont	any school staff required to receive professional development (eferences, continuing education, or any other kind of in-service) of gnancy prevention issues and resources for the following groups: each group.) Group	.g., woi n HIV, ? (Mark Yes	ST: yes

Are each of the following groups represented on any school health council,

6.

9.	bise	s your school engage in each of the following practices related to xual, transgender, or questioning (LGBTQ) youth? (Mark yes or tice.)		
		Practice	Yes	No
	a.	Identify "safe spaces" (e.g., a counselor's office, designated	_ 0.5	210
		classroom, or student organization) where LGBTQ youth can		
		receive support from administrators, teachers, or other		
		school staff		
	b.	Prohibit harassment based on a student's perceived or actual	_	
		sexual orientation or gender identity	∐.	
	c.	Encourage staff to attend professional development on safe		
		and supportive school environments for all students, regardless		
	1	of sexual orientation or gender identity		
	d.	Facilitate access to providers not on school property who have		
		experience in providing health services, including HIV/STD		
	0	testing and counseling, to LGBTQ youth		∐
	e.	Facilitate access to providers not on school property who have experience in providing social and psychological services to		
		LGBTQ youth		
10.		your school adopted a policy that addresses each of the following than immunodeficiency virus (HIV) infection or AIDS? (Mark yes	_	
	issue	· · · · · · · · · · · · · · · · · · ·	01 110 10	i cacii
		Issue	Yes	No
	a.	Attendance of students with HIV infection		
	b.	Procedures to protect HIV-infected students and staff from		
		discrimination		
	c.	Maintaining confidentiality of HIV-infected students and staff	=	∐
	d.	Worksite safety (i.e., universal precautions for all school staff)		∐
	e.	Confidential counseling for HIV-infected students		∐
	f.	Communication of the policy to students, school staff, and parent		
	g.	Adequate training about HIV infection for school staff		
	h.	Procedures for implementing the policy		
11.		s your school have or participate in each of the following program of for each program.)	ms? (Ma	ark yes
		Program	Yes	No
	a.	A student mentoring program		
	b.	A safe-passages to school program		🔲
	c.	A program to prevent bullying		
	d.	A program to prevent dating violence		
	e.	A vouth development program	П.	

12.	Are all staff who teach health education topics at your school certified, licensed, or endorsed by the state in health education? (Mark one response.)							
	□ N	Yes Vo Not applicable (i.e., state ealth education)	does not offer certification	ation,	licensu	re, or	endorsem	nent in
(Defin	nition: ledge,	ED PHYSICAL ED Required physical educatitudes, skills, and constudents must receive f	ation is defined as instr fidence needed to adop	ot and	mainta	in a p	hysically	
13.	_	ysical education <u>requi</u> ol? (Mark one response		<u>v</u> of g	grades (6 thre	ough 12 iı	1 your
		Yes No → Skip to Question	ı 16					
14.	your	required physical educe school? (For each grade "grade not taught in yo	e, mark yes or no, or if					
							Grade no	t taught
		Grade		Yes	No		in your	
	a.	6				<u>]</u>	[
	b.	7				<u> </u>		
	c.	• • • • • • • • • • • • • • • • • • • •		····=		⊒		
	d.			=		╡		_
	e.					╡	 	\dashv
	f.			=		╡᠁	 Г	\dashv
	g.	12		∟	L	_]		

	Reason	Voc	No
		Yes	No
	a. Enrollment in other courses (e.g., math or science)		
	b. Participation in school sports	·····H	⊢
	c. Participation in other school activities (e.g., ROTC, band, or chord		
	d. Participation in community sports activities		-
	e. Religious reasons		-
	f. Long-term physical or medical disability		_
	g. Cognitive disability		
	h. High physical fitness competency test score		
	i. Participation in vocational training		
	j. Participation in community service activities		
16.	During the past two years, did any physical education teachers or speci school receive professional development (e.g., workshops, conferences, education, or any other kind of in-service) on physical education? (Mar	contin	uing
	☐ Yes ☐ No		
l 7.	Are those who teach physical education at your school provided with following materials? (Mark yes or no for each material.)	each o	of the
17.	Are those who teach physical education at your school provided with	each o	of the No
7.	Are those who teach physical education at your school provided with following materials? (Mark yes or no for each material.) Material a. Goals, objectives, and expected outcomes for physical		
7.	Are those who teach physical education at your school provided with following materials? (Mark yes or no for each material.) Material		
7.	Are those who teach physical education at your school provided with following materials? (Mark yes or no for each material.) Material a. Goals, objectives, and expected outcomes for physical education	Yes	
7.	Are those who teach physical education at your school provided with following materials? (Mark yes or no for each material.) Material a. Goals, objectives, and expected outcomes for physical education	Yes	
7.	Are those who teach physical education at your school provided with following materials? (Mark yes or no for each material.) Material a. Goals, objectives, and expected outcomes for physical education	Yes	
7.	Are those who teach physical education at your school provided with following materials? (Mark yes or no for each material.) Material a. Goals, objectives, and expected outcomes for physical education b. A chart describing the annual scope and sequence of instruction for physical education	Yes	
17.	Are those who teach physical education at your school provided with following materials? (Mark yes or no for each material.) Material a. Goals, objectives, and expected outcomes for physical education b. A chart describing the annual scope and sequence of instruction for physical education c. Plans for how to assess student performance in physical education	Yes	No

19.	Outside of school hours or when school is not in session, do children or adolescents use any of your school's indoor physical activity or athletic facilities for community-sponsored physical activity <u>classes or lessons</u> ? (Mark one response.)					
	☐ Yes ☐ No					
тов	ACCO-USE PREVENTION POLICIES					
20.	Has your school adopted a policy prohibiting tobacco use? (Mark one response.)					
	☐ Yes ☐ No → Skip to Question 27					
21.	Does the tobacco-use prevention policy specifically prohibit use of each type of tobacco for each of the following groups during any school-related activity? (Mark yes or no for each type of tobacco for each group.)					
	Type of tobacco Students Faculty/Staff Visitors Yes No Yes No Yes No					
	a. Cigarettes					
	b. Smokeless tobacco (i.e., chewing					
	tobacco, snuff, or dip)					
	c. Cigars					
22.	Does the tobacco-use prevention policy specifically prohibit tobacco use during each of the following times for each of the following groups? (Mark yes or no for each time for each group.)					
	<u>Students</u> <u>Faculty/Staff</u> <u>Visitors</u> Time <u>Yes No Yes No Yes No</u>					
	a. During school hours					
	b. During non-school hours					

23.	the fo	on for each group.)			
	a. b. c. d.	Location In school buildings Outside on school grounds, includin parking lots and playing fields On school buses or other vehicles used to transport students At off-campus, school-sponsored events	g — — 		
24.	tobac	your school have procedures to infocco-use prevention policy that prohiboplicable for each group.)		0.0	-
	a. b. c.	Group StudentsFaculty and staffVisitors			Not Applicable
25.		your school's tobacco-use preventio chool should take when <u>students</u> are nse.)		_	
	□N				
26.		our school, who is responsible for enforce one response.)	forcing your (obacco-use pre	evention policy?
	☐ Pı ☐ A ☐ O	o single individual is responsible rincipal ssistant principal ther school administrator ther school faculty or staff member			

	Criterion							Yes	No
a.	Zero tolerance							□.	
b.	Effect or severity of the violation								戸
c.	Grade level of student								戸
d.	Repeat offender status								┌
	nen <u>students</u> are caught smoking cigare	ttes, l	101						owir
act	ions taken? (Mark one response for each	actio	n.)					A	lway
								or	almo
	Action	Neve	er	Rai	ely	Some	time	es al	way
a.	Parents or guardians are notified	[]		\square .		□		
b.	Parents or guardians are notified Referred to a school counselor	[]		\Box .		<u> </u>		
c.	Referred to a school administrator	<u> </u>			П.		╗		🗖
d.	Encouraged, but not required, to		_			,			
	participate in an assistance, education	١.							
	or cessation program	Г	٦		П.		П.,		
e.	Required to participate in an assistance				ш.				
•	education, or cessation program		٦						
f.	Referred to legal authorities	······	╡¨	•••••	Η.	• • • • • • • • • • • • • • • • • • • •	一"	••••••	···
	Placed in detention	·····-	╡	•••••	片.	• • • • • • • • • • • • • • • • • • • •	一	•••••	'''H
g. h.	Not allowed to participate in extra-cu			•••••	ш.	•••••	Ш	•••••	∟
11.	not allowed to participate in extra-cu		ai T						
i.	activities or interscholastic sports Given in-school suspension	·····-	╡	• • • • • • • •	吕.	•••••	⊢	•••••	⊢
j.	Suspended from school	·····-	╡…	• • • • • • • •	片.	•••••	≓"	•••••	-
k.	Expelled from school							•••••	
1.	Reassigned to an alternative school		」 …	•••••	∐.			••••••	
	es your school post signs marking a tob tance from school grounds where tobac								
	Yes No								
	ring the past two years, has your school ark yes or no for each activity.)	l don	e ea	ach o	f th	e follov	ving	activit	ties?
	Activity							Yes	No
a.	Gathered and shared information with about mass-media messages or comm								
	prevention efforts							∏.	Г

31.	Does your school provide tobacco cessation services for each of the following groups? (Mark yes or no for each group.)							
	a. b.	Group Faculty and staff Students		0				
32.	profe	your school have arrangements with any organizations or health ssionals not on school property to provide tobacco cessation serve following groups? (Mark yes or no for each group.)		ach				
	a. b.	Group Faculty and staff Students	_ =	o				
NUTE	RITION	N-RELATED POLICIES AND PRACTICES						
33.		n foods or beverages are offered at school celebrations, how often ried vegetables offered? (Mark one response.)	n are fruit	s oi				
	☐ No ☐ Ra ☐ So	oods or beverages are not offered at school celebrations ever arely ometimes lways or almost always						
34.		students purchase snack foods or beverages from one or more verines at the school or at a school store, canteen, or snack bar? (Mase.)	0					
		es o → Skip to Question 37						

35.	Can students purchase each of the following snack foods or beverages from vending machines or at the school store, canteen, or snack bar? (Mark yes or no for each food or beverage.)					
		Food or beverage	Yes	No		
	a.	Chocolate candy				
	b.	Other kinds of candy				
	c.	Salty snacks that are not low in fat (e.g., regular potato chips)				
	d.	Cookies, crackers, cakes, pastries, or other baked goods that are not low in fat		 		
	e.	Ice cream or frozen yogurt that is not low in fat		□		
	f.	2% or whole milk (plain or flavored)				
	g.	Water ices or frozen slushes that do not contain juice				
	h.	Soda pop or fruit drinks that are not 100% juice		 		
	i.	Sports drinks (e.g., Gatorade)				
	j.	Foods or beverages containing caffeine		H		
	k.	Fruits (not fruit juice)		H		
	l.	Non-fried vegetables (not vegetable juice)		H		
37.	☐ Yo	ong this school year, has your school done any of the following?	Mark ye	es or no		
			Yes	No		
	a.	Priced nutritious foods and beverages at a lower cost while increasing the price of less nutritious foods and beverages				
	b.	Collected suggestions from students, families, and school staff on nutritious food preferences and strategies to promote healthy eating	 	П		
	c.	Provided information to students or families on the nutrition and caloric content of foods available				
	d.	Conducted taste tests to determine food preferences for nutritious items				
	e.	Provided opportunities for students to visit the cafeteria to learn about food safety, food preparation, or other nutrition-				
		related topics				

At your school, are candy, meals from fast food restaurants, or soft drinks promoted through the distribution of products, such as t-shirts, hats, and book covers to students? (Mark one response.)				
☐ Yes ☐ No				
Does your school prohibit advertisements for candy, fast food restaurants, or soft drinks in each of the following locations? (Mark yes or no for each location.)				
Location	Yes No			
a. In the school building				
b. On school grounds including on the outside of the school				
Is there a full-time registered nurse who provides health services to students at your				
hours, 5 days per week.) (Mark one response.)	ing all school			
☐ Yes ☐ No				
At your school, how many <u>students with known asthma</u> have an asthma action plan on file? (Students with known asthma are those who are identified by the school to have a current diagnosis of asthma as reported on student emergency cards, medication records, health room visit information, emergency care plans, physical exam forms, parent notes, and other forms of health care clinician notification.) (Mark one response.)				
☐ This school has no students with known asthma. ☐ All students with known asthma have an asthma action plan on fill ☐ Most students with known asthma have an asthma action plan on				
	through the distribution of products, such as t-shirts, hats, and be students? (Mark one response.) Yes No Does your school prohibit advertisements for candy, fast food res drinks in each of the following locations? (Mark yes or no for each Location a. In the school building			

42.	•	rly controlled asthma? (Mark all that apply.)				
		This school does not identify students with poorly controlled asthma. Frequent absences from school				
	Frequent visits to the school health office due to asthma					
		Frequent asthma symptoms at school				
		Frequent non-participation in physical education class due to asthma				
		Students sent home early due to asthma Calls from school to 911, or other local emergency numbers, due to asthma				
		cans from sensor to 711, or other focus emergency numbers, due to assume				
43.		Does your school provide each of the following services for students with poorly controlled asthma? (Mark yes or no for each service.)				
		Service Yes No				
	a.	Providing referrals to primary healthcare clinicians or child health insurance programs				
	b.	Ensuring an appropriate written asthma action plan is obtained				
	c.	Ensuring access to and appropriate use of asthma medications,				
		spacers, and peak flow meters at school				
	d.	Offering asthma education for students with asthma				
	e. f.	Minimizing asthma triggers in the school environment				
	g.	Providing additional psychosocial counseling or support services				
	۶.	as needed				
	h.	Ensuring access to safe, enjoyable physical education and activity				
	•	opportunities				
	i.	Ensuring access to preventive medications before physical activity				
44.		w often are school staff members required to receive training on recognizing and conding to severe asthma symptoms? (Mark one response.)				
		More than once per year				
		Once per year				
		Less than once per year No such requirement				
		No such requirement				
45.		your school adopted a policy stating that students are permitted to carry and administer asthma medications?				
		Yes No → Skip to Q48				

	Does your school have procedures to inform each of the following groups about your school's policy permitting students to carry and self-administer asthma medications? (Mark yes or no for each group.)				
	a. b.	Groups Students Parents and families	= =		
47.	At your school, who is responsible for implementing your school's policy permitting students to carry and self-administer asthma medications? (Mark one response.)				
	Pr As	o single individual is responsible incipal ssistant principal shool nurse ther school faculty or staff member			
FAN	IILY AN	ND COMMUNITY INVOLVEMENT			
48.		ng the past two years, have students' families helped developes and programs related to each of the following topics? (Ma opic.)	_		
		Topic	Yes No		
	a.	HIV, STD, or teen pregnancy prevention			
	h	Tobacco use provention			
	b.	Tobacco-use prevention			
	c.	Physical activity			
		•			
49.	c. d. e. During	Physical activity Nutrition and healthy eating	p or implement		

Thank you for your responses. Please return this questionnaire.