

STRAND 2: Analysis of Factors Affecting Health Behaviors

Concept 1: External Influences on Personal Health			
Grade Pre-K - 2	Grade 3 - 5	Grade 6 - 8	Grade 9 - 12
PO 1. Identify how the family influences personal health practices and behaviors	PO 1. Describe how the family influences personal health practices and behaviors	PO 1. Examine how the family influences the health of adolescents	PO 1. Analyze how the family influences the health of individuals
PO 2. Recognize how culture influences health practices and behaviors	PO 2. Identify the influence of culture on health practices and behaviors	PO 2. Describe the influence of culture on health beliefs, practices, and behaviors	PO 2. Analyze how the culture supports and challenges health beliefs, practices, and behaviors
PO 3. Recognize how peers can influence healthy and unhealthy behaviors	PO 3. Describe how peers can influence healthy and unhealthy behaviors	PO 3. Analyze how peers influence healthy and unhealthy behaviors	PO 3. Evaluate how peers influence healthy and unhealthy behaviors
PO 4. Identify what the school can do to support personal health practices and behaviors	PO 4. Describe how the school and community can support personal health practices and behaviors	PO 4. Analyze how the school and community can affect personal health practices and behaviors	PO 4. Evaluate how the school and community can impact personal health practice and behaviors
PO 5. Describe how the media can influence health behaviors	PO 5. Explain how media influences thoughts, feelings, and health behaviors	PO 5. Analyze how messages from media influence health behaviors	PO 5. Evaluate the effect of media on personal and family health
PO 6. Recognize how technology can influence personal health	PO 6. Describe ways that technology can influence personal health	PO 6. Analyze the influence of technology on personal and family health	PO 6. Evaluate the impact of technology on personal, family, and community health

Concept 2: Internal Influences on Personal Health			
Grade Pre-K - 2	Grade 3 - 5	Grade 6 - 8	Grade 9 - 12
		PO 1. Explain how the perceptions of norms influence healthy and unhealthy behaviors	PO 1. Analyze how the perceptions of norms influence healthy and unhealthy behaviors

STRAND 2: Analysis of Factors Affecting Health Behaviors

Concept 2: Internal Influences on Personal Health			
Grade Pre-K - 2	Grade 3 - 5	Grade 6 - 8	Grade 9 - 12
		PO 2. Explain the influence of personal values and beliefs on individual health practices and behaviors	PO 2. Analyze the influence of personal values and beliefs on individual health practices and behaviors
		PO 3. Describe how some health risk behaviors can influence the likelihood of engaging in unhealthy behaviors	PO 3. Analyze how some health risk behaviors can influence the likelihood of engaging in unhealthy behaviors

Concept 3: Influence of Public Policy on Health			
Grade Pre-K - 2	Grade 3 - 5	Grade 6 - 8	Grade 9 - 12
		PO 1. Examine and explain how school and public health policies can influence health promotion and disease prevention	PO 1. Analyze how public health policies and government regulations can influence health promotion and disease prevention