Chapter 2

Lesson 1

Make a Decision

**Theme:** Decision Making

**Lesson Objective:**
Students will demonstrate knowledge of the characteristics of decisions. Students will demonstrate ability to summarize important points from class discussion. (See matrix for Arizona Academic/Adult Standards).

**Steps to Follow:**

“*When you come to a fork in the road, take it.*” --Yogi Berra

1. State: there are many “formulas”, “flowcharts”, “models” to make decisions. But people make decisions in different ways. We’re going to take three steps to make a decision: Step 1- Self-talk; Step 2- Gather information; Step 3- Decide with Pride. Have students predict contents of each step. Show the 3 Steps to Decide with Pride (T1)

2. Define decision (an idea to include: decisions are inevitable; it’s a decision to not make a decision).

3. Define decision (a problem to solve, action to take, goal to achieve, choice to make).

4. On the board as a group, partnered, or individually complete, DECISIONS: The Web S1. See Lesson 1 Background for recommended ideas.

5. Go around the web; give examples of each characteristic of decisions. Point out characteristics that make deciding difficult. If it hasn’t come up already, discuss, how to know if it’s the “right thing” or the “right” decision?
   - Emphasize a decision is “right” for you if, it supports your values, leads to \*(not away from)* your \_goals\_ and you are comfortable or you like living the consequences. “Comfortable” may mean that you are able to be proud as you explain to others what you decided and why. You don’t have to blame others or make excuses. You live within the law. Discussion should also include your “level of comfort” regarding others (victims) having to live the consequences of your decisions.

7. Before students start to write, show and explain the M2W Rubric (see Chapter 2 Background) by which their work will be measured.

**Materials:**

- DECISIONS: The Web S1
- DECISIONS: Three Paragraphs S2
- 3 Steps to Decide with Pride S3

**Evaluation:**

Rubric

**Enrichment:**

Students create a set of posters showing the 3 Steps to Decide with Pride.

- How People Decide EN1
- Decide, Decide EN2
- Did I Ever Tell You? EN3
- Chapter 2 Vocabulary EN4
Example:

Some are made out of habit, not thought

Every decision leads toward or away from the goal

Some you can’t change

Some require a lot of thought
Directions: The purpose of your writing is to summarize today’s discussion about decisions. Use the web and this worksheet. At the minimum, in your three paragraphs: Include at least six characteristics of decisions, give examples of or details about the characteristics. Tell why decision-making is difficult. Explain why making good decisions is important.

Title

Paragraph #1 Characteristics/Examples/Details

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Paragraph #2  Difficulties

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Paragraph #3  Importance

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3 Steps to DECIDE WITH PRIDE
Step 1  Self-Talk

Before your CHOICE, hear your VOICE say,

Stop and Think  VGC

Ask Yourself

V  What are my VALUES?

G  What are my GOALS?

C/C  What are my CHOICES?

Can I live the CONSEQUENCES?

Do I want OTHER PEOPLE to live these consequences?
Step 2  Gather Information

• **Observe**
  • **Ask Questions**
  • **Listen**
  • **Think:**
    Is this information fact or opinion

• **Look**
  From other points of view
Step 3 Decide
With Pride

Ask Yourself:

V
“Does this decision show what I value?”

G
“Does it lead toward, not away from my important goals?”

C
“Am I comfortable living the consequences?”
“Am I comfortable with others living the consequences?”
“Can I explain my decision completely ‘above the line of responsibility’?”
“No lie or deny”
Put a check by the ways you’ve used to make decisions.

_____ **Fate:** It’ll work out somehow.

_____ **Someone Else Decides:** I’ll let someone else make this decision.

_____ **Putting It Off:** I’ll think about this later.

_____ **Impulsive:** I’ll take the first alternative that comes up.

_____ **Doing Nothing:** I will ignore this completely.

_____ **Intuitive:** I will do what feels right.

_____ **Too Much Information:** I have so much information I can’t decide.

_____ **Sensible:** I will take the most sensible solution and ignore my feelings.

_____ **Head, heart, gut:** I’ll stop and think, weigh my emotions, listen to my intuition.

**Think About It:**

1. Circle the one(s) you think you use most often.
2. In which ways to make a decision does the person give up his freedom to decide himself?

For each question below, give at least 3 reasons for your opinion. Use a list or a web.

**Answer these questions on the back of this paper.**

1. What ways would you want your children to use to make decisions?
2. What ways would you want your boss to use to make business decisions?
3. What ways would you want the U.S. government to use to make decisions?
Decide

Not all decisions need as much thought as others. Some are automatic while others require serious thought.

Use this scale to rate the following decisions. Write the number on the line. Compare and contrast your answers with other group members.

<table>
<thead>
<tr>
<th>0</th>
<th>1</th>
<th>2</th>
<th>3</th>
</tr>
</thead>
<tbody>
<tr>
<td>Not clearly under your control</td>
<td>Routine</td>
<td>Think about it a little</td>
<td>Stop, Think Carefully</td>
</tr>
<tr>
<td>Someone else decides</td>
<td>Habit</td>
<td>Study it some</td>
<td>Ask questions</td>
</tr>
<tr>
<td>automatic</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

_____ A. When to get up in the morning?
_____ B. What to eat for lunch?
_____ C. Where to work?
_____ D. What car to buy?
_____ E. How to spend your paycheck?
_____ F. What career to pursue?
_____ G. How to stay healthy?
_____ H. Whom to date?
_____ I. When to swear?
_____ J. Who to trust as a loyal friend?
_____ K. What route to take from home to work?

Think About It:  
Write your answers on the back of this paper.

1. Were there major differences in the way people in your group decide? Write at least three reasons why you think this is the case.

2. Situations and people change all the time. What changes could cause your answers to change? List or web at least 3.
Did I ever tell you about the young Zode
Who came to two signs at the fork of a road?
One said: To Place One, and the other: Place Two.
So the Zode had to make up his mind what to do.
Well . . . the Zode scratched his head. And his chin. And his pants
And he said to himself, “I’ll be taking a chance
If I go to Place One. Now, that place may be hot!
And, so how do I know if I’ll like it or not
On the other hand, though, I’ll be sort of a fool
If I go to Place Two and I find it too cool.
In that case I may catch a chill and turn blue!
So, maybe, Place One is the best, not Place Two.
On the other hand, though, If Place One is too high.
I may catch a terrible earache and die!
So Place Two may be best!

  On the other hand, though. . . . .
What might happen to me if Place Two is too low. . . . .?
I might get some very strange pain in my toe!
Then he stopped, and he said, “On the OTHER hand, though. . .
On the other hand . . . other hand
. . . . other hand though!
And for 36 hours and ½, that poor Zode
Made starts and stops at that fork in the road.
Saying, “Don’t take a chance. You may not be right.”
Then he got an idea that was wonderfully bright!
“Play safe!” cried the Zode. “I’ll play safe! I’m no dunce!
I’ll simply start off for both places at once!”

And that’s how the Zode, who would not take a chance,
Got to No place at All, with a split in his pants.

Decision-making is not an easy process.

When have you felt like the Zode?

Do you have to stick with a decision if you discover problems?

What about always switching back and forth?
Chapter 2 Vocabulary

Directions:
Match the correct definition to the appropriate term. You may use an answer more than once.

1. _____ Occupation
2. _____ Vocation
3. _____ Employed
4. _____ Self-Employed
5. _____ Skills
6. _____ Interview
7. _____ Volunteer
8. _____ Salary
9. _____ Community Service
10. _____ Workplace
11. _____ Time Management
12. _____ Goals
13. _____ Strength
14. _____ Weakness
15. _____ Ability
16. _____ Effort
17. _____ Achievement
18. _____ Procrastination
Chapter 2 Vocabulary
Answer Sheet

Directions:
Match the correct definition to the appropriate term. You may use 1 answer more than once.

1. F
2. B
3. C
4. H
5. J
6. E
7. G
8. K
9. N
10. A
11. P
12. L
13. M
14. Q
15. D
16. O
17. I
18. R
Chapter 2 Vocabulary

A. The place where you do your job
B. A group of jobs that have similar characteristics
C. Working for someone else
D. Being able to do something
E. One person asking another person questions
F. A name for your job or career
G. Working without being paid for the work you do
H. You are your own boss
I. Accomplishing something
J. Combining your talents with special training
K. The money you make at your job
L. Making plans for your future
M. Something you are good at or enjoy doing
N. Volunteer work for the benefit of the town you live in
O. Trying hard to do your best work
P. Being in control of your own time
Q. Something that is hard and frustrating to do
R. Putting off for tomorrow what you should do today

**Enrichment:**
- Using the 19 terms above make a wordfind.
- Pick 8 words. Put each in the center of a web. Adds at least personal details to the web, example:

  Close to where I live
  Workplace
  Friendly
  No back stabbing and gossip