

## Chapter 4 How Do I Keep It All Together?

<b>Lesson</b>	<b>Objective(s)</b>	<b>Activities</b>	<b>Additional Products</b>
<b>1. Finding a Place to Live</b>	Students will complete a Personal Data Sheet (PDS). Students will identify immediate transitional housing needs and examine options available.	<i>How To Complete Your Personal Data Sheet S1</i> <i>PDS S2</i> <i>Should I Live On My Own? S3</i> <i>Where Do I Go From Here? S4</i>	
<b>2. Money Management</b>	Students will examine and evaluate relationships among a person's personal goals, wants, needs and his personal budget. Students will examine barriers to financial success. Students will generate plans for reaching financial independence.	<i>Sam's Wants S1</i> <i>Help Sam Lower His Expenses S2</i> <i>Here's What Sam Decided S3</i> <i>The Three Steps to Plan A Budget S4</i>	<i>Credit Cards: Do the Math – 1 EN1</i> <i>Credit Cards: Do the Math – 2 EN2</i> <i>Credit Cards: Do the Math – 3 EN3</i> <i>Budget Explosion EN4</i>
<b>3. Food</b>	Students will learn how to plan a food budget. Students will learn how to determine if they qualify for assistance.	<i>Meal Planning S1</i> <i>Grocery List S2</i>	
<b>4. Medical Treatment</b>	Students will become familiar with their health care options and will complete a medical history for their portfolios. Students will identify good health habits.	<i>Locating Medical Treatment S1.</i> <i>Medial History Form S2.</i> <i>Good Health Habits S3</i> <i>Good Health Habits Self-Check Sheet S4.</i> <i>Stress and Stressing S5</i>	
<b>5. Transportation</b>	Students learn how to obtain an Arizona driver's license, use public transportation and figure costs for insuring a vehicle.	<i>Transportation S1</i> <i>Getting a Driver's License S2</i> <i>Riding the Bus S3</i>	
<b>6. Communication</b>	Students will gather information and effectively communicate their needs.	<i>Speaking and Listening S1</i> <i>Non-verbal Communication S2</i> <i>Gathering Information S3</i> <i>Tips for Effective Speaking and Listening S4</i> <i>Speaking and Listening Skills Self Check Sheet S5</i>	
<b>7. Employment</b>	Students will identify salient features of finding, getting and keeping a job. Students will determine what options are available to guide employment. Students will examine, evaluate, and	<i>The Telephone Book S1</i> <i>Abbreviations Used in Help Wanted Ads S2</i> <i>Find a Job: If I Need To Know, Where Do Go? S3</i> <i>Top Ten Place to Find A Job S3</i> <i>Let Your Fingers Do the Walking S4</i>	<i>Review and role play Questions Often Asked at Interviews EN1</i> <i>Prepare Now for Tomorrow EN2</i> <i>Social Security: What Prisoners Should Know About Social</i>

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<p><b>7. Employment (cont.)</b></p>	<p>utilize resources to find a job. Students will demonstrate ability to organize information.</p>	<p><i>Get a Job: Ready, Get Set, Go For It</i> S5. <i>Get Set</i> S7 <i>PDS</i> (Personal Data Sheet that they completed in Lesson 1) <i>Go For It</i> S9 <i>Keep the Job</i> S11 <i>Keep the Job Self-check sheet</i> S12 <i>Job Applications</i></p>	<p><i>Security</i> EN3 <i>Social Security: Social Security Administration – Application for a Social Security Card</i> EN4 <i>Social Security: Applying for a Social Security Card</i> EN5 <i>Social Security: When You Apply for a Child's Social Security Number</i> EN6 <i>The Job Application: Word on an Application Form</i> EN7 <i>Action Words For Resume Writers</i> EN8 <i>Tips for Resume Writing</i> EN9 <i>Resume Worksheet</i> EN10 <i>Evaluating Your Resume</i> EN11 <i>References: Who to Use For a Reference</i> EN12 <i>References: References For:</i> EN13 <i>References: References For You</i> EN14 <i>The Interview: Answers to Tough Interview Questions</i> EN15 <i>The Interview: Salary Questions and Answers</i> EN16 <i>The Interview: How to Handle The Negative Information</i> EN17 <i>The Interview: Questions Interviewers May Ask</i> EN18 <i>The Interview: Things to do During and After a Job Interview</i> EN19 <i>The Interview: Questions <u>YOU</u> Should Ask</i> EN20 <i>The Interview: The Question</i> EN21</p>
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<b>8. Education</b>	<p>Students will examine and evaluate connections between education, life long learning and personal goal setting and attainment.</p> <p>Students will determine what options are available for further learning.</p> <p>Students will demonstrate the ability to organize information.</p> <p>Students will analyze and evaluate resources for further learning opportunities.</p>	<p><i>Education: If I Need to Know, Where Do I Go? S1</i></p> <p><i>Education: What I Know, How Far I Go Chart S2</i></p>	<p><i>Education: If I Want It, How Do I Pay for It? EN1</i></p>
<b>9. Leisure Time</b>	<p>Students will determine the links between personal free time choices, personal values and goals, and life style balance.</p> <p>Students will evaluate the degree to which their personal choices reflect their own personal values.</p> <p>Students will determine the links between personal free time choices, personal values and goals, and life style balance.</p> <p>Students will evaluate the degree to which his personal choices reflect his own personal values.</p>	<p><i>Leisure – Rest, Rock, Rejuvenate A S1</i></p> <p><i>Leisure – Rest, Rock and Rejuvenate – B S2</i></p> <p><i>Rest, Rock &amp; Rejuvenate - C: If I Need to Know, Where Do I Go? S3</i></p> <p><i>Leisure: Rest, Rock &amp; Rejuvenate – D S4</i></p>	<p><i>Planning Calendar</i></p>
<b>10. Support – Stay the Course</b>	<p>Students will produce a plan to start immediately and one to start when released.</p> <p>Students will predict risky situations that could interfere with the plans' goals (get out, stay out). Students will devise "risk management" plan including the use of MRG and contingency "Emergency MRG" actions.</p>	<p><i>From Lesson 1, I'll Be Different EN1</i></p> <p><i>Emergency MRG Card S1</i></p> <p><i>Goal Sheet S2</i></p> <p><i>Reflection Sheet How Do I Keep It Together? Life Planning S3</i></p> <p><i>Putting It Together/Keeping It Together S4</i></p> <p><i>Planning Calendar S5</i></p> <p><i>My Life Plan (Parts 1&amp;2) S6</i></p>	<p><i>Document Checklist EN1.</i></p> <p><i>AFTER RELEASE EN2</i></p> <p><i>After Release EN3</i></p> <p><i>Been There Done That: The Real You EN4</i></p>