## Chapter 1 Who Am I?

Lesson	Objective(s)	Activities	Additional Products
8. Knowledge Is Power	Students will know how to use the Occupational Outlook Handbook to research personal career options and compare them to their interests, values, skills and preferences.	Finding Out What I Need to Know S1 Career Assessment Checklist S3 Career Plan S4	Make a Plan EN1
10. Check Me Out!	Students will review, re-evaluate, reflect, record and report on each of the previous lessons. Students will report findings in written and oral form.	You've Transitioned Before S8	After Release: You and Your Family EN1 Especially For You EN2 Been There Done That EN3