

Chapter 3 How Do I Get There?

Lesson	Objective(s)	Activities	Additional Products
3. Be Independent / Academic Skills and Employment	Students will explain relationship between competence and resiliency. Students will identify level of individual, basic, and transferable skills. Students will demonstrate awareness of relationship between work skills and getting and keeping a job. Students will demonstrate awareness of the connection between independence and employment.	<i>School Work on the Job S7</i> <i>Skills to Tell an Employer About S9</i> <i>What Do Employers Want S13</i> <i>Would You Go To Work Today ? S14</i> <i>Who Would You Hire? S15</i> <i>Who Would You Fire? S16</i>	<i>Characteristics of Good Workers EN5</i>
5. Be Healthy and Well	Students identify stressful situations and techniques to reduce stress. Students will demonstrate knowledge of resources to maintain health.	<i>Name That Agency S10</i> <i>Can I See About My Own Health Needs? S6</i> <i>How My Insurance Works S7</i> <i>Emergency Information S15</i>	<i>Career Plan EN2</i>
7. Be Connected / Be Assertive	Students will name characteristics of assertiveness. Students will demonstrate assertiveness skills.	<i>Stick and Stones S1</i> <i>Identifying Communication S4</i> <i>Assertiveness Ingredients S3</i> <i>Assertive Role Plays S5</i>	<i>You've Transitioned Before! EN1</i>