

## Student ECAP Checklist

### 9<sup>th</sup> GRADE

#### Academic Goals

- ☐ Plan high school courses
- ☐ Do they meet your high school graduation requirements?
- ☐ Record any awards or achievements you have gotten during this school year.

#### Career Goals

- ☐ Take a interest survey or career assessment and record results in your ECAP portfolio
- ☐ Write your career goal down. What educational requirements will you need to meet that career option?
- ☐ Start developing your resume
- ☐ Attend a career fair

#### Postsecondary Planning

- ☐ Write down your post high school educational or career goal.
- ☐ Are you planning to take a college readiness test? What do you need to do to prepare?
- ☐ Review two colleges\* that meet your post high school goals. Save your results. (\*description )
- ☐ Do a review of costs for those two college. Write your findings in your ECAP portfolio.
- ☐ Learn college and career vocabulary

#### Extracurricular Activities

- ☐ Document in your ECAP portfolio any club, sports, Fine and Performing Arts, community service, work experiences, including summer experiences.
- ☐ Document any leadership experiences you have been involved in.

### 10<sup>th</sup> GRADE

#### Academic Goals

- ☐ Plan your high school courses
- ☐ Do they meet your HS graduation Requirements?
- ☐ Record any awards or achievements you have gotten during this school year.

#### Career Goals

- ☐ Take a interest survey or career assessment and record your results in your ECAP portfolio
- ☐ Write your career goal down. What educational requirements will you need to meet that career option?
- ☐ Review and update your resume
- ☐ Attend a career fair

#### Postsecondary Planning

- ☐ Write down your post high school educational or career goal.
- ☐ Take a college readiness test. Review the results and write down your thoughts in your ECAP portfolio.
- ☐ Review two colleges\* that meet your post high school goals. Save your results. (\*description )
- ☐ Do a review of costs for those two college. Write your findings in your ECAP portfolio.
- ☐ Learn college and career vocabulary
- ☐ Attend a college fair

#### Extracurricular Activities

- ☐ Document in your ECAP portfolio any club, sports, Fine and Performing Arts, community service, work experiences, including summer experiences.
- ☐ Document any leadership experiences you have been involved in.

## 11<sup>th</sup> GRADE

### Academic Plan

- ☐ Review your high school courses
- ☐ Do they meet your high school graduation requirements? Have you passed your AIMS tests?
- ☐ Write a post high school goal aligned to your career interests.
- ☐ Record any awards or achievements you have gotten during this school year.
- ☐ Take the SAT or ACT tests and record your test results.

### Career Plan

- ☐ Take a interest survey or career assessment and record your results in your ECAP portfolio
- ☐ Review your career goal. What educational requirements will you need to meet that career option?
- ☐ Review and update your resume
- ☐ Attend a career fair

### Postsecondary Planning

- ☐ Review your post high school educational or career goal. Is this still what you want to do after high school?
- ☐ Review two colleges that meet your post high school goals. Save your results.
- ☐ Do a review of costs for those two schools. Write your findings in your ECAP portfolio
- ☐ What are the admissions requirements and applications? When should you apply?
- ☐ Create a financial plan for your college plans.

### Extracurricular Activities

- ☐ Document in your ECAP portfolio any club, sports, Fine and Performing Arts, community service, work experiences, including summer experiences.
- ☐ Document any leadership experiences you have been involved in.

## 12<sup>th</sup> GRADE

### Academic Plans

- ☐ Review your high school graduation requirement, including AIMS. Are you missing anything?
- ☐ Review your Postsecondary plans from last year. Are they still aligned to your career interests?
- ☐ Record any awards or achievements you have gotten during this school year.
- ☐ Do you need to re-take ACT or SAT? Do you need to take AP exams? When do you take them?

### Career Plans

- ☐ Review the career assessments results you have taken. Do they still align to your interests?
- ☐ Review your career goal. What educational requirements will you need to meet that career option?
- ☐ Review and finalize your resume
- ☐ Attend a career fair.

### Postsecondary Planning

- ☐ Review your post high school educational or career goal. Is this still what you want to do after high school?
- ☐ Review two higher education institutions that meet your post high school goals. Save your results.
- ☐ Do a review of costs for those two schools. Review your financial plan for your college goals.
- ☐ Have you applied for Financial aid including the FASFA? Write your findings in your ECAP portfolio
- ☐ What are the admissions requirements and application dealines? When should you apply?
- ☐ Request letters of recommendation, if needed for college or a job.
- ☐ Attend a college fair
- ☐ Make plans to tour the colleges you would like to attend.

### Extracurricular Activities

- ☐ Document in your ECAP portfolio any club, sports, Fine and Performing Arts, community service, work experiences, including summer experiences.
- ☐ Document any leadership experiences you have been involved in.