



Phoenix Union High School District

EXCELLENCE • SUCCESS • COMMUNITY SUPPORT

Student and Family Portfolio

Name _____ Class of _____
Student Number _____ Counselor _____

4
+
4

PUHSD Graduation Requirements (Classes of 2010, 2011, 2012)

| | |
|----------------------|-------------|
| English | 4.0 credits |
| Social Sciences | 3.0 credits |
| Math | 3.0 credits |
| Science | 2.0 credits |
| Health | 0.5 credit |
| Career+Tech Educ | 1.0 credit |
| or | |
| Fine/Performing Arts | |
| Electives | 6.5 credits |

TOTAL CREDITS 20.0 credits* (minimum)
PLUS *reaches Meets or Exceeds on all
three AIMS exams: reading, writing, math

PUHSD Graduation Requirements (Class of 2013)

| | |
|----------------------|-------------|
| English | 4.0 credits |
| Social Sciences | 3.0 credits |
| Math | 4.0 credits |
| Science | 3.0 credits |
| Health | 0.5 credit |
| Career+Tech Educ | 1.0 credit |
| or | |
| Fine/Performing Arts | |
| Electives | 6.5 credits |

TOTAL CREDITS 22.0 credits* (minimum)
PLUS *reaches Meets or Exceeds on all
three AIMS exams: reading, writing, math

Arizona University Requirements for Assured Admission

| | |
|----------------------|-------------------------------------|
| English | 4.0 credits |
| Social Sciences | 2.0 credits |
| Math | 4.0 credits |
| Science | 3.0 credits |
| Fine/Performing Arts | 1.0 credit |
| World Language | 2.0 credits in the same language |

*at least 2.0 GPA in each area
*Check at www.asu.edu, www.nau.edu, and
www.arizona.edu for specific requirements
and other relevant information

My personal goals for the four years I am in high school:

My personal goals for the years after graduation:

My Extra-Curricular Activities

| | Name of Organization/Employer | Address and Phone Number | Supervisor's Full Name | Job Duties/Service | Dates/Year |
|--|-------------------------------|--------------------------|------------------------|--------------------|------------|
| Volunteer/ Community Service/ Service Learning | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| Extra-Curricular Activities: sports, clubs, performing arts, etc. | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| Employment History/ Internships/ Externships | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |

The above experiences provided me with the opportunity to learn the following leadership skills:

The above experiences provided me with the opportunity to learn the following about myself:

My Academic Achievements and Awards

| Award | Why I Received This Award | Date |
|-------|---------------------------|------|
| | | |
| | | |
| | | |
| | | |

My 4+4 Plan

4

Write down the names of the classes you are taking or will take. THEN record your grade in each class at the end of each semester.

Freshman Classes

| | 1st Sem. | 2nd Sem. |
|---------------|----------|----------|
| English | | |
| Math | | |
| Phys. Sci. | | |
| Health/Elec. | ↔ | |
| Elective | | |
| Elective | | |
| Credit Earned | | |
| GPA | | |
| Rank | | |

Sophomore Classes

| | 1st Sem. | 2nd Sem. |
|---------------|----------|----------|
| English | | |
| Math | | |
| Biology | | |
| World H/G | | |
| Elective | | |
| Elective | | |
| Credit Earned | | |
| GPA | | |
| Rank | | |

Junior Classes

| | 1st Sem. | 2nd Sem. |
|----------------|----------|----------|
| English | | |
| Math | | |
| Science (2013) | | |
| US History | | |
| Elective | | |
| Elective | | |
| Credit Earned | | |
| GPA | | |
| Rank | | |

Senior Classes

| | 1st Sem. | 2nd Sem. |
|---------------|----------|----------|
| English | | |
| Math (2013) | | |
| Elective | | |
| AG/Econ | ↔ | |
| Elective | | |
| Elective | | |
| Credit Earned | | |
| GPA | | |
| Rank | | |

A College-Preparatory Plan will look like this:

Freshman Classes

| |
|--------------------------|
| English 1-2(H) (Pre-AP) |
| Algebra 1-2 (H) |
| Physical Science 1-2 (H) |
| Health/Elective |
| Elective |
| Elective |

Sophomore Classes

| |
|--------------------------|
| English 3-4 (H) (Pre-AP) |
| Geometry 1-2 (H) |
| Biology 1-2 (H) |
| World H/G 1-2 (H) (AP) |
| Elective |
| Elective |

Junior Classes

| |
|-------------------------|
| English 5-6 (H) (AP) |
| Algebra 3-4 (H) |
| Chemistry 1-2 (H) |
| US History 1-2 (H) (AP) |
| Elective |
| Elective |

Senior Classes

| |
|---------------------------|
| English 7-8 (H) (AP) |
| Adv Math/Pre-Calc/Calc/AP |
| Physics/AP Sci/A+P/ESS |
| AmerGovt/Econ (H) (AP) |
| Elective |
| Elective |

Suggested electives for the college-bound student that increase chances of earning a 4-year college degree:

- A full schedule for four years
- Advanced Placement classes
- Honors classes
- World Language (at least 2 years, preferably more, including AP classes)
- Classes that improve technological skills
- Fine or Performing Arts classes
- Classes that increase leadership and/or workplace skills, such as JROTC, Metro Tech, Work Experience Programs such as COE or DECA
- Classes that match YOUR interests and career plans:

-If you wish to be an athletic coach, then take PE classes, PEOPEL, Anatomy and Physiology for electives.

-If you wish to become an astronomer, then make sure to take Earth and Space Science and all the math you can.

-If you wish to become a cosmetologist, then make sure your attendance and grades are superb, so that when the selection process occurs at Metro Tech, you will have a good chance of being CHOSEN.

+4

After high school I plan to:

See the Post-Graduate Planning Folder for a senior checklist, senior resume, employment resume and lots of useful information! (check out azwaca.org)

| | | | |
|-------|---|--|--|
| Y1: | begin apprenticeship/cc classes/military | attend a community college | attend a university |
| Y2: | continue apprenticeship/cc classes/military | attend a community college or transfer to univ. | attend a university |
| Y3: | continue apprenticeship/cc classes/military | transfer to a university | attend a university |
| Y4/5: | complete apprenticeship+become journey-man, cc/univ. classes/military | graduate from a university with a Bachelor's degree | graduate from a university with a Bachelor's degree |
| Y5: | advanced training or employment | employment or Master's Degree studies/ law school, medical school | employment or Master's Degree studies/law school/medical school |

My Assessment Information

| | AZCIS/Choices | PSAT | PLAN | AP Exams | ASVAB | ACT | SAT | ASSET |
|----------------|--------------------------|----------|----------|----------|-------|-------------|-------------|----------|
| Dates | | | | | | | | |
| Results/Scores | True Color: _____ | R: _____ | E: _____ | _____ | _____ | Comp: _____ | Comp: _____ | R: _____ |
| | Reality Check: _____ | W: _____ | M: _____ | _____ | _____ | E: _____ | R: _____ | E: _____ |
| | Values: _____ | M: _____ | R: _____ | _____ | _____ | M: _____ | M: _____ | M: _____ |
| | Interest Profiler: _____ | R: _____ | S: _____ | _____ | _____ | R: _____ | W: _____ | |
| | Career Finder: _____ | W: _____ | | _____ | _____ | S: _____ | | |
| | College Search: _____ | M: _____ | | _____ | _____ | (W): _____ | | |

My Career Goals

(This should affect your CHOICES of electives.)

| Freshman Year | Sophomore Year | Junior Year | Senior Year |
|---------------|----------------|-------------|-------------|
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |

| Entry Level or Beginning Job Opportunities for My Chosen Career Areas | Careers that Require More Training or Education | How Much Education Do I Need for my Career Goals? |
|---|---|---|
| 1. _____ | 1. _____ | 1. _____ |
| 2. _____ | 2. _____ | 2. _____ |
| 3. _____ | 3. _____ | 3. _____ |
| 4. _____ | 4. _____ | 4. _____ |
| 5. _____ | 5. _____ | 5. _____ |

Where and How Can I Learn to Practice the Careers I Have Chosen:

| | |
|--|-------------------------------|
| College/University/Apprenticeship Program/Level of Military: _____ | Admission Requirements: _____ |
| College/University/Apprenticeship Program/Level of Military: _____ | Admission Requirements: _____ |
| College/University/Apprenticeship Program/Level of Military: _____ | Admission Requirements: _____ |
| College/University/Apprenticeship Program/Level of Military: _____ | Admission Requirements: _____ |

How can I pay for my education after high school?

- Federal Financial Aid (FAFSA): grants, college work-study
- Scholarships: based on financial need and/or merit and/or other issues
- Loans: always the last resort, but there if needed

Websites with financial aid resources:

- www.azcis.intocareers.org
- www.access.bridges.com
- www.collegeboard.com

You can get username and password information from your counselor.

DO NOT RESPOND TO SCAMS! BRING ANYTHING QUESTIONABLE TO YOUR COUNSELOR!