

THERAPEUTIC MASSAGE 51.3500.00

Program Description, Coherent Sequence, and Certification Information

PROGRAM DESCRIPTION

The **Therapeutic Massage** program prepares students to provide relief and improved health and well-being to clients through the application of manual techniques for manipulating skin, muscles, and connective tissues. The **Therapeutic Massage** program includes instruction in Western (Swedish) massage, sports massage, myotherapy/trigger point massage, myofascial release, deep tissue massage, cranio-sacral therapy, reflexology, massage safety and emergency management, client counseling, practice management, applicable regulations, and professional standards and ethics.

The **Therapeutic Massage** program can lead toward the Licensed Massage Therapist (LMT) license.

Students completing the **Therapeutic Massage** program will be prepared to participate individually and on teams, solve problems, think critically, and implement effective solutions. The program is designed and delivered as a coherent sequence of experiences using technical instruction, experiential learning, leadership exercises, and personal development through the Career and Technical Student Organization HOSA.

COHERENT SEQUENCE

51.3500.10 Therapeutic Massage I

and

51.3500.20 Therapeutic Massage II

and program may elect to add:

51.3500.25 Therapeutic Massage III

or

51.3500.70 Therapeutic Massage – DCE (Diversified Cooperative Education)

or

51.3500.75 Therapeutic Massage - Internship

or

THERAPEUTIC MASSAGE 51.3500.00

Program Description, Coherent Sequence, and Certification Information

51.3500.80 Therapeutic Massage – Cooperative Education

TEACHER CERTIFICATION REQUIREMENTS FOR THE THERAPEUTIC MASSAGE PROGRAM	
CAREER PREPARATION: The instructor must be CTE certified according to the following table	
Therapeutic Massage	CERTIFICATES
	Types: PCTHC, SCTHC, SSCTEHC
Note: <ul style="list-style-type: none"> ▪ Therapeutic Massage 51.3500.70 may be a part of the sequence and the teacher must hold a Cooperative Education Endorsement (CEN). ▪ Teacher/Coordinator 51.3500.75 is not required to have a Cooperative Education Endorsement (CEN). ▪ Teacher/Coordinator 51.3500.80 is required to have a Cooperative Education Endorsement (CEN). 	

CERTIFICATE ABBREVIATIONS FOR THE THERAPEUTIC MASSAGE PROGRAM	
Certificate Types	
PCTHC	Provisional Career and Technical Education Health Careers
SCTHC	Standard Career and Technical Education Health Careers
SSCTEHC	Standard Specialized Career and Technical Education Health Careers