

# INFORMATIONAL WEBINAR: **LEADERS FOR SCHOOL WELLNESS SUBGRANT**

Arizona Department of Education  
October 24, 2017

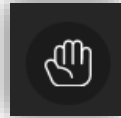


## INSTRUCTIONS FOR BLACKBOARD



### LOGGING IN

Please be sure you have logged in using your first and last name.  
This is so ADE can take attendance.



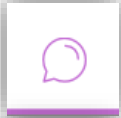
### RAISE YOUR HAND

This icon raises your hand. However, the notifications for this have been turned off. If you have questions, you can type them in the chat section.



### OPEN SESSION MENU

This opens the session's menu.



### CHAT FEATURES

Click on this icon to type questions and share feedback during the session.



### SETTINGS

Click on this icon to adjust the settings for notifications (when people enter/leave or when chat messages are sent).

# Hello! Nice to meet you.

My name is Emily Thege.

I am the Grant Director for the Leaders for  
School Wellness Subgrant.

Contact me at:

- ▶ [Emily.Thege@azed.gov](mailto:Emily.Thege@azed.gov)



# AGENDA

*We will review the following topics in today's webinar.*

1. Purpose of the Subgrant
2. Subgrant Required Activities
3. Application Process and Deadlines



## LEADERS FOR SCHOOL WELLNESS SUBGRANT

# Leaders for School Wellness Subgrant

LEAs will hire or designate a full time Wellness Coordinator to use the Local School Wellness Policy and complete activities surrounding:

- ▶ School Meals
- ▶ Nutrition Education
- ▶ Healthy School Environment



## LEADERS FOR SCHOOL WELLNESS SUBGRANT

# Leaders for School Wellness Subgrant Evaluation

- ▶ **Individual level:** direct nutrition education in 4th and 5th grade classes, taste tests with new vegetable subgroup recipes;
- ▶ **Intrapersonal level:** nutrition education with families, culinary training/food demonstrations with students and families, training to school staff about nutrition, physical activity and academic achievement, and wellness fairs for family, staff and students;
- ▶ **Environmental level:** nutrition education materials in the cafeteria and school, Smarter Lunchroom techniques implemented in the cafeteria, and changes to the menu based on new recipe development and student taste tests;
- ▶ **Policy level:** local wellness policy framework for directing and assessing actions.



## Leaders for School Wellness Subgrant Evaluation

What is the impact of a multi-level intervention on student nutrition knowledge, attitudes, and behavior?

- ▶ Social Scientist
- ▶ Data will be collected at the site level

## Who can apply for this grant?

- ▶ Local Educational Agencies operating the National School Lunch Program
- ▶ Must have 4<sup>th</sup> and 5<sup>th</sup> grades
- ▶ Residential Child Care Institutions are not eligible



## Preference per LEA Size

	2,499 or less	2,500-9,999	10,000+
Total LEAs	446	49	28
Elementary Districts	342	46	23

Data reflective of SY 15-16



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## Why apply for this grant?

Each LEA can apply for up to \$111,500 for:

- ▶ Full time Wellness Coordinator
- ▶ Complete required grant activities of nutrition education, school meals and school wellness initiatives
- ▶ *(Optional and highly encouraged)* Additional school wellness activities to support the district's Local Wellness Policy



## What are the required grant activities?

- ▶ Must hire or designate a full time Wellness Coordinator
- ▶ Complete required grant activities of nutrition education, school meals and school wellness initiatives (*refer to Attachment A. Quick Glance of Grant Activities and Potential Associated Costs*)
- ▶ Become a Team Nutrition School
- ▶ Complete six quarterly reports and attend six in-person meetings at ADE
- ▶ Collect evaluation data
- ▶ Participate in Best Practices Webinar



# LEADERS FOR SCHOOL WELLNESS SUBGRANT

## What are the required grant activities?

- ▶ All items have been listed within the RFA under “Scope of Work for Wellness Coordinators” and additionally have been detailed on *Attachment A. Quick Glance of Grant Activities and and Potential Associated Costs*

Attachment A - Quick Glance of Grant Activities and Potential Associated Costs

Wellness Coordinator Responsibilities/Associated Costs:	Quantity (100-year grant period)	External LEA Travel (\$ mil)	Internal LEA Travel (\$ mil)	Additional Cost	Material at No Cost
1-day Initial Schoolwide Training before Wellness Coordinator is hired/started	1	X			
1-day training for Wellness Coordinators/Assistant	1	X			
Quarterly meetings at ADE 1000 3L Camp	6	X			
1-day Train Up for School Nutrition workshop (at no cost)	1	X			
Coordinate data collection in schools with at least 50 students once per semester	4 each site	X	X	Printing Costs: \$200-\$250 (one's 1st year) \$9 per site * 2 (second year)	
Coordinate data collection in classrooms. 1 year in least one 2 <sup>nd</sup> grade classroom per school (will be chosen at random)	6 each site each 2 <sup>nd</sup> grade		X	Printing Costs: (one's 1st year) \$10 per site * 2 (second year) \$9 classroom * 6 (3 classrooms * 3 years)	
Direct nutrition education to all 4 <sup>th</sup> and 5 <sup>th</sup> grade classrooms	6 lessons/each site each 4 <sup>th</sup> and 5 <sup>th</sup> grade class		X	Printing Costs: (1 class) other nutrition education lesson materials to complement TN Materials	Setting Up MyPlate (Level 2&3)
Hang up Train Nutrition Posters once per semester	4 each site		X		4 sets of Train Nutrition posters
Nutrition education materials sent home to parents, back to school nights, open houses, lunches (50) link to school resources, nutrition tips and recipes in school newsletters, link to recipes and activities posted in district website and nutrition information sent home with school meal app	As often as possible		X (or open houses)	Printing Costs: (5 class) (5 pamphlet) materials (5 of annual)	Train Nutrition Back to School Resources
Send meetings on 1 day, nutrition materials, competitive foods, connections between nutrition, PE and learning. Materials: Guide to Smart Snacks, LUP Outreach Toolkit	4 each site		X	Printing Costs: (5 class) (5 pamphlet) handouts agendas (5 of staff/1st year)	Guide to Smart Snacks in Schools Local Wellness

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Attachment A - Quick Glance of Grant Activities and Potential Associated Costs

Wellness Coordinator Responsibilities/Associated Costs:	Quantity (100-year grant period)	External LEA Travel (\$ mil)	Internal LEA Travel (\$ mil)	Additional Cost	Material at No Cost
Wellness education handout					
Printing Costs: (5 class) (5 class) Activity and Assessment Tool					
X LUP Agency Costs: (5) Depending on activities selected for each site.					

Associated Costs

Food Cost: (5 students)					
Printing Costs: (5 class) Handouts and how setting tables					Recipes for Healthy Kids Cookbook for Schools
Per for staff time (3 hours staff)					
Printing Costs: Handouts (5 class)					
Per for staff time (3 hours staff)					
Printing Costs: (3 hour) 1st year Smart Snacks Lesson Plan (Screened)					
Smart Snacks Lesson Plan: (5 per district) Per for menu to build school strategies (4.5 hours staff)					
Per for staff time (3 hours staff)					
Printing Costs: (5 class) (5 class) The Talk Food Clinic					
Food Cost: (5 students)					
Per for staff time (3 hours staff)					
Printing Costs: (5 class) (5 class) Handouts					
Materials for Health Fair (3)					
To include community participating: (5)					

Leaders for School Wellness Subgrant Arizona Department of Education



## Subgrant Timeline

- ▶ **February 2018:** Award Subgrants
- ▶ **February 2018– July 2018:** Hire/Designate a Wellness Coordinator
- ▶ **July 2018- June 2019:** Year 1 of Subgrant Work
- ▶ **July 2019- June 2020:** Year 2 of Subgrant Work



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## Application for Subgrant

Applicants will complete an application that supports their understanding of the required grant activities by completing:

- ▶ 4 Essay Questions
- ▶ Budget
- ▶ Budget Narrative
- ▶ Uploading Letters of Commitment and Organizational Chart

All applications must be submitted through the Grants Management Enterprise System.



## Essay Questions

- ▶ Require applicants to think through required grant activities
- ▶ Opportunity to describe why your LEA is able to complete this work
- ▶ Address all bullets listed under the essay question found on the RFA
- ▶ Points awarded for each question

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## Essay Questions

1. Plan to designate the role of the Wellness Coordinator.
2. Demonstrate why your LEA is ready do this work and goals for sustaining this work and/or position in your schools.
3. Describe your plan to provide a minimum of six nutrition education lessons to 4th and 5th grade classrooms at participating sites over the course of two years.
4. Identify 10 Smarter Lunchroom strategies, describe how they will be implemented and how they will impact the school environment.





## Letters of Commitment

- ▶ Referenced within essay questions (#1, #3, #4)
- ▶ Principals, teachers, SNAP-Educators, food service staff etc.
- ▶ Need to see the interventions are welcomed at the site and district level



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## Organizational Chart

- ▶ Referenced within essay question (#1)
- ▶ Overseeing the new position



## Budget/Budget Narrative

Address how you will fund:

- ▶ Wellness Coordinator
- ▶ Required Grant Activities: Travel, printing costs, staff time
- ▶ *(Optional)* Additional Local Wellness Policy goals
- ▶ Review the *Attachment A. Quick Glance of Grant Activities and and Potential Associated Costs*
- ▶ Each budget item needs to be discussed
- ▶ Check your math!



## Scoring Criteria

Category	Value
Essay Questions	60 points
Budget and Budget Narrative	40 points

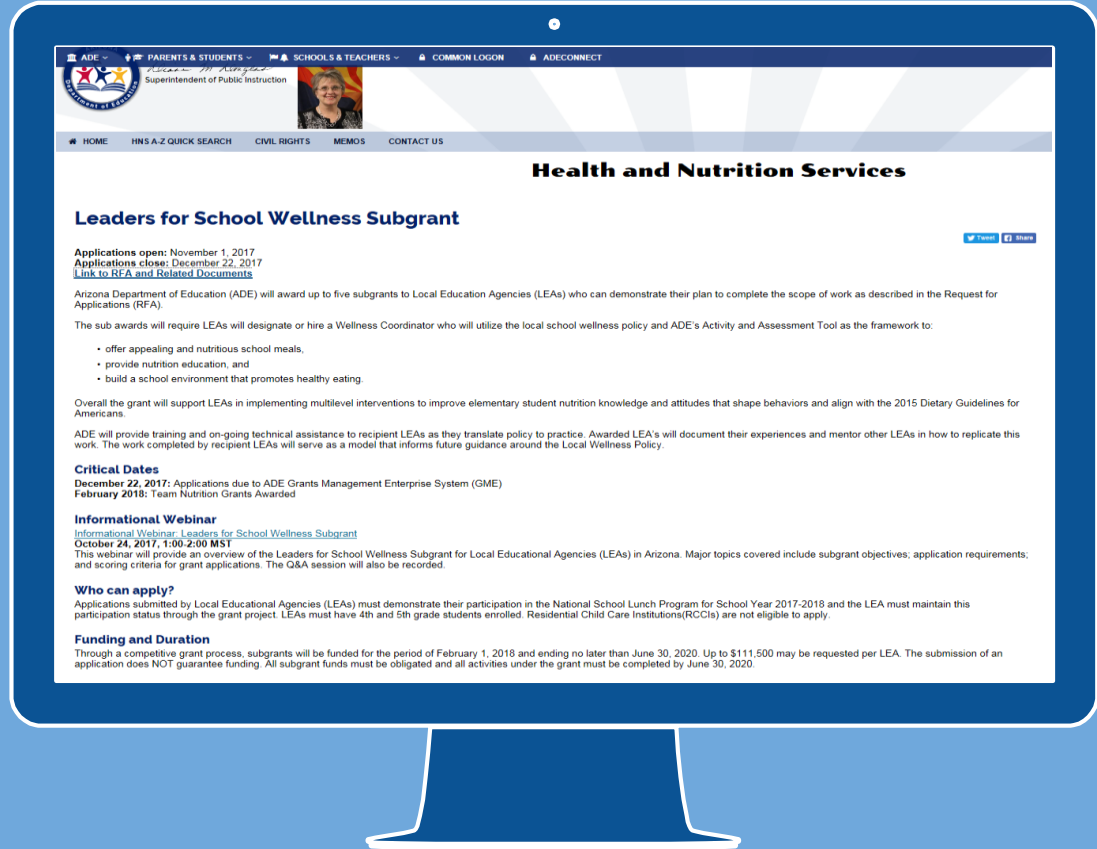
## Important Dates

- ▶ **October 20, 2017:** RFA released
- ▶ **October 24, 2017:** Informational webinar that will provide an overview of the RFA and application process
- ▶ **December 22, 2017:** Subgrant applications must be submitted to Grants Management Enterprise System
- ▶ **February 2018:** Anticipate award announcement



# DEDICATED WEBPAGE

Access links to the RFA, this recorded webinar and additional grant FAQs.



The screenshot shows a web browser displaying the Arizona Department of Education (ADE) website. The page is titled "Health and Nutrition Services" and features a section for the "Leaders for School Wellness Subgrant". The content includes application dates (November 1, 2017 to December 22, 2017), a link to the Request for Applications (RFA) and related documents, and details about the subgrant's purpose and requirements. It also lists critical dates for applications and a recorded webinar on October 24, 2017.

**Leaders for School Wellness Subgrant**

Applications open: November 1, 2017  
 Applications close: December 22, 2017  
[Link to RFA and Related Documents](#)

Arizona Department of Education (ADE) will award up to five subgrants to Local Education Agencies (LEAs) who can demonstrate their plan to complete the scope of work as described in the Request for Applications (RFA).

The sub awards will require LEAs will designate or hire a Wellness Coordinator who will utilize the local school wellness policy and ADE's Activity and Assessment Tool as the framework to:

- offer appealing and nutritious school meals,
- provide nutrition education, and
- build a school environment that promotes healthy eating.

Overall the grant will support LEAs in implementing multilevel interventions to improve elementary student nutrition knowledge and attitudes that shape behaviors and align with the 2015 Dietary Guidelines for Americans.

ADE will provide training and on-going technical assistance to recipient LEAs as they translate policy to practice. Awarded LEA's will document their experiences and mentor other LEAs in how to replicate this work. The work completed by recipient LEAs will serve as a model that informs future guidance around the Local Wellness Policy.

**Critical Dates**  
**December 22, 2017:** Applications due to ADE Grants Management Enterprise System (GME)  
**February 2018:** Team Nutrition Grants Awarded

**Informational Webinar**  
[International Webinar: Leaders for School Wellness Subgrant](#)  
**October 24, 2017, 1:00-2:00 MST**  
 This webinar will provide an overview of the Leaders for School Wellness Subgrant for Local Educational Agencies (LEAs) in Arizona. Major topics covered include subgrant objectives; application requirements; and scoring criteria for grant applications. The Q&A session will also be recorded.

**Who can apply?**  
 Applications submitted by Local Educational Agencies (LEAs) must demonstrate their participation in the National School Lunch Program for School Year 2017-2018 and the LEA must maintain this participation status through the grant project. LEAs must have 4th and 5th grade students enrolled. Residential Child Care Institutions (RCCIs) are not eligible to apply.

**Funding and Duration**  
 Through a competitive grant process, subgrants will be funded for the period of February 1, 2018 and ending no later than June 30, 2020. Up to \$111,500 may be requested per LEA. The submission of an application does NOT guarantee funding. All subgrant funds must be obligated and all activities under the grant must be completed by June 30, 2020.

## LEADERS FOR SCHOOL WELLNESS SUBGRANT

# Application Next Steps



# Questions and Answers

Please type your question into the chat box on the lower-right hand side of your screen.







# THANKS!

## For additional questions

- ▶ Webpage:  
<http://www.azed.gov/hns/nsip/teamnutritiongrant/>
- ▶ [Emily.Thege@azed.gov](mailto:Emily.Thege@azed.gov)