

COMPETITIVE INTEGRATED EMPLOYMENT TOOLKIT

Ruth Allison

Kelly Clark

Jacque Hyatt

David Test

National Technical Assistance Center on Transition



Competitive Integrated Employment (CIE) Toolkit



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University of North Carolina Charlotte

College of Education, Special Education & Child Development

9201 University City Boulevard

Charlotte, NC 28223 Phone: 704-687-8606

Fax: 704-687-1625

http://www.transitionta.org

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Introduction:

Welcome to the National Technical Assistance Center on Transition's (NTACT) Competitive Integrated Employment (CIE) Toolkit. The toolkit was developed in accordance with the requirements of the Rehabilitation Act of 1973 (Rehabilitation Act), as amended by the Workforce Innovation and Opportunity Act (WIOA) and the Individuals with Disabilities Education Act (IDEA) as a resource for use by educational and vocational rehabilitation (VR) agencies to improve post school employment outcomes for students with disabilities. The toolkit was developed to facilitate the collaboration necessary to implement secondary transition services across agencies at the state, community and student levels and increase the use of evidence based practices (EBPs).

The CIE Toolkit has been developed as a framework to assist State and local teams in collaboratively implementing transition services to improve post school employment outcomes for students with disabilities. The Toolkit is organized in four sections; 1) CIE the Desired Outcome; 2) Transition Services: An overview of the five required activities of pre-employment transition services included in WIOA, as well as secondary transition service requirements found in IDEA and Evidence Based Practices in each area; 3) Interagency Collaboration: Effective practices that support the cross agency and State, community, school and student level collaboration necessary to provide secondary transition services; and 4) Professional Development: information and resources useful in developing skills necessary for both education and vocational rehabilitation professionals.

The toolkit is dynamic in nature and as such, it will continue to grow as we further identify and develop resources and tools that are useful in the implementation of EBPs specific to preemployment transition services. Additionally, there are numerous live links to resources on NTACT's website and other internet resources within the toolkit. The toolkit will function best, if you take a moment to create your login at www.transitionta.org, to access all of the resources available in the CIE Toolkit.

Section I: Competitive Integrated Employment Overview

Competitive Integrated Employment (CIE), real work for real pay is the gold standard of transition outcomes for students with disabilities. The work should align with the post-school employment goals of the student and is the desired transition outcome for all students with disabilities who choose to work, regardless of disability or needed accommodations or support. CIE should be a realistic and desirable expectation for all students.

CIE options should be individualized and align with a students' interests, preferences, skills, and support needs; and with the labor market needs of businesses. As families, schools, VR and other partners plan and engage in transition planning with students, it is important to understand that individual needs and employment goals will be different for each student. By making the connection between students' interests, skills, and preferences with business needs, good job matches can be brokered so that employment is a mutually beneficial outcome for both the student and business.

How is Competitive Integrated Employment defined?

The Rehabilitation Act defines competitive integrated employment as work that is performed on a full-time or part-time basis for which an individual is: (a) compensated at or above minimum wage and comparable to the customary rate paid by the employer to employees without disabilities performing similar duties and with similar training and experience; (b) receiving the same level of benefits provided to other employees without disabilities in similar positions; (c) at a location where the employee interacts with other individuals without

disabilities; and (d) presented opportunities for advancement similar to other employees without disabilities in similar positions.

For an FAQ that addresses the criteria for an integrated employment location within the definition of "competitive integrated employment" in section 7(5)(B) of the Rehabilitation Act of 1973 (Rehabilitation Act), as amended by title IV of the Workforce Innovation and Opportunity Act (WIOA), and its implementing VR program regulations in 34 CFR §361.5(c)(9)(ii) (see 81 FR 55629 (August 19, 2016)), see:

https://www2.ed.gov/about/offices/list/osers/rsa/wioa/competitive-integrated-employment-faq.html.

IDEA of 2004 defines competitive employment in measures B and C of Indicator 14 which measures post school outcomes for students with disabilities. This definition states that competitive integrated employment occurs when a student has worked for pay at or above the minimum wage in a setting with others who are nondisabled for a period of 20 hours a week for at least 90 days at any time in the year since leaving high school and includes military employment.

Why is Competitive Integrated Employment Important?

Research has demonstrated that employment is a factor associated with an individual's overall quality of life or assessment of their well-being (Canha, Simoes,Owens, & Matos, 2013). However, when we look at employment outcomes of students with disabilities transitioning from school to work they have persistently lagged behind their peers without disabilities (Fogg, Harrington, & McMahon, 2010). A 2013 report from the U.S. Department of Labor indicated that only 26 percent of students with disabilities are employed after high school compared to almost 64 percent of their peers without disabilities. Additionally, persons with disabilities experience the highest rates of poverty of any subcategory of Americans recorded by the Census Bureau. Of the nearly 30 million individuals with disabilities ages 18–64, 27 percent, or more than 4 million people, live in poverty. This is more than double the rate of 12.5 percent for the entire population (Office of Disability Employments Policy, 2013).

How do we prepare students for Competitive Integrated Employment?

Attempts over the last decade to synthesize what works in transition have increased the knowledge base about effective transition practices (Cobb & Alwell, 2007; Test et al., 2009). Among the important findings is that solid academic preparation in conjunction with transition planning, student empowerment, family involvement, activities that connect transition resources, and work experiences are critically important in influencing school-to-work transition outcomes.

Work experience has been consistently identified as the most important predictor of post-school employment success for students with disabilities, regardless of disability or intensity of special education services (Carter et al., 2012; Fabian 2007; Test et al., 2009; Bullis et al. 1995,

Wagner et al., 2014). Work experiences are useful in all phases of career development and can take different forms. One consistent message across federal policies and research is that students with disabilities should be provided opportunities to experience work in competitive integrated jobs that take place in the community.

Empowering students to determine, plan for, and receive appropriate work experiences and workforce supports is key to a student being successful in competitive integrated employment. Students with disabilities and families that collaborate with educators, local agency personnel, and businesses are more likely to be employed as adults. Perhaps more interestingly, the nature of the support provided to the student on and off the job often determines the difference between a successful job placement and an unsuccessful one (Brewer, 2005).

Collaboration among partners working with students is also important and can lead to the desired outcome of competitive integrated employment after high school. When collaboration is directly focused on outcomes for students with disabilities and the systems that serve them – rather than merely referring them for a "hand off" to the next responsible party – higher school completion and employment rates are likely (Fabian & Luecking, 2015).

Finally, while amendments to the Rehabilitation Act expects all students to be prepared for CIE with needed supports, if a student or family chooses subminimum wage employment, specific procedures must be followed. See the following link for information about Section 511: http://www.wintac.org/topic-areas/pre-employment-transition-services/law-reg-and-policy/section-511-limitations-use-sub

How are Pre-Employment Transition Services (Rehabilitation Act) and Transition Services (IDEA) provided collaboratively to reach Competitive Integrated Employment?

Both education and vocational rehabilitation have key roles and responsibilities in improving employment outcomes and assisting students in achieving competitive integrated employment. Both entities must be involved in creating opportunities for students to develop skills and knowledge to prepare for careers in the 21st Century.

Within education there has been an increased emphasis on educational services that are mindful of optimal post-school outcomes that include CIE (IDEA, 2004; Every Student Succeeds Act, 2015). Schools are required to begin transition planning for students with disabilities no later than age 16 (age 14 in some States) and earlier if the IEP team determines it's appropriate. This is to ensure time for students to explore career options, participate in work experiences, develop necessary academic and work place skills, access needed transition services that will prepare them for post-school education, training and employment. Introducing students to a VR counselor early and including them on the student's IEP team with appropriate consent, will increase the student's ability to access opportunities that address their needs in achieving a CIE outcome.

Schools have a variety of academic and career development opportunities, such as Career Technical Education (CTE), dual enrollment, and work based learning to provide experiences and skills that increase students' success in the workplace. Partnering with these programs has the potential to decrease duplication and increase special education and VR 's ability to provide students a variety of pre-employment transition services and transition services.

State educational agencies (SEAs) are required to collect and measure post-school employment outcomes for students with disabilities (i.e., competitive employment within one year of high school graduation) as indicated above in Indicator 14. These data are collected in partnership with the LEA to provide schools with data to inform them of their transition service strengths and areas of needs in reaching CIE outcomes for students with disabilities. VR is required to collect specific data elements for students with disabilities receiving of pre-employment transition services as well as transition services.

The Rehabilitation Act, as amended by WIOA, expands the population of students with disabilities who may receive services and the kinds of services that VR agencies may provide to students with disabilities who are transitioning from school to postsecondary education. It also requires that VR agencies provide, or arrange for the provision of, pre-employment transition services for students with disabilities in need of such services and the services are coordinated with local educational agencies (LEAs). Pre-employment transition services include required, authorized and pre-employment transition coordination activities and are to be an early start at job exploration. The required activities are direct services to be provided to students with disabilities who are eligible or potentially eligible for VR services, which include: job exploration counseling, work-based learning experiences, counseling opportunities for enrollment in comprehensive transition or postsecondary educational programs and institutions of higher education; workplace readiness training; and instruction in self-advocacy, including peer mentoring.

Although transition planning for students begins at age 16 in most States, VR agencies may elect to provide pre-employment transition services at an earlier age to students with disabilities who are enrolled in an educational program. These services may be provided to all students with disabilities (including those who have individualized education programs (IEPs)and plans for accommodations or services under section 504 of the Rehabilitation Act) in coordination with LEAs to prepare students with disabilities for CIE. Congress intended preemployment transition services to be provided to the broadest population of students with disabilities to ensure that as many students with disabilities as possible are given the opportunity to receive the services necessary in order to prepare for and achieve a CIE outcome. In order to accomplish this intent, VR agencies need to work with SEAs and LEAs to ensure that the pre-employment transition services and transition services provided under IDEA create a seamless transition for students with disabilities from secondary education to postsecondary education and employment.

Section II: Transition Services

Content and Activities that Build Students' Skills

Under IDEA Transition Services are meant to provide coordinated experiences and skill development that prepare students for success in postsecondary education or training, a career of their choice and participation in their community. Once the IEP team begins to include transition services in the IEP the purpose of planning shifts from simply developing annual goals to now including post school goals. These goals are developed to facilitate the movement from school to post school activities including postsecondary education, integrated employment and independent living. Activities necessary to achieve the student's post secondary goals will occur both in the school and community. The opportunity for students to participate in preemployment transition services offered in collaboration with vocational rehabilitation will provide greater access to experiences that lead to the outcome of CIE that reflects a student's strengths, preferences, and interests.

Transition services are best delivered in a framework where there is coordination between education and VR that actively involve the student and family and are focused on the outcome of CIE. The following transition services can assist in preparing the student for CIE.

1. Job Exploration Counseling

Job Exploration Counseling, or Career counseling/ guidance includes a wide variety of activities which help students explore career options and opportunities available. Job exploring options are intended to foster motivation, consideration of opportunities and informed decision-making. Specific to students, real-world activities ensure that students recognize the relevance of a high school and post-school education to their futures, both in college and/or the workplace. Job exploration activities can be provided in conjunction with private, for-profit, public or nonprofit businesses in your community and/or through web-based resources.

Job exploration and career development activities should be individualized and give students an opportunity to be exposed to a number of different experience to assist them in making informed decisions on careers which align with their preferences, interests and skills. Activities at each grade level should promote a natural progression with the goal being the student is employed after high school or after completion of their post-secondary training/education program

Research indicates that students who have participated in career exploration and other transition services in a quality learning environment have higher career search self-efficacy (Solberg, Howard, Gresham, &Carter, 2012). This study also found that students with greater career search self-efficacy were more engaged in setting their goals, which further predicted their motivation to attend school.

If provided as pre-employment transition services, job exploration counseling may be provided in a group setting or on an individual basis and may include information regarding in-demand industry sectors, and occupations, as well as non-traditional employment, labor market composition and vocational interest inventories to assist with the identification of career pathways of interest to the students.

Examples of Job Exploration Counseling Activities

(Note: An asterisk * denotes examples of job exploration counseling that can be provided by VR under pre-employment transition services)

Career (Vocational) Assessments

Career Assessments are tests that come in a variety of forms and rely on both quantitative and qualitative methodologies. Career assessments can help students identify and better articulate their unique interests, personality, values, and skills to determine how well they may match with a certain career. Some skills that career assessments could help determine are job-specific skills, transferable skills, and self-management skills⁴. Career assessments can also provide students the opportunity to discover the tasks, experience, education and training that are needed for a career they want to pursue (WINTAC, 2016)

*Career Speakers

Career Speakers provide an overview of a specific job or career area. The speaker typically presents to a class, large group or small group of students for a short period of time. Artifacts and or photos are used to enhance the presentation. These sessions are typically informative, motivational, and provide recommendations for additional career exploration activities (WINTAC, 2016).

<u>Career and Technical Student Organizations</u>

Career and Technical Student Organizations (CTSOs) are vocational organizations primarily based in high schools and career technology centers. Often, on the State level, they are integrated into Departments of Education or incorporated as nonprofit organizations

Course of Study Alignment with Career

Course of study refers to a series or selection of courses that all students are required to complete before they can move on to the next level in their education or earn a diploma. Students should take and complete courses that are considered to be academically and culturally essential—i.e., the courses that teach students the foundational knowledge and skills they will need in college, careers, and adult life.

Discovery

The Discovery process is an evidence-based alternative to comparative, standardized assessments, and evaluations. Discovery is a person centered planning process that involves getting to know a person before supporting them in developing a plan for employment (Callahan, 2001)

Job Shadowing

Job shadowing is a work experience option where students learn about a job by walking through the work day as a shadow to a competent worker. The job shadowing work experience is a temporary, unpaid exposure to the workplace in an occupational area of interest to the student. Students witness firsthand the work environment, employability and occupational skills in practice, the value of professional training and potential career options. Job shadowing is designed to increase career awareness, help model student behavior through examples and reinforce in the student the link between classroom learning and work requirements. Almost any workplace is a potential job shadowing site.

Informational Interviews

An informational interview is an informal conversation with someone working in a career area/job that interests the student, who can provide them with information and advice. It is an effective research tool in addition to reading books, exploring the Internet, and examining job descriptions. It is not a job interview, rather a way the student can learn specifics about a particular business or job. (WINTAC, 2016)

*Interest and Ability Inventories

Career interest inventories typically describe or illustrate (often with pictures and videos) many occupations and job tasks and ask students to rate how much they would enjoy doing each job or task. By rating their level of interest in a wide range of occupations, these inventories help young people recognize their predominant interests and preferences (Timmons, Podmostko, Bremer, Lavin, and Wills, 2004). Career interest inventories can be used in school classes, in afterschool and community youth programs, in workforce development programs, and at home. (NCWD)

* Labor Market Statistics and Trends

Labor market statistics and trends are occupational requirements, and other labor market information that provides information about employer, business practices, and employer personnel needs in their local area and elsewhere, such as data provided by the Bureau of Labor Statistics and the Department of Labor's O*NET occupational system. Labor Market Information can assist students in discovering career opportunities, as well as make informed career decisions.

2. Work Based Learning

Work Based Learning (WBL) is an educational approach or instructional methodology that uses the workplace or real work to provide students with the knowledge and skills that will help them connect school experiences to real-life work activities and future career opportunities. It is essential that direct employer or community involvement be a component of the WBL to ensure in-depth student engagement. These opportunities are meant to engage, motivate, and augment the learning process and should be provided in the most integrated setting possible.

WBL opportunities can be done in conjunction with private, for-profit, public or nonprofit businesses in the community, and/or through web-based resources. In addition, work-based learning can be used both as an evaluation of student skill attainment as well as a way for the student to evaluate the job to determine if the job was actually what they thought it was or if they liked it or parts of it.

Programs that include real work experience as a key intervention component are found to have higher rates of students transitioning into integrated, paid employment. (Gold, Fabian & Luecking 2013; Getzel, Rachel, Lau, 2013; Luecking & Luecking, 2015; Test, Mazotti, et. al., 2009). Adult employment is more likely when students have work experiences and jobs during their secondary school years and when families expect and support employment. (Sima.et al, 2014; Farker, et.al., in press; Carter, et.al., Fabian, 2007). These findings are consistent regardless of disability category, where one lives, or their socio-economic status (Gold, Fabian, & Luecking, 2013).

If provided as pre-employment transition services, work based learning may be provided in a group setting and may include a school-based program of job training and informational interview to research employers, work-site tours to learn about necessary job skills, job shadowing or mentoring opportunities in the community. Work-based learning experiences on an individual basis could include paid or unpaid work experience, internships, apprenticeships, short-term employment, fellowships and on-the job trainings in the community.

Examples of Work Based Learning:

(Note: An asterisk * denotes examples work based learning that can be provided by VR under pre-employment transition services)

*Apprenticeships

Apprenticeship is a federally recognized training system for occupations requiring a wide and extensive range of skills and knowledge. It involves on-the-job training combined with related (i.e., classroom) Instruction. In the United States alone, there are currently more than 800 different occupations with apprenticeships. Apprentice wages are based on the level of their skills and increase incrementally to the journeyman level upon successful completion of the apprenticeship. Pre apprentices and registered apprentices through the Department of Labor are not included as allowable pre-employment transition services.

*Business Mentors

Business Mentors are experienced individuals who can explain and provide information about the facets of owning or managing a business such as: understanding and conducing markets research, creating a business plan, securing financing, hours of work required, etc. to students so they can have a better understanding of the requirements and demands of owning and running a business.

■ <u>*Career Mentoring</u>

A career mentor teaches or provides guidance and advice to a less experienced and often younger person. A career mentor focuses on helping a student understand the work environment and tasks of a specific career

*Career Related Competitions

Career related student competitions are work-based learning activities that require students to demonstrate mastery of career-related skills through presentations or competitions that are judged by professionals. Presentations demonstrate culminations of student effort over time, often involving teamwork. Career technical student organizations sponsor such competitions in the fields of agriculture, business, health, hospitality and industrial technology (WINTAC, 2016).

*Informational Interviews

An informational interview is an informal conversation with someone working in a career area/job that interests you, who will give you information and advice. It is an effective research tool in addition to reading books, exploring the Internet, and examining job descriptions. It is not a job interview, rather ways a student can learn about a specific business or job. (WINTAC, 2016)

*Internships

An internship is a temporary position emphasizing on-the-job training, and it can be paid or unpaid. An internship is an opportunity to learn the actual nature of a real job and to develop specific job related skills before you are qualified for an actual job (WINTAC, 2016).

Job Clubs

Job Clubs can be school or community based groups that aim to help to equip students with skills and resources to be successful in finding and keeping a job.

*Job Shadowing

Job shadowing is a work experience option where students learn about a job by walking through the work day as a shadow to a competent worker. The job shadowing work experience is a temporary, unpaid exposure to the workplace in an occupational area of interest to the student. Students witness firsthand the work environment, employability and occupational skills in practice, the value of professional training and potential career options. Job shadowing is designed to increase career awareness, help model student behavior through examples and reinforce in the student the link between classroom learning and work requirements. Almost any workplace is a potential job shadowing site.

■ *Non-paid Work Experience

Work experience offers students the opportunity to explore careers and understand the nature of work through first-hand exposure to the workplace. Non-paid work experience is exploratory in nature and its intent is to expose an individual to a variety of occupations for the purpose of building basic workplace competence and for purposes of informed choice.

■ *On-the-job Training

On the job training is a form of training taking place in a normal working situation and is one of the earliest forms of training. It is a one-on-one training located at the job site, where someone who knows how to do a task shows another how to perform it.

■ *<u>Paid Employment</u>

Paid Work Experience can be general or vocational, focusing respectively on general workplace skills or career preparation activities within a specific industry or career area (WINTAC, 2016).

• *School-based Work Experience

A work experience that is arranged and occurs in a school setting which can include student-led enterprises. Student led enterprises are school based enterprises that produce goods or services for sale or to be used by people other than the participating students. This also provides students the opportunity to learn employability skills.

■ <u>*Service Learning</u>

Service learning is a work-based learning activity that integrates meaningful community service with classroom instruction and reflection to enrich the learning experience, teach civic responsibility, and strengthen communities (WINTAC, 2016).

*Volunteering

Volunteering is when a person donates his/her time or efforts for a cause or organization without being paid. It may be a one-time only or an on-going commitment. It should directly or indirectly benefit people outside the family or household or else benefit a cause, even though the person volunteering normally benefits as well. Most volunteer sites are non-profit organizations (WINTAC, 2016).

*Work-site tours to learn about necessary job skills

Work –site tours are group excursions for the purpose of first-hand observation to specific work sites. Students learn about the business, meet employees, ask questions and observe work in progress

3. <u>Counseling on Opportunities for Enrollment in Comprehensive Transition</u> or Post-Secondary Education Programs

Maximum flexibility in the career decision making process is important in the early phases of post-secondary education (PSE) planning. This includes gaining an awareness of the wide range of career pathway options and labor market realities and projections. The U.S. Department of Labor has created clusters of careers to help schools to provide instruction and monitor student experience $\frac{1}{2}$

Even in absence of earning diplomas, people exposed to postsecondary education are more likely to find jobs that pay better wages compared to their peers who did not have postsecondary education experiences (Carnevale & Desrochers, 2003; Leonhardt, 2011;

Marcotte, Bailey, Borkoski, &Kiensl, 2005). Findings show that students who exited the VR program after receiving postsecondary education services reported higher weekly wages compared to their peers who did not receive any postsecondary education services (Gilmore et al., 2001; Migliore, Butterworth, &Hart, 2009).

VR agencies may provide counseling on opportunities for enrollment in comprehensive transition postsecondary educational programs at institutions of higher education in a group setting or on an individual basis. These services may include information on course offerings, career options, the types of academic and occupational training needed to succeed in the workplace, and postsecondary opportunities associated with a career field or pathways. It may also include advising students and parents, or representatives on academic curricula, college application and admissions process, completing the free application for Federal Student Aid (FAFASA), and resources that may be used to support individual student success in education and training, to include disability support services.

Examples of Counseling on Opportunities for Enrollment in Comprehensive Transition or Post-Secondary Education Programs

(Note: An asterisk * denotes examples of counseling on opportunities for enrollment in comprehensive transition or postsecondary education programs that can be provided by VR under pre-employment transition service)

*Academic Planning

Academic planning is the process of setting your educational goals and determining the best path to meet them.

*Information on Accommodations and Services in Post-Secondary Education
 Providing information on disability support services and linking families and students to such services.

*College Affordability Planning

A process that includes evaluating the cost of attending and identifying resources available for post-secondary education that includes both personal finances, benefits planning, grants, and loans (Federal and private).

*College and Career Exploration and Selection Process

The process of exploring post-secondary education and training programs and identifying ones that match identified career goals and personal requirements. This process may also identify whether programs under consideration have an office of disability services.

*Post-Secondary Education Application and Admission Process

Understanding, completing and filing the required materials within required timeframes needed to participate in post-secondary education and training programs.

4. Workplace Readiness Training to Develop Social Skills and Independent Living

Workplace readiness traits describe a number of skills that employers expect from most employees. Workplace readiness skills are a set of skills and behaviors that are necessary for any job, such as how to interact with supervisors and co-workers; and the importance of timeliness. These skills are sometimes called soft skills, employability skills, or job readiness skills. These abilities help employees learn and build an understanding of how we are perceived by others. Employers value employees who can communicate effectively and act professionally. No matter what technical skills a job may require every job requires good social skills/interpersonal skills (Test, Mazotti, et.al., 2009).

VR agencies may provide workplace readiness training to students with disabilities as a required activity under pre-employment transition services. As such, workplace readiness training may include programming to develop social skills and independent living, such as communication and interpersonal skills, financial literacy, orientation and mobility skills, job-seeking skills, understanding employer expectations for punctuality and performance, as well as other "soft" skills.

Examples of work place readiness training:

(Note: An asterisk * denotes examples of work-based readiness training that can be provided by VR under pre-employment transition service)

■ *Communication

Communication skills in the workplace is the ability to convey information to people clearly and simply, both verbal and non-verbal, within an organization.

*Financial Literacy

Financial literacy is 'the ability to use knowledge and skills to manage financial resources effectively for a lifetime of financial well-being' (2008 Annual Report to the President). It includes skills like long-term vision and planning for the future, and the discipline to use those skills every day.

*Networking

Networking is the exchange of information or services among individuals, groups, or institutions; specifically, the cultivation of productive relationships for employment or business (Miriam-Webster, 2014).

*Orientation and Mobility Skills

Orientation and Mobility skills teach students the skills and concepts they need in order to travel independently and safely to access their community, school and worksite.

*Problem Solving and Critical Thinking

Problem solving and critical thinking is the process of working through details of a problem to reach a solution. Problem solving may include mathematical or systematic operations and can be a gauge of an individual's critical thinking skills.

*Professionalism

Professionalism, in and of itself, is not one skill but the blending and integration of a variety of skills.

Employers want workers to be responsible, ethical, and team oriented, and to possess strong communication, interpersonal, and problem solving skills. When professionalism is demonstrated, it tends to be thought of as the entire package.

■ *Teamwork

Teamwork is the process of working collaboratively with a group of people in order to achieve a goal. Teamwork is often a crucial part of a business, as it is often necessary for colleagues to work well together, trying their best in any circumstance.

5. Instruction in Self-Advocacy

Self-advocacy refers to: an individual's ability to effectively communicate, convey, negotiate or assert his/her own interests and/or desires. Self-determination means that individuals with disabilities have the freedom to plan their own lives, set goals and pursue the things that are important to them and to experience the same life opportunities as other people in their communities. It means understanding one's disability and taking the responsibility for communicating one's needs and desires in a straightforward manner to others. The development of self-advocacy skills should be started at an early age. These skills will be needed in education, workplace and community settings.

VR agencies may provide or arrange for the provision of instruction in self-advocacy as a required activity under pre-employment transition services. This instruction may be provided in a classroom or on an individual basis in which students learn about their rights responsibilities, and how to request accommodations or services and supports needed during the transition from secondary to postsecondary education and employment. Students may conduct informational interviews or mentor with educational staff or individuals employed by or volunteer for employers, boards, associations or organizations. These acquired self-advocacy skills will enable students to advocate for any support services, including auxiliary aids and services and accommodations that may be necessary for training or employment.

Examples of Instruction in Self-Advocacy:

(Note: An asterisk * denotes examples of instruction in self-advocacy that can be provided by VR under pre-employment transition service)

*Requesting and Utilizing Accommodations

Students' ability to request and utilize accommodation in the classroom, work site, or other settings in order for them to be able to learn, work, or receive services. Accommodations are designed not to lower expectations for performance in school or work but to alleviate the effects of a disability. (NCWD, 2016)

*Decision making including supported decision making

Supported decision-making is "A process of supporting and accommodating an student with a disability to enable the student to make life decisions, including decisions related to where the he/she wants to live, the services, supports, and medical care they want receive, and where they want to want, without impeding the self-determination of the student.

*Disability Disclosure

Disclosure is the act of opening up, revealing, or telling. With regard to individuals with disabilities, it refers to the act of informing someone that an individual has a disability, including self-disclosure. It is often associated with a person's need to request accommodations (NCWD, 2016)

*Goal setting and attainment

Goal setting and attainment is the skill of determining how a student plans to accomplish what they want - setting the goal, plan for implementation and measuring success.

*Leadership Skills (taking a leadership role)

Leading is the area of development that centers on creating positive skills, attitudes, and behaviors around civic involvement, work and personal goal setting. Students may participate in youth leadership activities offered in educational or community settings,

*Peer Mentoring

Peer mentoring is a form of mentorship that usually takes place between a person who has lived through a specific experience (peer mentor) and a person who is new to that experience (the peer mentee). Mentorship relationships can take different forms such as peer mentoring, disability mentoring, group mentoring or e-mentoring. (WINTACT, 2016)

*Personal Rights and Responsibilities

Knowledge and opportunities to learn about laws and regulations regarding education and employment, including those specific to disability.

*Self-awareness and knowledge

The ability to understand oneself separate from the environment and other individuals.

It is having a clear perception of your personality, including strengths, weaknesses, thoughts, beliefs, motivation, and emotions. Self-awareness allows you to understand other people, how they perceive you, your attitude and your responses to them in the moment.

• *<u>Self-determination</u>

The right and ability of all persons to direct their own lives, as well as the responsibility to accept the consequences of their own choices. Some of the skills that make someone self-determined or a successful self-advocate are the following: knowledge of one's strengths and limitations, belief in one's ability to achieve goals, ability to start and complete tasks, ability to assertively assert one's wants needs, and concerns, and the ability to make decisions and see other options.

Effective Practices and Predictors of Post-School Success

NTACT is charged with assisting stakeholders in implementing evidence-based and promising practices and predictors that promote positive post-school outcomes for all students with disabilities. Effective practices and predictors have been identified based on the amount, type, and quality of the research conducted, and are labeled as either (a) evidence-based, (b) research-based, or (c) promising. Currently NTACT is not identifying "unestablished" practices, but recognizes there are practices in the field for which there is not yet evidence of effectiveness.

The following table describes effective practices (based on experimental research) and predictors (based on correlational research) around the five core transition services that were outlined in the previous section. To learn more about EBPS and predictors follow the links below to the NTACT website.

Job Exploration Counseling		
*Career Speakers		
Research-Based Practices	Predictors	
 Supported employment 	• <u>Career Awareness</u>	
 Impact of counselor education and consumer 		
<u>outcomes</u>		
Career Student Organization		
Research-Based Practices	Predictors	
 Supported employment 	 <u>Career Awareness</u> 	
 Impact of counselor education and consumer 		
<u>outcomes</u>		
*Career Vocational Assessment		
Promising Practices	Predictors	

Data Driven Course of Study Alignment with Career Evidenced-Based Practices Published curricula to teach student involvement in the IEP	 Career Awareness Occupational Course Community Experie Program of Study Vocation Education Predictors Career Awareness Occupational Course Program of Study Transition Program Vocation Education 	nces
Discovery		
Promising Practices • <u>Data Driven</u>	Predictors • <u>Career Awareness</u> • <u>Transition Program</u>	
Informational Interviews	T	
Promising Practices	Predictors	
Data Driven *Laterate and Ability Inventories	<u>Career Awareness</u>	
*Interest and Ability Inventories Promising Practices	Predictors	
• <u>Data Driven</u>	 <u>Career Awareness</u> <u>Transition Program</u> 	
Job Shadowing		
Research-Based Practices • Supported employment • Impact of counselor education and consumer outcomes	Predictors • Career Awareness • Occupational Course	<u>es</u>
*Labor Market Statistic and Trends		
Promising PracticesCareer Exploration Services	Predictors • Career Awareness	
Reviewed Resources for Job Exploration Counseling		
Resource	Content Area	Audience
Career Onestop: Learn about careers, find career information, and locate career resources and advice.	 Interest and ability inventories Discovery Labor Market statistics and trends Course of study alignment with career 	 Special Education Teacher Vocational Rehabilitation Counselor Transition Specialist Student

		• Parent
Informational Interview. (n.d.). UC Berkley, Career	Informational Interviews	Special Education
Center.		Teacher
		 Vocational
Provides an overview, benefits and six steps for		Rehabilitation
successful informational interviews.		Counselor
		 Transition Specialist
		 Student
Kansas Public Schools. (n.d.). Quality Work-based	Discovery	Special Education
Learning Toolkit, Creating Quality Work-Based	 Informational Interviews 	Teacher
<u>Learning Guide</u>	Job shadowing	 Vocational
	Volunteering	Rehabilitation
Provides an introduction to the principles of quality	Workplace tours/field	Counselor
work based learning and lays the foundation for	trips	• Transition Specialist
developing any work-based learning experience.		
High School/High Tech Program Guide: A	Interest and ability	 Special Education
Comprehensive Transition Program Promoting	inventories	Teacher
<u>Careers in Science, Technology, Engineering and Math</u>	Discovery	 Vocational
for Youth with Disabilities:	Informational interviews	Rehabilitation
This Guide can be used by existing HS/HT programs	 Course of study 	Counselor
for program improvement and expansion, and by new	alignment with career	Transition Specialist
and developing programs to guide their	Career vocational	
implementation efforts.	assessment	
	Volunteering	
Promoting Quality Individualized Learning Plans: A	Interest and ability	 Special Education
"How to Guide" Focused on the High School Years	inventories	Teacher
(See the Self-Exploration and Career Exploration	Discovery	 Vocational
sections)	Course of study	Rehabilitation
	alignment with career	Counselor
This guide is designed to help schools develop a	Career vocational	 Transition Specialist
bridge between college and career readiness efforts	assessment	•
through the use of ILPs		
Resource	Content Area	Audience
O*NET Online	• Interest and ability	• Special Education
O*NET Online has detailed described as a state of the second	inventories	Teacher
O*NET OnLine has detailed descriptions of the world	• Discovery	Vocational
of work for use by job seekers, workforce	Labor Market statistics	Rehabilitation
development and HR professionals, students,	and trends	Counselor
researchers, and more!	• Course of study	• Transition Specialist
	alignment with career	• Student
	Career vocational	• Parent
	assessment	

Competitive Integrated Employment Toolkit- February, 2017

Work Based Learning

*Apprenticeships

Research Based Practices

- Response Prompting to teach Employment Skills
- <u>Self-Management Instruction to teach Job</u> specific skills

Promising Practices

- Computer Assisted Instruction to teach job skills
- <u>Teaching employment skills using community</u> based instruction
- <u>Using an extension of services after</u> graduation to promote increased financial skills
- Using Least to Most Prompts to teach specific job skill

Predictors

- Career Awareness
- <u>Community Experiences</u>
- Vocation Education
- Work Study

*Business Mentors

Research-Based Practices

- Supported employment
- Impact of counselor education and consumer outcomes

Promising Practices

• Strong Business Model

Predictors

- Career Awareness
- Occupational Courses
- Community Experiences
- Program of Study

*Career Mentorship

Research Based Practices

- Response Prompting to teach Employment Skills
- <u>Self-Management Instruction to teach Job</u> specific skills

Promising Practices

- Computer Assisted Instruction to teach job skills
- <u>Using an extension of services after</u> graduation to promote increased financial skills

Predictors

- Community Experiences
- Career Awareness
- Work Study

*Career Related Competitions

Promising Practices

Computer Assisted Instruction to teach job skills

Predictors

- Career Awareness
- <u>Vocation Education</u>

Using an extension of services after graduation to promote increased financial skills *Informational Interviews **Promising Practices Predictors** • Data Driven Career Awareness *Internships **Research Based Practices Predictors** • Response Prompting to teach Employment **Community Experiences** Skills • <u>Career Awareness</u> **Promising Practices** • Paid Employment/Work Experiences • Computer Assisted Instruction to teach job • Work Study skills • Teaching employment skills using community based instruction • Using an extension of services after graduation to promote increased financial skills • Using Least to Most Prompts to teach specific job skill

Job Clubs		
Research-Based Practices	Predictors	
 Supported employment 	Career Awareness	
 Impact of counselor education and consumer 		
<u>outcomes</u>		
*Job Shadowing		
Research Based Practices	Predictors	
 Response Prompting to teach Employment 	 Community Experiences 	
<u>Skills</u>	<u>Career Awareness</u>	
 Self-Management Instruction to teach Job 	 Paid Employment/Work Experiences 	
specific skills	Work Study	
Promising Practices		
 Computer Assisted Instruction to teach job 		
<u>skills</u>		
 <u>Teaching employment skills using community</u> 		
based instruction		
 <u>Using Least to Most Prompts to teach specific job</u> 		
<u>skill</u>		
*Non-paid Work Experience		
Research Based Practices	Predictors	

 <u>Self-Management Instruction to teach Job</u> <u>specific skills</u>

Promising Practices

- Computer Assisted Instruction to teach job skills
- <u>Teaching employment skills using community</u> based instruction
- <u>Using Least to Most Prompts to teach specific job</u> skill

- Career Awareness
- Community Experiences
- Work Study

*On-the-job Training

Research Based Practices

 Response Prompting to teach Employment Skills

Promising Practices

- Computer Assisted Instruction to teach job skills
- <u>Teaching employment skills using community</u> based instruction
- <u>Using an extension of services after</u> graduation to promote increased financial skills
- <u>Using Least to Most Prompts to teach specific job</u> skill

Predictors

- Career Awareness
- Community Experiences
- Vocation Education
- Work Study

*Paid Employment

Research Based Practices

 Supported Employment for competitive integrated employment

Promising Practices

 <u>Using Least to Most Prompts to teach specific job</u> skill

Predictors

- Career Awareness
- Community Experiences
- Paid Employment/Work Experiences

*Service Learning

Research Based Practices

 Response Prompting to teach Employment Skills

Promising Practices

- Computer Assisted Instruction to teach job skills
- <u>Teaching employment skills using community</u> based instruction
- <u>Using Least to Most Prompts to teach specific job</u>
 skill

Predictors

- Career Awareness
- Community Experiences
- Work Study

*School Work Experience including Student-led Enterprises

Drawicing Dractices	Duodistans	
Promising Practices	Predictors	
Computer Assisted Instruction to teach job	• <u>Career Awareness</u>	
skills	• Work Study	
 <u>Using Least to Most Prompts to teach specific job</u> skill 		
*Volunteering		
Research-Based Practices	Predictors	
 Supported employment 	 Career Awareness 	
	 Vocation Education 	
	 Parent Involvement 	
*Work-site tours to learn about necessary job skills		
Research-Based Practices	Predictors	
 Supported employment 	 Career Awareness 	
Impact of counselor education and consumer		
<u>outcomes</u>		
Reviewed Resources		
Resource	Content Area	Audience
Handbook for Implementing a Comprehensive Work-	■ Non-paid work	■ Special Education
Based Learning Program According to the Fair Labor	experience	Teacher
Standards Act	Internships	■ Vocational
	■ Paid Employment	Rehabilitation
This handbook provides guidance to schools operating		Counselor
WBL programs and provides guidance to schools		■ Transition Specialist
operating WBL programs and encourages the		
adoption of WBL programs by schools not presently		
using this approach. By following the information and		
examples in this handbook, schools can proceed with		
confidence to operate effective WBL programs		
consistent with the FLSA.		
Workforce Innovation Technical Assistance Center	■ Non-paid work	■ Special Education
(WINTAC):WIOA Section 511	experience	Teacher
	■ Paid Employment	■ Vocational
		Rehabilitation
		Counselor
Provides an overview of requirements and tools		■ Transition Specialist
related to Section 511.		Administrator
OSEP/Rehabilitation Memorandum on Unpaid Work	■ Non-paid work	■ Special Education
	experience	Teacher
OSEP Dear Colleague letter (6/22/12) addressing IDEA		■ Vocational
as it applies to Least Restrictive Environment (LRE),		Rehabilitation
non-paid work experiences, parent notification and		Counselor
provision of supplementary aides and services.		■ Transition Specialist

ODEP-Funded Customized Employment Materials and Other Technical Assistance Resources Resources include fact sheets, policy briefs, web broadcasts, videos and more.	 On-the-job training Paid Employment Internships 	 Special Education Teacher Vocational Rehabilitation Counselor Transition Specialist Parent Job Developer
Real People, Real Jobs: Stories from the Front Line: Institute for Community Inclusion, University of Massachusetts, Boston: This site highlights the employment successes of people with Intellectual and Developmental Disabilities (IDD) who are working in paid jobs in their communities.	 On-the-job training Internships Paid Employment 	 Special Education Teacher Vocational Rehabilitation Counselor Transition Specialist Student Parent Job Developer
WHAT TO KNOW ABOUT WORK-BASED LEARNING EXPERIENCES FOR STUDENTS AND Youth WITH DISABILITIES This fact sheet was created to address the compatible outcome goals and policy priorities identified in The 2020 Youth Transition Plan: A Federal Interagency Strategy and provides a quick glance of available resources. Please click on the links to learn more about each fact.	Non-paid work experience Service Learning Paid Employment	Special Education Teacher Vocational Rehabilitation Counselor Transition Specialist
US Department of Labor, Wage and Hour Division, Chapter 64: Employment of Workers with Disabilities at Special Wages under Section 14(c) Provides general guidance on the administration and enforcement of this program.	Non-paid work experience On-the-job training Paid Employment	Special Education Teacher Vocational Rehabilitation Counselor Transition Specialist
US Department of Labor, Wage and Hour Division, Fact Sheet 71: Internship Programs under the Fair Labor Standards Act.(2010) This fact sheet provides general information to help determine whether interns must be paid the minimum wage and overtime under the Fair Labor Standards Act for the services that they provide to "for-profit" private sector employers.	Non-paid work experience Internships Paid internships	Special Education Teacher Vocational Rehabilitation Counselor Transition Specialist

Kansas Public Schools. (n.d.). Quality Work-based Learning Toolkit, Creating Quality Work-Based Learning Guide Provides an introduction to the principles of quality work based learning and lays the foundation for	Job Shadowing Non-paid work experience Internships Paid Employment Career Mentorship	Special Education Teacher Vocational Rehabilitation Counselor Transition Specialist
developing any work-based learning experience. Work-Based Learning Jump Start, Provides an overview of work-based learning.	Non-paid work experience Service Learning Internships Apprenticeships Paid Employment Career Mentorship	Special Education Teacher Vocational Rehabilitation Counselor Transition Specialist Student Parent
Doyle, A., About Careers, How can Job Clubs Help You Get Hired Explores the benefits of using a job club in your job search efforts.	DiscoveryJob Shadowing	 Special Education Teacher Vocational Rehabilitation Counselor Transition Specialist Student Parent
Engaging Youth in Work Experiences, This Innovative Strategies Practice Brief provides practical examples and resources used by promising and exemplary youth programs to engage students in work experiences.	Job Shadowing Non-paid work experience Internships Paid Employment Student –led Enterprises	Special Education Teacher Vocational Rehabilitation Counselor Transition Specialist
Fostering Inclusive Volunteering and Service Learning, This guide provides information useful to student service professionals and others interested in facilitating student engagement in volunteer activities. It describes how students benefit from volunteering, different types of volunteer opportunities, and ways to assist students to prepare for, access, and learn from their experiences. It also provides relevant resources and tools that can enhance and foster successful outcomes.	Service Learning	Special Education Teacher Vocational Rehabilitation Counselor Transition Specialist
Internships: The On-Ramp to Employment: A guide for student with disabilities,	Internships	Special Education Teacher

A guide for students to use to get the most out of internships opportunities.		Vocational Rehabilitation Counselor Transition Specialist Student Parent
Paving the Way to Work: A Guide to Career Focused Mentoring, This Guide is intended for individuals designing mentoring programs for students, including students with disabilities, in the transition phase to adulthood	Career Mentorship	Special Education Teacher Vocational Rehabilitation Counselor Transition Specialist

Counseling on Opportunities for Enrollment in Comprehensive Transition or Post-Secondary Education Programs (includes 4 yr., 2 yr. and training programs)

*Academic Planning

- HS Graduation Pathways that lead to College and Career Readiness
- Advising students and parents on academic curricula
- Information about course offerings

Evidence-Based Practices

- <u>Published curricula to teach student</u> <u>involvement in the IEP</u>
- <u>Self-Determined Learning Model of</u>
 <u>Instruction (SDLMI) to teach goal attainment</u>

Predictors

- Inclusion in General Education
- Program of Study
- Occupational Courses
- Transition Program
- Self-Advocacy/Self-Determination

*Information on Accommodations and Services in Post-Secondary Education

- Resources to support student success in education and training
- Plan for and access adult services
- Identify technology needs
- Documentation of academic accommodations
- Accessibility needs

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Evidence-Based Practices

- <u>Published curricula to teach student</u> involvement in the IEP
- <u>Self-Determined Learning Model of</u>
 <u>Instruction (SDLMI) to teach goal attainment</u>

Research-Based Practices

Interagency Collaboration

Promising Practices

- Individual Placement and Support (IPS)
- Data Driven

Predictors

- Self-Advocacy/Self-Determination
- Program of Study
- Transition Program
- Interagency Collaboration
- Parent Involvement
- Inclusion in General Education

*College Affordability Planning

- Completion of FAFSA
- Identify financial aid options

Evidence-Based Practices

- <u>Published curricula to teach student</u> involvement in the IEP
- <u>Self-Determined Learning Model of</u>
 Instruction (SDLMI) to teach goal attainment

Predictors

- Parent Expectations
- Parent Involvement
- Self-Advocacy/Self-Determination
- Students Autonomy/Decision Making

*College and Career Exploration and Selection Process

- College Aspirations
- Transition from high school graduation to college enrollment
- Information about career options
- Types of academic and occupational training needed to succeed in the workplace
- Postsecondary opportunities associated with career fields or pathways
- Attend college fairs and tours
- Provide PSE information to family members
- Connect PSE resources/services/websites

Evidence-Based Practices

- <u>Published curricula to teach student</u> involvement in the IEP
- <u>Self-Determined Learning Model of</u> Instruction (<u>SDLMI</u>) to teach goal attainment

Research-Based Practices

- Whose Future Is It? to teach selfdetermination skills
- Interagency Collaboration

Promising Practices

Career Exploration Services

Predictors

- Career Awareness
- Students Autonomy/Decision Making
- Self-Advocacy/Self-Determination
- Parent Expectations
- Transition Program
- Program of Study
- Inclusion in General Education
- Parent Involvement
- Interagency Collaboration

*Post-Secondary Education Application and Admissions Process

College application process

Evidence-Based Practices

- <u>Published curricula to teach student</u> involvement in the IEP
- <u>Self-Determined Learning Model of</u> <u>Instruction (SDLMI) to teach goal attainment</u>

Promising Practices

Data Driven

Predictors

- Career Awareness
- Students Autonomy/Decision Making
- Self-Advocacy/Self-Determination
- Transition Program

Reviewed Resources

Resource	Content Area Audience	
Postsecondary Disclosure Why, When, What, to	College and Career	Special education
Whom, and How?	Exploration and Selection	teacher
Answers five specific disclosure questions: Why,	Process	Vocational
when, what, to whom, and how to disclose a	Accommodations & Services	Rehabilitation
disability in postsecondary settings.	in Post- Secondary	Counselor
	Education	Transition Specialist
	Post-Secondary Education	Student
	Application and Admission	Parent
	Process	
Self-Advocacy in College – Durham College, Center for	Academic Planning	Special education

Students with Disabilities (video): This site provides an array of videos on self-advocacy.	Accommodations & Services in Post-Secondary Education	teacher Vocational Rehabilitation Counselor Transition Specialist Student	
Success in the New Economy: Post-secondary education option/career technical education: A video on how prospective college students can gain a competitive advantage.	Academic Planning College and career exploration and selection process College Affordability Planning Accommodations & Services in Post-Secondary Education	Special education teacher Vocational Rehabilitation Counselor Transition Specialist Student Parent Disability Service Personnel	
Guidance and Career Counselor's Toolkit Guide, Advising high School Students with Disabilities on Post-Secondary Options, Heath Resource Center, The George Washington University, (2006, March) This Toolkit is intended to help guidance and career counselors to better assist high school students with disabilities in accomplishing transitions into postsecondary education and employment.	Academic Planning College and career exploration and selection process Accommodations & Services in Post-Secondary Education	Special education teacher Vocational Rehabilitation Counselor Transition Specialist Guidance Counselor	
Wright's Law, Summary of Performance. Outlines requirements for Summary of Performance.	Academic Planning College and career exploration and selection process	Special education teacher Vocational Rehabilitation Counselor Transition Specialist	
ChoiceMaker Self-Determination Curriculum and Assessment (Zarrow Center) The ChoiceMaker Curriculum consists of three strands: (1) Choosing Goals, (2) Expressing Goals, and (3) Taking Action. Each strand addresses teaching objectives in three transition areas: Education, Employment, and Personal.	Academic Planning College and career exploration and selection process Accommodations & Services in Post-Secondary Education	Special education teacher Vocational Rehabilitation Counselor Transition Specialist Student Parent	
Best Practices in Self-Advocacy Skill Building http://www.parentcenterhub.org/repository/priority-	College and Career Exploration and Selection	Special education teacher	

selfadvocacy/	Process	Vocational
Here, you'll find quick connections to materials and	Accommodations & Services	Rehabilitation
resources you can use with students with disabilities	in Post-Secondary	Counselor
and their families to build their abilities to advocate	Education	Transition Specialist
for themselves.		Student
		Parent

Workplace Readiness Training to Develop Social Skills and Independent Living

*Communication

- Talking/Writing
- Active Listening

Research Based Practices

- <u>Self-Advocacy Strategy to Teach Student</u> Involvement in the IEP
- Simulations to Teach Social Skills
- Response Prompting to Teach Social Skills
- Response Prompting to Teach Employment Skills

Promising Practices

- System of least-to-most prompting to teach communication skills
- Community based instruction to teach communication skills
- Backward Chaining to teach functional life skills
- Self-Management to Teach Social Skills
- Self-Monitoring to teach Functional Skills
- <u>Computer Assisted Instruction to teach Job Specific Skills</u>

Predictors

- Work Study
- Community Experiences
- Student Support
- Social Skills

*Financial Literacy

Evidence Based Practices

• Using simulation to teach purchasing skills

Research Based Practices

- Community based instruction to teach purchasing skills
- Computer assisted instruction to teach grocery shopping skills
- <u>Least-to-most prompting to teach purchasing skills</u>
- One-more-than strategy to teach purchasing skills
- Response prompting to teach grocery shopping skills
- Response prompting to teach purchasing skills

Predictors

- Community experiences
- Self-Care/Independent Living Skills

Promising Practices

- Extension of Services after graduation for Financial Literacy
- Community based instruction to teach banking skills
- Constant time delay to teach banking skills
- Using Simulation to Teach Banking Skills
- Progressive time delay to teach purchasing skills
- Community based instruction to teach grocery shopping skills
- System of least-to-most prompts to teach grocery shopping skills
- One-more-than strategy to teach counting money

*Networking

Research Based Practices

- <u>Simulations to Teach Social Skills</u>
- Response Prompting to Teach Social Skills

Promising Practices

- Self-Management to Teach Social Skills
- <u>Using an extension of services after</u> graduation to promote increased financial skills

Predictors

- Social Skills
- Community Experiences
- Work Study

*Orientation and Mobility Skills

*Problem Solving and Critical Thinking

Decision Making

Evidence Based Practices

• System of least-to-most prompts to teach functional life skills

Research Based Practices

 Response Prompting to Teach Employment Skills

Promising Practices

- Self-Management to Teach Social Skills
- Self-Monitoring to teach Functional Skills
- <u>Using an extension of services after</u> graduation to promote increased financial skills

Predictors

- Student Support
- Social Skills

*Professionalism

- Enthusiasm and Attitude
- Understanding employer expectations for punctuality and performance
- Respectful

Promising Practices

- Computer Assisted Instruction to teach Job Specific Skills
- <u>Using an extension of services after</u> graduation to promote increased financial skills
- Self-Monitoring to teach Functional Skills

Predictors

- Social Skills
- Work Study

*Teamwork

- Cooperation
- Conflict Resolution
- Empathy
- Supporting Others

Research Based Practices

- Simulations to Teach Social Skills
- Response Prompting to Teach Social Skills
- <u>Self-Advocacy Strategy to Teach Student</u>
 Involvement in the IEP

Promising Practice

- Self-Monitoring to teach Functional Skills
- Computer Assisted Instruction to teach Job Specific Skills
- Self-Management to Teach Social Skills
- <u>Using an extension of services after</u>
 <u>graduation to promote increased financial</u>
 <u>skills</u>
- System of least-to-most prompting to teach communication skills
- Community based instruction to teach communication skills
- Self-Management to Teach Social Skills

Predictors

- Social Skills
- Community Experiences
- Student Support
- Work Study

Reviewed Resources

Resource	Content Area	Audience
Skills to Pay the Bills: Mastering Soft Skills for	Communication	Special Education Teacher
Workplace Success (Available in English or	Teamwork	Vocational Rehabilitation
Spanish):	Networking	Counselor

"Skills to Pay the Bills: Mastering Soft Skills for Workplace Success," is a curriculum developed by ODEP focused on teaching "soft" or workforce readiness skills to students, including students with disabilities.	Problem Solving and critical thinking Professionalism	Transition Specialist
Federal Partners in Transition (March, 2016) What to Know About Youth Transition Services for Students with Disabilities. This fact sheet was created to address the compatible outcome goals and policy priorities identified in The 2020 Youth Transition Plan: A Federal Interagency Strategy and provides a quick glance of available resources.	Communication Problem solving and critical thinking	Special Education Teacher Vocational Rehabilitation Counselor Transition Specialist Parent
Helping Youth with Learning Disabilities Chart the Course: A Guide for Youth Service Professionals, This Info Brief describes challenges faced by students and young adults with learning disabilities as they reach adulthood, while highlighting strategies youth service professionals can implement to help students to transition successfully into the workplace.	 Communication Problem solving and critical thinking 	 Special Education Teacher Vocational
Teaching Communication Skills in an Employment Site Using Dual Communication Boards (NTACT) Lesson Plan starter to improve receptive and expressive communication with coworkers using a dual communication board at community employment sites.	CommunicationTeamwork	 Special Education Teacher Vocational Rehabilitation Counselor Transition Specialist
Using Soft Skills Training Program to Increase Opportunities for Competitive, Integrated Employment for Students and Youth with Disabilities A Guide to developing Collaborative School-	 Communication Professionalism Teamwork Networking Problem solving and critical thinking Teamwork 	 Special Education Teacher Vocational
Community-Business Partnerships This Guide is designed to provide basic	NetworkingProblem solving	Teacher Vocational

information to enable meaningful and	and critical	Rehabilitation
employment outcome oriented collaboration	thinking	Counselor
among between school, community and		Transition Specialist
business partners.		
Travel Training for Youth with Disabilities	Problem solving	Special Education
	and critical	Teacher
Provides an overview of and how to implement	thinking	Vocational
travel training models in your communities.	Orientation and	Rehabilitation
	Mobility	Counselor
		Transition Specialist
		Families
		Students

Instruction in Self-Advocacy

*Requesting and Utilizing Accommodations

Request accommodations or services and supports

*Decision Making including supported decision making

Research Based Practices

- Who's Future Is It Anyway? to Teach Self-Determination Skills
- <u>Self-Directed IEP to teach Student Involvement</u> in the IEP

Promising Practices

• Computer Assisted Instruction to teach student involvement in the IEP

Predictors

- <u>Self-Advocacy/Self-Determination</u>
- <u>Self-Care/Independent Living Skills</u>

*Disability Disclosure

Evidence Based Practices

 Published Curricular to teach Student Involvement in the IEP

Research Based Practices

- Who's Future Is It Anyway? to Teach Self-Determination Skills
- <u>Self-Advocacy Strategy to Teach Student</u> Involvement in the IEP
- <u>Self-Directed IEP to teach Student Involvement</u> in the IEP

Predictors

- Self-Advocacy/Self-Determination
- <u>Self-Care/Independent Living Skills</u>

*Goal setting and attainment

Evidence Based Practices

• <u>Self-Determined Learning Model of Instruction</u> to teach Goal Attainment

Research Based Practices

- Who's Future Is It Anyway? to Teach Self-Determination Skills
- <u>Self-Directed IEP to teach Student Involvement</u> in the IEP
- <u>Self-Management to teach Job Specific Skills</u>

Predictors

- Self-Advocacy/Self-Determination
- Self-Care/Independent Living Skills
- Inclusion in General Education

*Leadership Skills (taking a leadership role)

Evidence Based Practices

<u>Published Curricular to teach Student</u>
 Involvement in the IEP

Research Based Practices

- Who's Future Is It Anyway? to Teach Self-Determination Skills
- <u>Self-Advocacy Strategy to Teach Student</u>
 Involvement in the IEP
- <u>Self-Directed IEP to teach Student Involvement</u> in the IEP
- Self-Management to teach Job Specific Skills

Promising Practices

- <u>Computer Assisted Instruction to teach student</u> involvement in the IEP
- <u>Self-management instruction to teach social</u> skills

Predictors

- Social Skills
- Inclusion in General Education
- Self-Care/Independent Living Skills

*Peer Mentoring

Promising Practices

- Check and Connect to teach student participation in the IEP process
- <u>Self-management instruction to teach social</u> skills

Predictors

- Social Skills
- <u>Inclusion in General Education</u>
- Self-Advocacy/Self-Determination

*Personal Rights and Responsibilities

Evidence Based Practices

<u>Published Curricular to teach Student</u>
 <u>Involvement in the IEP</u>

Research Based Practices

- Who's Future Is It Anyway? to Teach Self-Determination Skills
- Self-Advocacy Strategy to Teach Student Involvement in the IEP
- <u>Self-Directed IEP to teach Student Involvement</u> in the IEP

Promising Practices

• <u>Computer Assisted Instruction to teach student</u> <u>involvement in the IEP</u>

Predictors

- Self-Advocacy/Self-Determination
- Self-Care/Independent Living Skills

*Self-awareness and knowledge

- Monitor progress
- Identify Independence
- Disability Understanding
- Self-reflection

Evidence Based Practices

- <u>Published Curricular to teach Student</u>
 <u>Involvement in the IEP</u>
- <u>Self-Determined Learning Model of Instruction</u> to teach Goal Attainment

Research Based Practices

- Who's Future Is It Anyway? to Teach Self-Determination Skills
- <u>Self-Advocacy Strategy to Teach Student</u> Involvement in the IEP
- <u>Self-Directed IEP to teach Student Involvement</u> in the IEP
- Self-Management to teach Job Specific Skills
- Computer Assisted Instruction to teach student involvement in the IEP

Promising Practices

- Self-Monitoring to teach Functional Skills
- <u>Self-management instruction to teach social</u> skills
- Community based instruction to teach community integration skills

Predictors

- Self-Advocacy/Self-Determination
- Self-Care/Independent Living Skills
- Inclusion in General Education

*Self-determination

- Assertiveness
- Intrinsic Motivation
- Self-efficacy

Evidence Based Practices

- <u>Published Curricular to teach Student</u>
 Involvement in the IEP
- <u>Self-Determined Learning Model of Instruction</u> to teach Goal Attainment

Research Based Practices

- Who's Future Is It Anyway? to Teach Self-Determination Skills
- <u>Self-Advocacy Strategy to Teach Student</u>
 <u>Involvement in the IEP</u>
- <u>Self-Directed IEP to teach Student Involvement</u> in the IEP
- Self-Management to teach Job Specific Skills

Predictors

- Self-Advocacy/Self-Determination
- Inclusion in General Education
- Self-Care/Independent Living Skills
- Social Skills

Promising Practices

- Computer Assisted Instruction to promote student involvement in the IEP meeting
- <u>Self-Monitoring to teach Functional Skills</u>

Reviewed Resources

Resource	Content Area	Audience
Job Accommodation Network JAN-411:	Decision Making	■ Special education
	■ Self-awareness and	teacher
This site provides opportunities to ask questions	knowledge	■ Vocational
about worksite accommodations, the American	■ Self-determination	Rehabilitation
Disabilities Act or other related legislation.	■ Disability disclosure	Counselor
J	Accommodations	■ Transition Specialist
	■ Personal rights and	■ Student
	responsibilities	■ Parent
Idaho Self-determination Curriculum Developed in partnership with NTACT, the curriculum provides lesson plans for educators and vocational rehabilitation counselors and is cross walked with the Common Core Standards. To access the curriculum, 1. 'click' on the Idaho Self-determination Curriculum listed above 2. Scroll down the page to 'Documents' 3. Select the folder labeled 'Documents' 4. Select the folder labeled 'Self-determination' Each of the folders included provide curriculum and information about it use.	 Decision Making Goal setting and attainment Self-awareness and knowledge Disability disclosure Self-determination Personal rights and responsibilities Accommodations 	 Special education teacher Vocational Rehabilitation Counselor Transition Specialist
Wisconsin Youth First: Going to Work Videos: Videos that share stories of students and their exciting journey from high school to competitive employment.	 Decision Making Self-awareness and knowledge Self-determination Disability disclosure Accommodations Peer mentoring 	 Special education teacher Vocational Rehabilitation Counselor Transition Specialist Student Parent
NCWD/Youth – The 411 on Disability Disclosure: Provides information for young people, families,	Decision MakingGoal setting and attainment	Special education teacher

and youth service professional to assists in determining appropriate methods of disclosure.	 Self-awareness and knowledge Self-efficacy Self-determination Self-reflection 	 Vocational Rehabilitation Counselor Transition Specialist Student Parent
PACER's National Center on Transition and Employment This site provides an array of information to assist and support parents, students, and professionals on transition topics.	 Decision Making Goal setting and attainment Self-awareness and knowledge Self-determination Accommodations 	 Special education teacher Vocational Rehabilitation Counselor Transition Specialist Student Parent
Student Directed Transition Planning: Provides lessons and materials on student-directed transition planning.	 Decision Making Goal setting and attainment Self-awareness and knowledge Self-determination 	 Special education teacher Vocational Rehabilitation Counselor Transition Specialist Student Parent
Youthhood.org Youth focused website providing students have access to tools and resources to help plan their future.	 Decision Making Goal setting and attainment Self-awareness and knowledge Self-determination Accommodations 	 Special education teacher Vocational Rehabilitation Counselor Transition Specialist
Paving the Way to Work: A Guide to Career-Focused Mentoring (NCWD-Y) This Guide was developed by the National Collaborative on Workforce and Disability for Youth (NCWD/Youth) specifically to address the needs of students with disabilities during their transition from school to work.	 Career Mentoring Mentoring Decision Making Self-awareness and knowledge Self-determination 	 Special education teacher Vocational Rehabilitation Counselor Transition Specialist

Section III: Interagency Collaboration

It has long been held that collaboration among professionals and service systems is an important component of effective initiatives and programs that support the transition of students with disabilities from school to work and adult life (Wehman, 2013). In fact, collaboration among professionals and programs is often necessary for students and students who are touched by many systems and professionals (Luecking & Luecking, 2015; Getzel, et al., 2015; Wehman, 2014). Research has found that when students with disabilities access collaborative services during high school, they are more likely to experience positive postschool outcomes (Noonan, Gaumer-Erickson, & Morningstar, 2013; Test, Mazzotti, et al., 2009). Education and vocational rehabilitation each have separate, mandates to assist students and students to prepare for, obtain and keep employment. However, without clearly identified roles and coordination between the two agencies there are potential problems at both the individual students level where poor collaboration may increase the already complicated path to adult employment as well as at the partner level where resources might not be used in the most effective and efficient way.

Collaboration between schools, VR, and other partners is effective when there is a clear and compelling rationale for staff to work across agency lines. (Fabian, in press). Collaboration is structured around formalized relationships and processes that maximize the expertise and perspectives of students, parents, educators, VR counselors, and other partners involved in the transition process. The relationships and process should promote individualized student services, supports, and activities as well as define role and responsibilities of each partner in supporting those individualized student services. When collaboration is directly focused on outcomes for students and the systems that serve them – rather than merely referring them for a "hand off" to the next responsible party – higher school completion and employment rates are likely (Luecking & Luecking, 2015; Fabian & Luecking, 2014). Conversely, without a focus on work and work experience, collaboration efforts falter (Getzel, et al., 2015).

Collaborative Partnerships

There are several types of collaborative partnerships that can occur for the purposes of transition planning (Noonan, 2014); all transition partnerships, however fall under three main categories of teams. Community-level teams connect schools, a district, or multiple districts with the community. School-level teams support the transition planning efforts for all students in the school, and individual-level teams support the transition needs of individual students. Additionally, at the state level it is required that Vocational Rehabilitation and the State Education Agency develop a partnership through an interagency agreement defining how transition services will be jointly funded and delivered based on requirements outlined in the IDEA and the WIOA.

Following is a table that describes the different level teams in a collaborative structure, their purpose, team participants and their primary activities.

Team	Purpose	Participants	Activities
State Level	 To develop and coordinate state policies and resources across agencies focused on creating early and ongoing CIE experiences. Provide resources and support for community level teams development and activities of EBPs of CIE Identify and address statewide needs to improving CIE outcomes for students with disabilities. 	 SEA-Special Education Vocational Rehabilitation Tribal VR Career Technical Education Workforce (DOL) Parent Centers (PTI, PERC, others) Developmental Disabilities Services Mental Health Services Advocacy Groups Post Secondary Education/Training 	 Put in place an interagency agreement that supports CIE and EBPs Support a professional and parent training system to develop knowledge and skills of CIE Provide resources and support for community and school interagency teams Create opportunities to blend and braid resources to support early and ongoing CIE opportunities.
Community Level	 Collaboration among schools (elem, middle, high), VR and other local agencies, employers, parents Focused on 	 School District Administration Special Education administrators and teachers School Counselors Vocational 	 Coordinate and align local resources to provide integrated employment experiences Identify and address

	development and coordination of local policies and resources to create local early and ongoing CIE experiences. Identify and address community needs in developing student skills and experiences that lead to CIE following HS graduation	Rehabilitation Counselors Career Technical Education Employers Workforce (DOL) Parents CRPs Post-Secondary Education/Training Mental Health Others specific to the Community	community needs related to student's skill development and CIE after HS graduation • Understand local business needs and engage employers to provide work experiences and employment for young adults with disabilities • Provide opportunities for personnel and parents to learn about EBPs of transition and CIE for students with
School Level	 Collaboration across school curriculum and programs to address skill/career development for students with disabilities Collect and analyze student data to identify and address areas of need Create 	 School Administration Teachers (Special ed, Gen ed, CTE) School Counselors VR Counselors Parents Students Others specific to the school 	 Partner with VR Counselors and other community members in the provision of career development and community based work experiences Align curriculum and programs vertically across grade levels and content areas. Structured

	opportunities for family engagement and learning.		communication and intervention regarding student needs.
Individual student level	 Coordinate provision of individualized services and supports in both school and community settings Develop and carry out a plan based on student identified career goals beyond high school Engage and communicate on a regular basis with family regarding student needs and progress 	 Student School Administrator Student's teachers (special ed, gen. ed., CTE) VR Counselor School Counselor Family Others specific to student needs (ie; CRP, probation) 	 Identification of student career interests and needs Development of plan with outcome oriented goals and activities. Academic and employment skills development Coordinated series of community based work experiences, including paid work Regular communication with family about student progress and needs

Define individual roles of each person on the team

While the activities that a team member will focus on depends on whether they serve on a state, community, school, or student level team, the information and expertise they provide will be of a similar nature. The resource 'A Guide to Developing Collaborative School-Community Business Partnerships'

http://transitionta.org/sites/default/files/Partnership Guide.pdf provides information about developing collaborative teams focused on providing transition planning, career development

and work experiences for students with disabilities. In the guide you'll find information about the role that each team member plays.

Models of Collaborative Transition Services

When determining how to coordinate and collaborate on transition services, education, VR and other relevant partners should work together to develop a model of seamless transition services. Models of seamless transition service that result in competitive integrated employment include a systematic delivery of specific evidence-based transition services beginning in early high school and the coordination of resources resulting in uninterrupted (seamless) transition from publicly supported secondary education to employment. That is, exiting school already in a competitive integrated job, with supports in place to keep this job and to aid the acquisition of new jobs and career advancement throughout one's adult life. The movement from school to employment and adult life is "seamless" because there is no interruption of service, support and employment status after school exit.

The following table provides information about where to find materials on research based models of collaborative transition services.

Researched Models	
Maryland Seamless Transition Collaborative (MSTC)	The collaborative aims to improve the postsecondary outcomes of students with disabilities through a sequential delivery of specific transition service components beginning in early high school; and, the braiding of resources of transition partners resulting in uninterrupted, seamless transition from public secondary education to employment and/or postsecondary education. Key MSTC Partners/Collaborators in Maryland include: State Department of Education; Department of Labor, Licensing, and Regulation; Developmental Disabilities Administration; Mental Hygiene
CIRCLES: Communicating Interagency Relationships and Collaborative Linkages for Exceptional	Communicating Interagency Relationships and Collaborative Linkages for Exceptional Students (CIRCLES), supports development of teams focused on transition outcomes for students with disabilities. CIRCLES involves three levels of interagency collaboration (i.e., community level team, school level team, and individual level team). The community level team provides administrative leadership for the array of transition services offered and assists in finding solutions for problems that may arise in service delivery. The school level team provides each student with access to an array of representatives from community agencies that may provide

Project SEARCH	services to the student after graduation. The individual level team writes the IEP including the transition component. The Project SEARCH High School Transition Program is a unique, business led, one year school-to-work program t
	That takes place entirely at the workplace. Total workplace immersion facilitates a seamless combination of classroom instruction, career exploration, and hands-on training through worksite rotations.
State Teams and Resources	
Virginia	The mission of the Virginia's Intercommunity Transition Council is to promote successful transition outcomes for youth and young adults with disabilities by providing leadership and innovation in employment, education, training, living independently, community participation, and community support systems that influence success for all students
Oregon-Youth Transition Project (YTP)	YTP is co-managed statewide by the following group which is responsible for technical assistance, training, program evaluation, and other program management or development tasks. The Youth Transition Program (YTP) is an Oregon Vocational Rehabilitation Services program that serves students with disabilities statewide. YTP operates as a partnership between Oregon Vocational Rehabilitation Services (VR), the Oregon Department of Education (ODE), and the University Of Oregon College Of Education (U of O/COE)

Putting Collaboration into Practice

State Level

At the State Level, VR and Education, along with other critical partners, should create a proactive interagency plan/agreement to increase opportunities for students with disabilities to prepare for and achieve competitive integrated employment outcomes. The interagency plan/agreement can be used to create capacity of the service delivery system by providing resources and support to the activities and evidenced based practices that promote students achieving competitive integrated outcomes. Additionally, at the State level, policies should be written to improve the collaboration and coordination between the departments that are responsible for assisting and preparing students with disabilities for employment.

The IDEA and the Rehabilitation Act as amended by WIOA both require that education and vocational rehabilitation develop an interagency agreement that details how the two entities will work together to provide transition services to students with disabilities. The interagency agreement should outline how the two agencies will coordinate services and maximizes their resource to increase the effectiveness of transition services that will lead to improved employment outcomes.

The Rehabilitation Act requires the following in the interagency agreement between the SEA and VR. The agreement should:

- Serve as a mechanism for VR agencies, State Education Agencies, (SEA) and, as appropriate, local education agencies (LEA) to clearly specify the plans, policies and procedures for coordinating services to facilitate to facilitate the transition of students, including at a minimum:
 - o Pre-employment transition services;
 - Consultation and technical assistance to assist education agencies in planning for the transition of students with disabilities from school to post school activities, including pre-employment transition services and other vocational rehabilitation services;
 - Transition planning by vocational rehabilitation and educational personnel that facilitate the development and implementation of a student's individualized education program (IEP);
 - Roles and responsibilities, including financial and programmatic responsibilities of each agency;
 - Outreach to and identification of students with disabilities in need of transition services and pre-employment transition services;
 - Coordination necessary to satisfy documentation requirements set forth in 34
 CFR part 397 of the VR regulations with regard to students with disabilities who are seeking subminimum wage employment, and
 - Assurance that neither the SEA nor the LEA will enter into a contract or other arrangement with an entity holding a special wage certificate under section 14(c) of the Fair Labor Standards Act for the purpose of operating a program under which a student with a disability is engaged in work compensated at a subminimum wage.

The IDEA §300.154 outlines the following requirements for the interagency agreement:

• The Chief Executive Officer of a State or designee of that officer must ensure that an interagency agreement or other mechanism for interagency coordination is in effect

between each non-educational public agency described in paragraph (b) of this section and the SEA, in order to ensure that all services described in paragraph (b)(1) of this section that are needed to ensure FAPE are provided, including the provision of these services during the pendency of any dispute under paragraph (a)(3) of this section. The agreement or mechanism must include the following:

- An identification of, or a method for defining, the financial responsibility to ensure FAPE to children with disabilities IDEA§300.154(a)(2)
- The conditions, terms, and procedures under which an LEA must be reimbursed by other agencies IDEA§300.154(a)(2)
- Procedures for resolving interagency disputes (including procedures under which LEAs may initiate proceedings) under the agreement or other mechanism to secure reimbursement from other agencies or otherwise implement the provisions of the agreement or mechanism. IDEA§300.154(a)(3)
- Policies and procedures for agencies to determine and identify the interagency coordination responsibilities of each agency to promote the coordination and timely and appropriate delivery of services IDEA§300.154(a)(4). Services to include but not limited to:
 - Assistive technology devices and services IDEA §300.5 and §300.6
 - Related Services in IDEA §300.34 including rehabilitation counseling
 - Supplementary Aides and Services in IDEA §300.42
 - Transition Services included in IDEA §300.43
- A process and responsibilities for LEA referrals to agencies that provide assistance to individuals with disabilities, and employment of students, including both employment by the public agency and assistance in making outside employment available. IDEA§300.107
- How professional development and technical assistance will be provided by the state agencies to ensure that teachers and administrators are fully informed of their responsibilities and provided TA and training necessary to assist in this effort. IDEA§300.119

Implications for Practice

- Develop an agreed upon mission and vision of transition services and programs
- Clearly define roles and responsibilities as part of the interagency agreement
- Establish multiple methods of communication and information sharing across agencies
- Provide cross discipline and agency professional learning opportunities

Clarify connections between state level practices and local implementation

The following table provides information about where to find materials that can be used to promote and facilitate interagency collaboration at the state level.

Interagency State Level Collaboration Resources		
The Formal Interagency Agreement	The Toolkit provides information useful to state	
Pre-Employment Transition Services	vocational rehabilitation agencies and education	
and Transition Services	agencies in the development of their interagency	
	agreement to provide transition services. The	
	requirements of WIOA are discussed along with a	
	series of questions to help address the required	
	content.	
Taxonomy for Transition Planning 2.0	The Taxonomy 2.0 brings in the latest literature	
	regarding predictors of post- school success,	
	strategies to increase graduation and reduce	
	dropout, school climate, and vocational	
	rehabilitation services focused on fostering	
	successful transition of students with disabilities in	
	college and careers. Across categories,	
	collaboration with service agencies, especially	
	vocational rehabilitation, emphasize the	
	importance of such connections prior to and during	
	school and post-school transitions. This tool will	
	help to better understand the practices important	
	to providing effective transition services.	
Model for State Capacity Building	Building capacity within one's state is important to	
using the Taxonomy for Transition	assuring that the state's young people with	
Planning 2.0	disabilities are successful in achieving valued adult	
	outcomes. The model for extending transition	
	research to practice within a state, focuses on two	
	important components: increasing local capacity	
	and facilitating implementation. The Model	
	illustrates the structure state agencies can use to	
	utilize the Taxonomy collaboratively across	
	agencies.	
Leading by Convening: A Blueprint for	This document provides information about the	
Authentic Engagement	importance of engaging stakeholders in	
	collaboration to align efforts and develop	
	partnerships. Tools are provided to assist in	
	developing cross agency collaboration.	

Community Level

Seamless transition depends upon functional linkages between schools, VR, and a variety of adult service and community agencies. The purpose of linking systems is to coordinate the delivery of services, share information, solve problems, and continue to build a stronger structure to improve employment outcomes for students. Local systems need to identify those key agencies that can provide the critical services to help students enter into work. The intent is to bring these partners together as a team to foster their collective expertise and combined resources to improve quality of transition planning and employment outcomes. Clear roles and responsibilities need to be defined for each professional on the cross-functional team to reduce gaps in service delivery, minimize duplication of services, and decrease unnecessary expenses.

It is logical for school systems or VR to take on a leadership role in convening the partners. When considering what partners need to be involved, the team lead should consider identifying those involved in assisting secondary students with career development process, work experiences, and paid employment. Possible partners to consider would include, vocational rehabilitation, student development programs, workforce development, employers, parents and service providers that offer job development, placement, and support activities.

The entity identified to lead the Interagency team is responsible for convening the partners, establishing the meeting structure, facilitating the meeting, and serving as the primary communicator among all partners. All members of the team should feel a sense of ownership and commitment in order to get the work done. To achieve this intent, the team should:

- Establish and reflect a common vision (e.g., paid employer for students with disabilities prior to school exit).
- Agree on goals that are obtainable.
- Institute policy-making procedures that will frame the work of the team (e.g., lines of communication, reporting).
- Hold regular team and work group meetings.
- Develop well-planned agendas.
- Empower all team members to be active and equal members.
- Promote shared decision-making.
- Clarify roles and responsibilities of each team member.

The partnerships and process developed by the Community Level team should promote individualized services, support, and activities for students with disabilities. Roles and responsibilities of each partner are designed and focused on student employment outcomes.

Implications for practice

• Define the team purpose – common goal is student employment

- Encourage, integrate, and value contributions from all team members during the student's transition plan.
- Ensure team members understand the roles of each partner and how each contributes to the overall transition plan for students.
- Meet regularly to discuss progress and updates to individual student's transition plan to maximize communication, resources, and expertise of all partners.
- Establish mechanism for ongoing communication among all partners
- Invite businesses to be part of the team and ensure that, when they are present, the topic is relevant to their needs
- Develop family resources that are user-friendly and limit use of agency jargon.
- Work jointly with parent networks for parent engagement strategies and connections.
- Form relationships and connections with postsecondary education entities to facilitate a more seamless transition for students pursing further education and training.
- Tour local businesses to gain a better understanding of employer's needs and the necessary job skills to be successful in the business

The following table provides information about where to find materials that can be used to promote and facilitate interagency collaboration at the community level.

Interagency Collaboration Community Level Resources		
A Guide to Developing Collaborative School-	This Guide presents approaches and	
Community Business Partnerships	considerations for the development and	
	implementation of broadly inclusive	
	partnerships that strive for this standard. The	
	"gold standard" of student outcomes is when	
	they are achieving employment and pursuing	
	a clear career path. The activities transition	
	and employment initiatives, and the	
	partnerships that support them, are most	
	appropriately judged against this standard	
Taxonomy for Transition Planning 2.0	The Taxonomy 2.0 brings in the latest	
	literature regarding predictors of post- school	
	success, strategies to increase graduation	
	and reduce dropout, school climate, and	
	vocational rehabilitation services focused on	
	fostering successful transition of students	
	with disabilities in college and careers. Across	
	categories, collaboration with service	

emphasize the importance of such connections prior to and during school and post-school transitions. This tool will help to better understand the practices important to providing effective transition services Transition To Employment Toolkit Transition To Employment Toolkit Transition To Employment Toolkit A comprehensive and contemporary view of the research based strategies and models of school to work transition for students with disabilities in our country. The Toolkit provides strategies and resources that assist communities and schools develop and provide Transition Services using a collaborative process across agencies CIRCLES: Communicating Interagency Relationships and Collaborative Linkages for Exceptional Students (CIRCLES), supports development of teams focused on transition outcomes for students with disabilities. CIRCLES involves three levels of interagency collaboration (i.e., community level team, school level team, and individual level team). The community level team provides administrative leadership for the array of transition services offered and assists in finding solutions for problems that may arise in service delivery. The school level team provides each student with access to an array of representatives from community agencies that may provide		
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School Level

The school-level team works directly with families and students to facilitate a transition process based around a "student-centered" planning philosophy" (Aspel et al., 1999, p.7). They typically meet monthly to share information and conduct preplanning activities to support individual-level teams in developing transition IEPs.

<u>Implications for Practice</u>

 Provide opportunities for students to learn and demonstrate their knowledge of employability skills through curriculum and community experiences

- Ensure that students with disabilities have access to all available school-wide career technologies, work-based learning, and vocational and occupational course
- Provide information and training to families
- Invite VR staff or other workforce partners to assist in identifying and with the delivery of employability skills in the classroom
- Offer students a range of employment experience in and out school to broaden their knowledge of possible careers

The following table provides information about where to find materials that can be used to promote and facilitate interagency collaboration at the school level.

Interagency Collaboration School Level Resources	
A Guide to Developing Collaborative	This Guide presents approaches and considerations
School-Community Business	for the development and implementation of broadly
<u>Partnerships</u>	inclusive partnerships that strive for this standard.
	The "gold standard" of students' outcomes is when
	they are achieving employment and pursuing a clear
	career path. The activities transition and
	employment initiatives, and the partnerships that
	support them, are most appropriately judged against
	this standard.
Taxonomy for Transition Planning 2.0	The Taxonomy 2.0 brings in the latest literature
	regarding predictors of post- school success,
	strategies to increase graduation and reduce
	dropout, school climate, and vocational
	rehabilitation services focused on fostering
	successful transition of students with disabilities in
	college and careers. Across categories, collaboration
	with service agencies, especially vocational
	rehabilitation, emphasize the importance of such
	connections prior to and during school and post-
	school transitions. This tool will help to better
	understand the practices important to providing
	effective transition services.
CIRCLES: Communicating Interagency	Communicating Interagency Relationships and
Relationships and Collaborative	Collaborative Linkages for Exceptional Students
Linkages for Exceptional	(CIRCLES), supports development of teams focused
	on transition outcomes for students with disabilities.
	CIRCLES involves three levels of interagency
	collaboration (i.e., community level team, school
	level team, and individual level team). The
	community level team provides administrative

	leadership for the array of transition services offered and assists in finding solutions for problems that may arise in service delivery. The school level team provides each student with access to an array of representatives from community agencies that may provide services to the student after graduation. The individual level team writes the IEP including the
Transition To Employment Toolkit	A comprehensive and contemporary view of the research based strategies and models of school to
	work transition for students with disabilities in our country. The Toolkit provides strategies and resources that assist communities and schools
	develop and provide Transition Services using a collaborative process across agencies.
Effective Practices and Predictors Matrix (NTACT)	It is important for teams at the student level to understand current effective practices and predictors of postsecondary success. The Effective Practices and Predictors Matrix provides quick and easy access to information across all areas of secondary transition

Student Level

Student level transition team are needed to develop and implement individual transition plans. The student level teams writes the IEP, including the transition components. This team may take information from the school level team meeting and use it to assist in writing the IEP for the student. Student level meetings can be held at any time throughout the school year and are scheduled based on need to develop or revise the student's transition plan.

Implication for Practice

- Focus on strengths of students
- Engage families in the transition process
- Identify the employment skills that the student needs to be successful in their career
- Integrate labor market information into the student's transition planning
- Develop and align the IEP and IPE to reflect and support the student's career choice
- Align course of study to meet post school employment goal

The following table provides information about where to find materials that can be used to promote and facilitate interagency collaboration at the student level.

Interagency Collaboration Student Level Resources	
Positive Personal Profile	A Positive Personal Profile (PPP) is a way to "take inventory" of all the attributes of students that will be relevant to their job search, employability, job match, retention and long-range career development. It is a mechanism for collecting information from a variety of sources, including assessments, observations, interviews, and discussions with the job seekers - and people who know them well. It collects information in a way the can easily be used by the IEP team to align the IEP and IPE (Tilson, G.)
CIRCLES: Communicating Interagency Relationships and Collaborative Linkages for Exceptional	Communicating Interagency Relationships and Collaborative Linkages for Exceptional Students (CIRCLES), supports development of teams focused on transition outcomes for students with disabilities. CIRCLES involves three levels of interagency collaboration (i.e., community level team, school level team, and individual level team). The community level team provides administrative leadership for the array of transition services offered and assists in finding solutions for problems that may arise in service delivery. The school level team provides each student with access to an array of representatives from community agencies that may provide services to the student after graduation. The individual level team writes the IEP including the transition component
Transition to Employment Toolkit	A comprehensive and contemporary view of the research based strategies and models of school to work transition for students with disabilities in our country. The Toolkit provides strategies and resources that assist communities and schools develop and provide Transition Services using a cross agency collaborative process.
Lesson Plan Starter: IEP Meeting Involvement Using Person-Centered Planning (NTACT)	Involvement of students and their family is important to ensuring an effective collaborative team. This lesson supports the increase in parental and student involvement in transition planning, Individual Plan for Employment (IPE) development and Individualized Education Program (IEP) meetings.

Effective Practices and Predictors	It is important for teams at the student level to
Matrix (NTACT)	understand current effective practices and
	predictors of post secondary success. The Effective
	Practices and Predictors Matrix provides quick and
	easy access to information across all areas of
	secondary transition.

Section IV: Professional Development

Professional development (PD) is one key mechanism to assist teachers in learning how to implement transition programs. The PD must consider not only the content (e.g. competitive integrated employment) but also identify effective practices for improving teacher performance and essential features of effective PD including professional learning communities (Benitez, Morningstar, & Frey, 2009; DuFour, 2004). Doren, Flannery, Lombardi, and Kato (2012) highlight several effective features of PD including (a) training in small groups, (b) several trainings and continued practice over time, (c) active learning and the use of problem-solving strategies and scenarios, (d) an interactive approach that aligns with the participant's interests and experiences, and (e) use of professional learning communities. Additionally, to improve professional development, it is important to focus on the duration, collective participation, and core feature (i.e., content, active learning, and coherence) than the type of PD (Garet et al., 2001) Lastly, transition professional development programs should provide instruction to special educators on how to evaluate their own transition practices and apply those results to a larger framework (e.g., How do communication skills relate to a student being able to gain employment?). Evaluation of transition practices can assist practitioners in improving their ability to implement quality transition practices and improve transition programs (Benitez, Morningstar, & Frey, 2009).

What Transition Professionals Need to Know

Morningstar and Clark (2003) describe five important areas to provide professional development in transition:

- Knowledge of principles and basic concepts of transition education and service: this
 includes the application of requirements of transition service outlined under IDEA as
 well as research bases practices focused on transition planning and the Individual
 Education Program (IEP).
- 2. Knowledge of models of transition education and services: including knowledge of specific program models focused on individual planning and aligned with secondary education such as models of student focused planning, student development, family involvement, and interagency collaboration (Blalock et al., 2003; DCDT, 2000).
- 3. Skills in using strategies for developing, organizing, and implementing transition education and competencies: including skills needed to implement effective transition

- models, transition assessment, service coordination, and curriculum planning within the context of general and special transition instructional programs.
- **4. Knowledge and use of collaboration competencies:** understanding service coordination with the array of agencies, programs, and services to support young adults with disabilities
- **5.** Knowledge and skills to address systemic problems in transition services delivery: the need to understand and address barriers and strategies for planning, developing, implementing, and promoting transition services and programs at local, state, and federal levels (Kohler, 1998).

The following table provides information about where to find materials that can be used to deliver professional development as well as courses that can be taken for credit.

Audience	Resource
 Practitioners 	The Iris Center
 Administrators 	The IRIS Center is a national center providing professional
 Transition Specialists 	development resources.
Higher Education	http://iris.peabody.vanderbilt.edu
Vocational	Has a section for professional development:
Rehabilitation	Practitioners can earn professional development hours by
	participating in the IRIS Star Legacy Modules.
	Can earn Professional Development hours
	5 Modules for Transition
	Located at: http://iris.peabody.vanderbilt.edu/iris-resource-
	locator/
 Practitioners 	The National Technical Assistance Center for Transition (NTACT)
 Principals 	Provide resources on evidence based practices in Secondary
 Transition Specialists 	Transition for educators and vocational rehabilitation providers
 Vocational 	www.transitionta.org
Rehabilitation	Webinars
	State Toolkit for Examining Post-School Success (STEPSS)
	STEPPS Facilitator Guide
	An Evaluation Toolkit
	http://transitionta.org/evaluationtoolkit
	 Using VR data to improve outcomes
	<u>Using VR Data</u>
 Vocational 	Explore Vocational Rehabilitation
Rehabilitation	ExploreVR offers vocational rehabilitation (VR) agencies easy and
	convenient access to a range of VR research, related data, and
	tools for planning, evaluation, and decision-making
	http://www.explorevr.org
	Job-driven toolkits
	Webinars

	The Open Data Lab Dublications of current receases.
Practitioners	Publications of current research The LEAD Center
 Administrators Transition Specialists Higher Education Vocational Rehabilitation 	The LEAD Center's work focuses on promoting innovation in policy, employment and economic advancement to advance individual and systems level change for all people with disabilities. http://www.leadcenter.org Resource Center with articles, presentations, publications, reports, websites, and white papers. Employment tab has webinars focused on current employment initiatives (e.g., customized employment)
 Practitioners Administrators Transition Specialists Vocational Rehabilitation 	 Employment First Employment First enhances lives by creating greater opportunities for all people to advance their careers. http://www.ohioemploymentfirst.org Professional Development for Employment includes a webbased training for effective supported employment. By participating in the web-based training, practitioners could gain 12 CEUs.
 Practitioners Administrators Transition Specialists Higher Education Vocational Rehabilitation 	The Transition Coalition Located at the University of Kansas, Beach Center on Disability maximizes professional development opportunities for secondary transition and college and career readiness of students with disabilities. http://transitioncoalition.org • Under the tab Training there are resources including: • Online Modules • Webinars • Ask the Experts • Self-study • Graduate programs
 Practitioners Administrators Transition Specialists Higher Education 	University of Maryland College of Education Graduate Certificate for Students in Transition • Graduate Certificate in Career Planning and Placement for Students in Transition
 Vocational Rehabilitation Administrators Transition Specialists 	Association of Community Rehabilitation Educators (ACRE) A national membership organization for trainers and educators who work in the field of employment for people with disabilities (http://www.acreducators.org) Resources for: • Providing Training • Trainings (face-to-face, online, hybrid)

	Competencies Certificates (Basic Employment and Professional Employment Certificates)
 Practitioners Administrators Transition Specialists Higher Education 	Pennsylvania Communities of Practice for Transition (PaTTAN) This website provides resources to build the capacity of local education agencies to serve students who receive special education services. They provide training materials that can result in continuing education credits http://www.pattan.k12.pa.us Pennsylvania Community on Transition Webinar Series

The table below can be used to assist those in higher education on the knowledge needed for personnel preparation.

Personnel Preparation Table for Higher Education

Personnel	Knowledge Needed
Special	Organize specific roles and responsibilities for job coaches and
Education	paraeduators
Teacher	 Establishing regular meeting times for discussion
	 Provide joint feedback to help communication (Blalock, 1991).
	Student-focused planning
	Student development
	Interagency collaboration
	Family involvement
	 Program structures and policies (DCDT, 2000a).
	 Self-determination (e.g., decision making, goal setting, self-awareness) and
	social skills
	 Learning strategies and academic content
	 How to help identify and develop accommodations that students might
	need in school or community activities.
	 Determining specific goals and objectives (Blalock et al., 2003).
	Within each domain of interagency collaboration; curriculum and
	instruction, student-focused planning and assessment, accountability,
	assessment, and post-school outcomes, and family involvement, special
	educators should demonstrate knowledge and skills within three levels of
	secondary school systems:
	 Overarching secondary school systems, supports, and services
	 Specialized supports and services for students with diverse learning
	needs within the general secondary educational context; and finally
	 Specific transition services (Morningstar & Clark, 2003).

	The skills to evaluate transition practices to improve their teaching and
	instruction (Benitez, Morningstar, & Frey, 2009).
	How to be involved in employment-related activities and interagency
	collaboration
	 How transition-related standards could be integrated into the general curriculum
	Professional training on both collaboration knowledge and skills (Li, Professional Training on Doth collaboration knowledge and skills (Li, Professional Training on Doth collaboration knowledge and skills (Li, Professional Training on Both collaboration knowledge and skills (Li, Professional Training on Both collaboration knowledge and skills (Li, Professional Training on Both collaboration knowledge and skills (Li, Professional Training on Both collaboration knowledge and skills (Li, Professional Training on Both collaboration knowledge and skills (Li, Professional Training on Both collaboration knowledge and skills (Li, Professional Training on Both collaboration knowledge and skills (Li, Professional Training on Both collaboration knowledge and skills (Li, Professional Training on Both collaboration knowledge and skills (Li, Professional Training on Both collaboration knowledge and skills (Li, Professional Training on Both collaboration knowledge and skills (Li, Professional Training on Both collaboration knowledge and skills (Li, Professional Training on Both collaboration knowledge and skills (Li, Professional Training on Both collaboration knowledge and skills (Li, Professional Training on Both collaboration knowledge and skills (Li, Professional Training on Both collaboration knowledge and skills (Li, Professional Training on Both collaboration knowledge and skills (Li, Professional Training on Both collaboration knowledge and skills (Li, Professional Training on Both collaboration knowledge and skills (Li, Professional Training on Both collaboration knowledge and skills (Li, Professional Training on Both collaboration knowledge and skills (Li, Professional Training on Both collaboration knowledge and skills (Li, Professional Training on Both collaboration knowledge and skills (Li, Professional Training on Both collaboration knowledge and skills (Li, Professional Tra
Tuonsition	Bassett, & Hutchinson, 2009).
Transition	Knowledge of agencies and systems change
Specialist/	Development and management of Individualized Transition Plans
Coordinator	Working with Others in the transition process
	Vocational assessment and job development
	 Professionalism, advocacy, and legal issues
	Job training and support
	 Assessment (general) competencies that are grounded in skills of
	communication, collaboration, and consultation (Defur & Taymans, 1995).
	Historical, legal, and philosophical foundations of special education
	Characteristics of learners
	Assessment, evaluation, and diagnosis
	Instructional content and practices in transition education
	Planning and managing teaching and learning environment
	Managing student behavior and social interaction skills
	Communication and collaboration skills
	The ability to establish partnerships with key stakeholders
	 Professional and ethical practices in transition (DCDT, 2000b).
Paraeducators/	Para-educators:
Job Coaches	General knowledge (basic special education information plus concepts in
	interpretation and translation)
	Cultural knowledge specific to the school's community.
	 Specific strategies with how to handle situations.
	Job coaches:
	Consumer assessment
	Consumer job duties and responsibilities
	Job analysis of specific skills required
	Communication with consumer on job expectations Training of consumer on analisis is built.
	Training of consumer on specific job skills Training of consumer on specific job skills
	Training on work-related behaviors Orientation of any superity in heits
	Orientation of consumer to job site
	Modifications/adaptations needed
	Monitor relationships between co-workers
	On-site supervision and prepare to fade out
	 Provide follow up services and job development (Blalock, 1991).

Vocational Rehabilitation Counselors

- The importance of active involvement on IEP and transition planning
- Rehabilitation technology
- Employment training
- Workplace demands and opportunities
- Independent living support
- Available services in the community.
- Getting involved early with the IEP team
- Transition programming and collaboration with schools and agencies (Blalock et al., 2003).
- Understanding the functional limitation of various disabilities an the
 vocational implications of function limitations on employment especially
 those who may require specialized services such as individuals with
 traumatic brain injury, post-traumatic stress syndrome, mental illness,
 autism, blindness, or deaf-blindness
- Vocational Assessment tools and strategies
- Counseling and guidance skills (both individual and group)
- Effective use of practices leading to competitive integrated employment such as support employment, internships, apprenticeships, paid work experiences
- Case management and employment services planning
- Understand the broad range of disability, employment, and social services program in the state and local area
- In-depth knowledge of labor market trends, occupational requirements, and other labor market information
- The use of labor market information for vocational rehabilitation counseling
- The use of labor market information to support building and maintaining relationship with employers and to inform delivery of job development
- Understand the effective utilization of rehabilitation technology and job accommodations
- Understanding the provision of ADA and employment related laws
- Advocacy skills
- Skills to address cultural diversity
- Understanding confidentiality and ethical standards and practices (WIOA, 2014).

Career Technical Education Teachers

Information about:

- Legal mandates
- Student characteristics
- Vocational assessment strategies
- Appropriate accommodations
- Behavioral interventions
- Transition planning
- How to link to postsecondary settings

	Gathering assessment information
	How to facilitate student self-determination in setting goals
	Provide career counseling
	Acquire or design relevant job-related curriculum
	 How to coordinate with employers to create job exploration and placement sites
	Collaboration with families, agencies and special education teachers to
	provide comprehensive support services (Blalock et al., 2003).
General	Being able to tie academic content to real-life experiences
Education	Provide linkages to postsecondary options
Teachers	 Promote choice and responsibility in the context of self-determination and self-advocacy
	Communicate closely with families about students' future goals
	 The transition process within general education content and pedagogy courses
	Information on the legal mandates for transition
	 Relevant transition curriculum and instruction, accommodations, and student involvement in educational decision-making.
	 Principles, models, and strategies to support career development and transition for all students (Blalock et al., 2003).
Guidance Counselors	How to provide resources, career education experiences, formal and informal assessments, linkages with postsecondary institutions, and strategies for self-advocacy and self-determination.
	 Collaborate with teachers and service providers to develop and provide student assessment data important for making educational and transition decisions
	 Their instruction should include disability-related and transition content (Blalock et al., 2003).

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