

**4 THINGS
YOU CAN DO
RIGHT NOW TO
STOP
DISABLING
YOUR CHILD
(OR STUDENT)**

ADIBA NELSON
FOUNDER/PRESIDENT, ROCKETCHAIR PRODUCTIONS
AUTHOR OF THE CHILDREN'S BOOK "MEET CLARABELLE BLUE"

A STAR IS BORN

EMORY YVONNE – 5LB 13OZ, 19 INCHES



NOT THE APRIL FOOL'S JOKE I EXPECTED



HOW DO YOU SPELL THAT, AND WHAT DOES IT MEAN?

- BILATERAL SCHIZENCEPHALY
 - PART OF THE CEREBRAL PALSY FAMILY
 - COGNITIVE DELAY
 - APRAXIA OF SPEECH
 - LOW MUSCLE TONE

–LOTS OF THERAPIES

I'M NO MATHEMATICIAN BUT...

- PHYSICAL DISABILITY \neq COGNITIVE DISABILITY
- COGNITIVE DISABILITY \neq INABILITY TO LEARN/UNDERSTAND



HOW WE DISABLE OUR BABIES

- 1:WE BELIEVE WHAT THE DOCTORS TELL US

SOLUTION

- Be a rebel with a cause
- Think outside the box

- 2:WE DON'T DO THOROUGH INVESTIGATIONS OF THEIR EMOTIONS

SOLUTION

- Understand that behavior is a form of communication
- Learn their language
- TEACH OTHERS

- 3:WE ADULT ALL OVER THEM

SOLUTION

- K.I.S.S. (Keep It Simple, Silly) – Teach them how to advocate for themselves, and keep it simple
- Sometimes less is more – Back off and let them problem solve

- 4:WE LET THEM “CUTE” ALL OVER US

SOLUTION

- Consequence over Cuteness
- Societal norms & expectations are real – teach them
- Friendships & interpersonal relationships – help them understand the dynamics of such (i.e. sharing, not hitting, etc.)

CONTACT INFO



Find MORE
ClaraBelle Blue & RocketChair Productions at:
www.clarabelleblue.com



@ClaraBelleBlue



@ClaraBelle_Blue



@ClaraBelle_Blue

FOLLOW US!

EMAIL: adiba@clarabelleblue.com