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| **PROGRAM DESCRIPTION** |
| The **Therapeutic Massage** program prepares students to provide relief and improved health and well-being to clients through the application of manual techniques for manipulating skin, muscles, and connective tissues. The **Therapeutic Massage** program includes instruction in Western (Swedish) massage, sports massage, myotherapy/trigger point massage, myofascial release, deep tissue massage, cranio-sacral therapy, reflexology, massage safety and emergency management, client counseling, practice management, applicable regulations, and professional standards and ethics. |
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| The **Therapeutic Massage** program is designed and delivered as a coherent sequence of school-based and work-based supervised learning. The Professional Skills developed by business and industry leaders across Arizona are integrated throughout the program. The **Therapeutic Massage** students develop leadership, social, civic, and career skills through participation in the Career and Technical Student Organization HOSA(Future Health Professionals). |
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| The **Therapeutic Massage** instructional program prepares students for entry-level employment, further training, and/or post-secondary education for these and other occupations: Licensed Massage Therapist and Licensed Medical Massage Therapist |
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| **INDUSTRY CREDENTIALS** |
| The following credentials have been approved for the A-F CCR and are CTED eligible for the **Therapeutic Massage** instructional program:  • Licensed Massage Therapist (LMT) |
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| **COHERENT SEQUENCE** |
| 51.3500.10 - Therapeutic Massage I, **and** |
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| 51.3500.20 - Therapeutic Massage II, **and program may elect to add:** |
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| 51.3500.25- Therapeutic Massage III, **or** |
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| 51.3500.40 - Therapeutic Massage IV, **or** |
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| 51.3500.70 - Therapeutic Massage – DCE (Diversified Cooperative Education) **or** |
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| 51.3500.75 - Therapeutic Massage – Internship **or** |
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| 51.3500.80 - Therapeutic Massage – Cooperative Education |

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| **TEACHER CERTIFICATION REQUIREMENTS**  The instructor must be ADE/CTE certified in one of the following Certificates: PCTHC, SCTHC, or SSCTEHC.  Note:   * Therapeutic Massage 51.3500.70 may be a part of the sequence and the teacher must hold a Cooperative Education Endorsement (CEN). * Therapeutic Massage 51.3500.75 is not required to have a Cooperative Education Endorsement (CEN). * Therapeutic Massage 51.3500.80 is required to have a Cooperative Education Endorsement (CEN). | |
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| CERTIFICATE TYPES | |
| **PCTHC** | Provisional Career and Technical Education Health Careers |
| **SCTHC** | Standard Career and Technical Education Health Careers |
| **SSCTEHC** | Standard Specialized Career and Technical Education Health Careers |