

THERAPEUTIC MASSAGE 51.3500.00

Program Description, Industry Credentials, Coherent Sequence, and Teacher Certification

PROGRAM DESCRIPTION

The **Therapeutic Massage** program prepares students to provide relief and improved health and well-being to clients through the application of manual techniques for manipulating skin, muscles, and connective tissues. The **Therapeutic Massage** program includes instruction in Western (Swedish) massage, sports massage, myotherapy/trigger point massage, myofascial release, deep tissue massage, cranio-sacral therapy, reflexology, massage safety and emergency management, client counseling, practice management, applicable regulations, and professional standards and ethics.

The **Therapeutic Massage** program is designed and delivered as a coherent sequence of school-based and work-based supervised learning. The Professional Skills developed by business and industry leaders across Arizona are integrated throughout the program. The **Therapeutic Massage** students develop leadership, social, civic, and career skills through participation in the Career and Technical Student Organization HOSA (Future Health Professionals).

The **Therapeutic Massage** instructional program prepares students for entry-level employment, further training, and/or post-secondary education for these and other occupations: Licensed Massage Therapist and Licensed Medical Massage Therapist

INDUSTRY CREDENTIALS

The following credentials have been approved for the A-F CCR and are CTED eligible for the **Therapeutic Massage** instructional program:

- Licensed Massage Therapist (LMT)

COHERENT SEQUENCE

51.3500.10 - Therapeutic Massage I, **and**

51.3500.20 - Therapeutic Massage II, **and program may elect to add:**

51.3500.25- Therapeutic Massage III, **or**

51.3500.40 - Therapeutic Massage IV, **or**

51.3500.70 - Therapeutic Massage – DCE (Diversified Cooperative Education) **or**

51.3500.75 - Therapeutic Massage – Internship **or**

51.3500.80 - Therapeutic Massage – Cooperative Education

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TEACHER CERTIFICATION REQUIREMENTS

The instructor must be ADE/CTE certified in one of the following Certificates: PCTHC, SCTHC, or SSCTEHC.

Note:

- Therapeutic Massage 51.3500.70 may be a part of the sequence and the teacher must hold a Cooperative Education Endorsement (CEN).
- Therapeutic Massage 51.3500.75 is not required to have a Cooperative Education Endorsement (CEN).
- Therapeutic Massage 51.3500.80 is required to have a Cooperative Education Endorsement (CEN).

CERTIFICATE TYPES

PCTHC Provisional Career and Technical Education Health Careers
SCTHC Standard Career and Technical Education Health Careers
SSCTEHC Standard Specialized Career and Technical Education Health Careers