

### What is home visiting?

- "The term, 'home visiting' refers to an evidence-based strategy in which a professional or paraprofessional renders a service in a community or private home setting." from the American Academy of Pediatrics Early Childhood Home Visiting in the journal Pediatrics, Volume 140, number 3, September 2017
- Families served by home visitation programs may or may not have special needs.

### Program Overview

- > Free!
- Limited eligibility requirements
- Services for families with children prenatal to age 5 if enrolled prior to age 3
- Evidenced based program and curriculum
- > Bilingual Parent Educators are available.
- Voluntary



#### VISION

All children will learn, grow, and develop to realize their full potential.

#### **MISSION**

To provide the information, support, and encouragement parents need to help their children develop optimally during the crucial early years of life.

### **Core Values**

The work of Parents as Teachers is grounded in these basic beliefs:

- > Parents are their children's first and most influential teachers.
- > The early years of a child's life are critical for optimal development and provide the foundation for success in school and life.
- Established and emerging research should be the foundation of parent education and family support curricula, training, materials, and services.
- > All young children and their families deserve the same opportunities to succeed, regardless of any demographic, geographic, or economic considerations.
- > An understanding and appreciation of the history and traditions of diverse cultures is essential in servicing families.

### **YPAT Goals**

#### Short-Term

- Increase in healthy pregnancies and improved birth outcomes (when services are delivered prenatally)
- > Increase in parents' knowledge of their child's emerging development and ageappropriate child development
- > Improved parenting capacity, parenting practices, and parent-child relationships
- Improved family health and functioning

### \* Intermediate:

- > Improved child health and development
- > Prevention of child abuse and neglect
- Increased school readiness
- > Increased parent involvement in children's care and education

### \* Long-Term:

> Strong communities, thriving families, and children who are healthy, safe, and ready to learn.

- Arizona Health Start women who are pregnant or have a child under 2 years old
- Early Head Start families with children under 5 years old
- Healthy Families Arizona families with an infant under 3 months old
- Nurse-Family Partnership first-time mothers less than 28 weeks pregnant
- Parents as Teachers families with a child on the way or under 5 years old
- Family Spirit Native American families with children under 3 years old
- High Risk Perinatal/Newborn Intensive Care Program families with newborns who have been in intensive care
- SafeCare families with a child under 5 years old

# Available Programs to Help Parents in Arizona

Use the zip code search on the Strong Families AZ website for more detailed information about:

- Programs
- Community services
- Success stories

### Who pays for this in Arizona?

- First Things First money comes from a tobacco tax in Arizona that pays for supports for children from birth to five years old.
- MIECHV Maternal, Infant, and Early Childhood Home Visiting Program is funded as part of the ACA.
- Home visiting through Early Head Start is funded through part of the American Recovery and Reinvestment Act.

AzEIP is funded with state and federal monies and is Part C of the IDEA. This program has a family cost share component.

### Why do children struggle in school?

- Count off 1,2,3,4.
- Go to the group that corresponds to your number.
- Brainstorm reasons that children struggle in school.
- Choose a writer to write the ideas on the chart paper.
- Choose a reporter to share with the whole group.



## What do Yuma Parents as Teachers home visitors do?

- Conduct Screenings and Assessments
- Help parents develop child, parent, and family goals based on the screenings and assessments, or any other concerns.
- Provide information about child development
- Provide developmentally appropriate activities
- Focus on Family Well-Being
- Invite to Group Connections
- Refer to medical professionals, education professionals, and a variety of community services

### What happens in the home?

### Personal Home Visits

- > Focus on parent-child interactions, development-centered parenting, and family well-being.
- Parent Educators use foundational visit plans and planning guides from the curriculum to design and deliver personal visits to families.
- > Families receive a minimum of two visits per month.



- Ages and Stages Questionnaire 3
- Ages and Stages Questionnaire: Social-Emotional 2<sup>nd</sup>
   Edition
- Edinburgh Postnatal Depression Scale
- Otoacoustic Emmisions hearing screening
- Pure Tone hearing screening
- Spot Vision screener
- Modified Checklist for Autism in Toddlers (M-CHAT)
- Life Skills Progression (LSP)
- Bracken School Readiness Assessment
- Parenting Interactions with Children: Checklist of Observations Linked to Outcomes (PICCOLO)

## Screenings & Assessments







OAE - otoacoustic emmisions

Pure Tone Audiometry

Spot Vision Screener

- Prenatal
  - 1st trimester
  - 2<sup>nd</sup> trimester
  - 3<sup>rd</sup> trimester
- Birth 1 ½ months
- 1 ½ Months 3 ½ months
- 3 ½ to 5 ½ months
- ∘ 5 ½ 8 months
- 8 to 14 months
- 14 to 24 months
- 24 to 36 months
- 3 to 4 years
- 4 to 5 years
- 5 to 6 years

# Provide information about child development

**DOMAINS:** 

Language

Cognitive

Social-Emotional

Motor (fine & gross)

- Infant massage
- Tummy time
- Nursery Rhymes & Songs
- Helping Your Baby Move
- Ball play
- Chips in a Can
- Block play
- Homemade play dough letters
- All Gone Game
- ∘ I Like Me Because...
- Jump and Count

# Provide development-ally appropriate activities

Language

Cognitive

Social-Emotional

Motor (fine & gross)

## READ, READ, READ!

ANY LANGUAGE! ANY TIME OF DAY! YOU DON'T HAVE TO READ THE WHOLE BOOK! TALK ABOUT THE PICTURES AND WHAT THE CHARACTERS ARE DOING AND FEELING!







- First Smiles
- Local parks play games and use playground equipment
- Pool party
- Holiday crafts
- Mother's Day/Father's Day
- Library tours
- Yoga
- Zumba
- Presentations from other non-profit agencies
- ADE Standards presentations
- Yuma County Transportation

### Group Connections

Yuma

Somerton

San Luis, AZ

Wellton & East Yuma
County

SNACKS AND/OR MEALS ARE PROVIDED

- Medical services
- Dental services
- AHCCCS & similar programs
- AzEIP
- School districts
- Head Start
- o DDD
- Libraries
- Health fairs
- Parks & Recreation
- · WIC
- Ashline

### Referrals

Medical

Educational

Community

## What types of disabilities may require Special Education?

- Percentage of total enrollment for the 5 largest populations in 2014-15:
  - Specific Learning Disabilities 4.5%
  - Speech or language impairment 2.6%
  - Other Health Impairment 1.7%
  - Developmental Delay 0.8%
  - Intellectual Disability 0.8%

Source: U. S. Department of Education, National Center for Education Statistics. (2018). *Digest of Education Statistics*, 2016 (NCES 2017-094), Chapter 2

### 7 areas of Specific Learning Disabilities

- Oral expression
- Listening comprehension
- Written expression
- Basic reading skill
- Reading fluency skills
- Reading comprehension
- Mathematics calculation
- Mathematics problem solving

## Is home visiting effective? (1 of 5)

• American Academy of Pediatrics, Early Childhood Home Visiting in the journal Pediatrics, Volume 140, number 3, September 2017 Policy Statement includes: "High-quality home-visiting services for infants and young children can improve family relationships, advance school readiness, reduce child maltreatment, improve infant-maternal health outcomes, and increase family economic self-sufficiency."

## Is home visiting effective? (2 of 5)

• Early Childhood Home Visitation Programs in Arizona: A Benefit-Cost Analysis by Dr. Anthony Evans and John A. Shoemaker, MPH, published February 2016 states in the Executive Summary: "This study estimates that Arizona receives \$1.87 in benefits for every \$1 collectively invested in evidence-based early childhood home visitation programs." Also, "The study concludes that the benefits of implementing evidence-based early childhood home visitation programs in Arizona significantly outweigh the costs."

## Is home visiting effective? (3 of 5)

- Office of Planning, Research and Evaluation, Administration for Children and Families, U. S. Department of Health and Human Services, Home Visiting Evidence of Effectiveness (HomVEE) annually researches the literature regarding home visiting models. The results are published and are in the public domain. The October, 2018 study identified 20 home visiting models that meet the HHS criteria for evidence-based early childhood home visiting service delivery model.
  - Models have multiple favorable effects.
  - Models have sustained impacts.
  - Replication is uncommon.
  - Results are not limited to subgroups.
  - Few unfavorable effects were reported.

## Is home visiting effective? (4 of 5)

- The PEW Charitable Trusts Home Visiting Campaign commissioned studies that found:
  - Evidence-based means an ongoing process.
  - "...high quality home visiting can significantly improve first-grader's school readiness and reduce the rate at which they repeat first grade."
  - "The program still cut the rate of retention in first grade by half."
  - "...too many at-risk children are on a path toward academic failure due to inadequate school readiness skills. These 'soft skills,' including the ability to follow instructions, work or play cooperatively, and complete work on time, are prerequisites for the ability to develop the cognitive and academic skills that lead to future success."

## Is home visiting effective? (5 of 5)

- Abstract re: Effect of Preschool Home Visiting on School Readiness and Need for Services in Elementary School from JAMA Pediatrics 2018 Aug 6
  - Research-Based and Developmentally Informed-Parent home visiting program (REDI-P) followed children from preschool through third grade.
  - "Conclusion and Relevance: REDI-P produced sustained benefits evident 4 years after intervention, significantly reducing child need for school services. The results of this study appear to validate the value of preschool home visiting as a strategy to help close the gap in school readiness and child well-being associated with poverty."



- Zero to Three zerotothree.org
- Center on the Developing Child at Harvard University developingchild. Harvard.edu
- First Things First Arizona firstthingsfirst.org
- Strong Families AZ strongfamiliesaz.com
- National Association for the Education of Young Children naeyc.org
- Parents as Teachers parentsasteachers.org
- National Home Visiting Resource Center nhvrc.org
- Pew Charitable Trusts pewstates.org
- Yale Autism Program https://medicine.yale.edu/childstudy/research/clinical/autism\_ne urodevelopment/

## Additional resources

If you would like a copy of this PowerPoint, please send me an email. My business cards are on the back table.

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