Name of Center:		
Menu for the Week of _	to	Week



	MON	TUES	WED	THURS	FRI
BREAKFAST					
Grain or Meat/Meat Alternate					
Fruit/Vegetable					
Fluid Milk					
Extra					
LUNCH					
Meat/Meat Alternate					
Grain					
Vegetable					
Fruit or Vegetable					
Fluid Milk					
Extra					
SNACK					
Component 1					
Component 2					
Extra					
A	lala setti a anti a sa anti Miliana al Fa	_		04-4	

Acronyms

WGR: Whole Grain-Rich
HM: Homemade
CN: Processed/Convenience
Item (CN label available)

Identification of Mixed Foods

(i.e., fruit salad: apples, peaches, banana)

Menu Statements

All juices served are 100% juice.

Name of Center:		
Menu for the Week of _	to	Week



	MON	TUES	WED	THURS	FRI
BREAKFAST					
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Fruit/Vegetable					
Fluid Milk					
Extra					
LUNCH					
Meat/Meat Alternate					
Grain					
Vegetable					
Fruit or Vegetable					
Fluid Milk					
Extra					
SNACK					
Component 1					
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A	lala setti a anti a sa anti Miliana al Fa	_		04-4	

Acronyms

WGR: Whole Grain-Rich HM: Homemade CN: Processed/Convenience Item (CN label available)

Identification of Mixed Foods

(i.e., fruit salad: apples, peaches, banana)

All juices served are 100% juice.

Whole milk is served to participants 12-23 months. Participants 24 months and older receive 1% or fat-free milk.

Menu Statements

Name of Center:		
Menu for the Week of _	to	Week



	MON	TUES	WED	THURS	FRI
BREAKFAST					
Grain or Meat/Meat Alternate					
Fruit/Vegetable					
Fluid Milk					
Extra					
LUNCH					
Meat/Meat Alternate					
Grain					
Vegetable					
Fruit or Vegetable					
Fluid Milk					
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Component 1					
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A	lala setti a anti a sa anti Miliana al Fa	_		04-4	

Acronyms

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(i.e., fruit salad: apples, peaches, banana)

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