# **CELEBRATIONS!**



Holidays (organized by month) to consider when designing your FFVP service plan.





### **JANUARY**

NATIONAL FIBER FOCUS MONTH

NATIONAL FOLIC ACID AWARENESS WEEK – STARTS THE FIRST MONDAY

1ST - NATIONAL APPLE GIFTING DAY

6<sup>TH</sup> – NATIONAL BEAN DAY

9<sup>TH</sup> - NATIONAL APRICOT DAY

23RD - NATIONAL RHUBARB DAY

#### **FEBRUARY**

NATIONAL CHERRY MONTH

NATIONAL BERRY FRESH MONTH

NATIONAL SWEET POTATO MONTH

NATIONAL GRAPEFRUIT MONTH

8<sup>TH</sup> – NATIONAL POTATO LOVER'S DAY 17<sup>TH</sup> – NATIONAL CABBAGE DAY

27<sup>TH</sup> - NATIONAL STRAWBERRY DAY

### **MARCH**

NATIONAL NUTRITION MONTH

NATIONAL SCHOOL BREAKFAST WEEK – STARTS THE FIRST MONDAY

13TH - NATIONAL RDN DAY

16TH - NATIONAL ARTICHOKE HEARTS DAY

21<sup>ST</sup> – NATIONAL CALIFORNIA STRAWBERRY DAY

26TH - NATIONAL SPINACH DAY







**APRIL** 

NATIONAL FRESH CELERY MONTH
NATIONAL GARDEN MONTH

7<sup>TH</sup> – WORLD HEALTH DAY

MAY

NATIONAL ASPARAGUS MONTH
NATIONAL SALAD MONTH

NATIONAL STRAWBERRY MONTH

NATIONAL TEACHER APPRECIATION WEEK – STARTS THE FIRST MONDAY

27TH - NATIONAL PICK STRAWBERRIES DAY

JUNE

NATIONAL FRUITS AND VEGETABLES MONTH
NATIONAL PAPAYA MONTH

1ST - NATIONAL OLIVE DAY

11TH - NATIONAL CORN ON THE COB DAY

17TH - NATIONAL EATYOUR VEGETABLES DAY







**JULY** 

NATIONAL CULINARY ARTS MONTH

NATIONAL JULY BELONGS TO BLUEBERRIES

MONTH

4<sup>TH</sup> – INDEPENDENCE DAY

11TH - NATIONAL RAINIER CHERRY DAY

31ST - NATIONAL AVOCADO DAY

### AUGUST

NATIONAL WELLNESS MONTH
NATIONAL PEACH MONTH

NATIONAL FARMERS MARKET WEEK – STARTS THE FIRST MONDAY

3<sup>TH</sup> - NATIONAL WATERMELON DAY

8<sup>TH</sup> – NATIONAL SNEAK SOME ZUCCHINI INTO YOUR NEIGHBOR'S PORCH DAY

# **SEPTEMBER**

NATIONAL CHILDHOOD OBESITY AWARENESS MONTH

NATIONAL MUSHROOM MONTH

NATIONAL PAPAYA MONTH

NATIONAL POTATO MONTH

7<sup>TH</sup> - NATIONAL ACORN SQUASH DAY

26<sup>TH</sup> - NATIONAL JOHNNY APPLESEED DAY







#### **OCTOBER**

NATIONAL FARM TO SCHOOL MONTH

NATIONAL EAT BETTER, EAT TOGETHER MONTH

NATIONAL APPLE MONTH

PEAR AND PINEAPPLE MONTH

RHUBARB MONTH

NATIONAL SCHOOL LUNCH WEEK - STARTS THE SECOND MONDAY

12<sup>TH</sup> – NATIONAL FARMER'S DAY 26<sup>TH</sup> – NATIONAL PUMPKIN DAY

SPINACH LOVERS MONTH

#### **NOVEMBER**

NATIONAL POMEGRANATE MONTH
NATIONAL PEPPER MONTH
SPINACH AND SQUASH MONTH
SWEET POTATO AWARENESS MONTH

NATIONAL FIG WEEK – 1ST THROUGH 7TH

23rd - NATIONAL EAT A CRANBERRY DAY

## DECEMBER

NATIONAL PEAR MONTH

NATIONAL ROOT VEGETABLES MONTH

NATIONAL EXOTIC FRUITS MONTH

WORLDWIDE FOOD SERVICE SAFETY MONTH

1ST - NATIONAL EAT A RED APPLE DAY



