

Beyond Preschool: Building Social and Emotional Skills in K-3

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Part 3: Applying the Learning to Classroom Practice

“A GOAL WITHOUT A PLAN IS JUST A WISH”

ANTOINE DE SAINT-EXUPERY



Objectives



- Gain strategies for incorporating the teaching, modeling, and practicing of social and emotional skills into
 - Routines
 - Transitions
 - Core content lessons: science, social studies, math, writing, and reading
- Review grade level standards for math, science, social studies, and language arts and make connections to core social and emotional skills

Routines:

- Morning Work
 - Choice baskets
 - Emotional Check-in
 - Daily goal setting
- Debrief/Wrap Up
 - Sharing thinking
 - Problem/solutions
- Clean Up
 - Review Daily Goal
 - Reflection
 - Organization

Emotion check in



Transitions

- Use a timer
- Make it a game
 - Simon Says
 - Red Light, Green Light
- Practice mindfulness
- Question / Prompt to think about
 - Would you rather?
 - Solve this problem
 - How would you feel?



Literacy

- Ask read aloud questions that relate to SEL competencies
- Write from the perspective of someone else
- Set individual goals for reading and writing
- Choice
 - Content: topic, type of media
 - Process: where, with who, tools
 - Product: type of writing, type of response



Math

- Collaborative Games
- Number talks
- Counting Collections
- Choice
 - Content, Process, Product



Science

- Plan and Carry Out Investigations: analyze, solve problems, evaluate, reflect
- Design and Evaluate
- Choice
 - Content, Process, Product



Social Studies

- Identify character traits and SEL skills in historical figures
- Identify problems from the past and analyze how they were solved
- Role Plays
- Choice
 - Content, Process, Product




LET'S
PRACTICE



Arizona Department of Education: Kindergarten – Grade 3 Standards

- Literacy
- Math
- Science
- Social Studies

Task:

- Review picture books provided and identify connections to SEL and core grade level content
 - Review standards and make connections / find opportunities to embed SEL skills
 - Use interactive modeling planning forms to create teaching plans for SEL skills
 - Review resources and plan for implementing one or more ideas into your teaching
 - Reflect and connect with the learning in a way that makes the most sense to you
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Pause
Reflect
Set a Goal

*What is one thing
that you learned
today?*

*What is one thing
that you will try in
your classroom
tomorrow?*





References and Resources

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- Responsive Classroom www.responsiveclassroom.org

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