

Arizona Department of Education

Career and Technical Education

Recommended Equipment List

Program: Sports Medicine and Rehabilitation Services
CIP#: 51.0800.50

NOTE: The following items and descriptions are the recommended equipment guidelines for each **CTE Sports Medicine and Rehabilitation** program. Please note that this list of recommended items does not necessarily need to be supported financially by Federal Perkins or State Priority funding sources. In many cases, local school district funds are used to purchase items on a regular basis (i.e. furniture, consumables, etc.) Further, please understand that this is not an exhaustive list. Local program and business needs may necessitate the purchase of additional equipment and software resources, as may the rapidly-changing nature of the industry-specific technologies used in the program.

Please contact ADE-CTE Program Specialist Molly Cohen (molly.cohen@azed.gov), if you have questions regarding the appropriateness of any item you are considering for addition to your **CTE Sports Medicine and Rehabilitation** program.

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Item	Notes
Taping station (4 station capacity included), 1 per program	
Treatment tables	
Locking cabinet	
Treadmill	
Stationary bicycles	
Full body skeleton/body models	
Mannequins for CPR instruction (half body)	
AED trainers	
Charts (to include nutrition, health education, anatomical, skeletal, muscle, ligaments)	
Biohazard warning signs, symbols, labels	
Copier/printer/tablet/ internet access for online activities	
Camera with printer	
First aid supplies (inclusive of tourniquets, bandages, splints, wraps), peroxide, first aid cream	
Barrier supplies (gloves, safety goggles, masks)	
Sink/Soap dispensers	
Wheelchair	
Canes	
Crutches	
Ace wraps	
Cold application packs	
Body blades, spine boards, slide boards, balance/wobble boards, exercise rail systems with theraband	
Sleeves, braces	
Splints – vacuum, aluminum (SAM), cardboard	
Slings	
Various athletic tape for injuries for immobilization and taping techniques	
Dumbbells	
Exercise equipment and bars (teacher choice)	
Exercise mats	
Ankle weights	
Exercise and stretch balls	
Stop watches	
Scales, skinfold calipers, bioelectrical impedance	

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Measuring tapes	
Blood pressure cuffs – manual and digital	
Stethoscopes	
Heart rate monitors	
Pulse oximeter	
Peak flow meter	