# **ESS Behavior Supports**

# Special Education Advisory Panel Meeting March 30, 2021 Celeste Nameth



# **PBIS Review for Fluency**

# $\mathbf{MTBS} = \mathbf{PBIS}$

# **U.S. Schools Using PBIS**



# Impact of PBIS in the U.S.

# > 29,803 schools using PBIS > 30% of all schools > 16,286,480 students

# **AZ PBIS Implementation**

Year	ECH/ Pre	Elem	Middle/Jr. High	High	K-8	K-12	Other	Alt/ JJ	Total
2018		176	52	37	67	3	2		337
2019	2	155	54	41	114	4	1	3	374
2020	3	267	85	50	126	4	2	4	541

# What is School-Wide PBIS?

Positive Behavior Supports is a proactive, data-driven systems approach

to improving social and academic competence for all students

# **Key Findings of PBIS Research**

- 1. Reduction in problem behavior
- 2. Increased academic performance
- 3. Increased attendance
- 4. Improved perception of safety
- 5. Reduction in bullying behaviors
- 6. Improved organizational efficiency
- 7. Reduction in staff turnover
- 8. Increased perception of teacher efficacy
- 9. Improved social-emotional competence

# **Multi-Tiered System of Supports**

Tier III

**Tier I** 

#### **Academic Supports**

#### Intensive, Individualized Interventions (TIER III)

- Individual students
- Assessment based
- High integrity
- 1-5% of students

#### **Targeted (Group) Interventions (TIER II)**

- Some students
- High efficiency
- 5-15% of students

#### **Universal Interventions (TIER 1)**

- All students
- Preventative, proactive
- Provided to all, will meet the needs of 80%

#### **Behavior Supports**

#### Intensive, Individualized Interventions (TIER III)

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#### Targeted (Group) Interventions( Tier 11)

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- High efficiency
- 5-15% will require

#### **Universal Interventions (Tier 1)**

- All students
- Preventive, proactive
- Provided to all, will meet the needs of 80%

# **All Means All**



# **Interventions by Tier**



# **Treat Behaviors like Academics**

If a child doesn't know how to read, we teach If a child doesn't know how to swim, we teach If a child doesn't know how to multiply, we teach If a child doesn't know how to drive, we teach If a child doesn't know how to behave, we... teach? punish? Why can't we finish the last sentence as automatically as we do the others?

# **Tier I PBIS Core Features**



# The quickest way to change anyone's behavior...

# is to point out exactly what they are doing correctly!

# **The Hard Facts about Positive Feedback**

Children comply the rules 80% of the time; however, they are complimented or rewarded for following the rules or behaviors only 2% of the time

# **Adaptations during Covid-19**



# **Hybrid Expectations**



School Wide Rules	In Person Classroom Expectations					
	Entering Class	During Instruction	Recess	Lunch		
Safe	<ul> <li>Sanitize and walk directly to your assigned seat</li> <li>Use equipment as intended</li> <li>Use kind words and faces</li> </ul>	<ul> <li>Keep your mask on</li> <li>Use kind words and faces</li> </ul>	<ul> <li>Keep your mask on</li> <li>Use kind words and faces</li> </ul>	<ul> <li>Sanitize and walk directly to your assigned seat</li> <li>Remove your mask when you are seated at your table to eat</li> </ul>		
O <sub>pen-</sub> minded	<ul> <li>Be ready to learn</li> </ul>	<ul> <li>Actively participate</li> <li>Be positive</li> <li>Listen to others</li> <li>Share your ideas</li> </ul>	<ul> <li>Only play with school provided materials</li> <li>Try new things where you can play distanced</li> </ul>	<ul> <li>Pack a healthy lunch</li> </ul>		
Always Kind	<ul> <li>Wave good morning from a distance to your classmates</li> </ul>	<ul> <li>Raise your hand</li> <li>Encourage others to participate</li> </ul>	<ul> <li>Give others space around you on the Jungle Gym</li> <li>Wave at your friends</li> </ul>	<ul> <li>Keep inside voices if talking to those around you</li> </ul>		
Responsible	<ul> <li>Be on time &amp; ready to learn</li> <li>Get your Chromebook ready</li> <li>Have materials ready</li> </ul>	<ul> <li>Ask questions</li> <li>Encourage each other to stay on topic</li> <li>Be present</li> </ul>	<ul> <li>Wash your hands after</li> <li>Drink water</li> </ul>	<ul> <li>Clean up your area when you are done</li> </ul>		

Classroom Routines and Procedures					
Virtual Entry During Virtual Time Assignments Virtual Exit					
<ul> <li>Audio off</li> <li>Choose a distraction free space</li> <li>All Materials Ready</li> </ul>	<ul> <li>Audio off unless prompted or in small group</li> <li>Raise your hand or ask questions in chat</li> <li>Active listening - no multitasking</li> </ul>	<ul> <li>Submit all assignments into Google Classroom</li> <li>Use your own knowledge and approved resources</li> </ul>	<ul> <li>Leave the virtual space when prompted</li> </ul>		

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# **How to Stay Safe**



# **Socially Connected while Physically Distant**

#### **Practice Guide**

PBIS Positive Behavioral Interventions & Supports

CENTER ON

November 2020

#### **Socially Connected While Physically Distant**

In the current context of physical distancing and personal protective equipment, it may seem harder to connect. Masks will hide smiles and other positive expressions, and our need to maintain space may inadvertently send messages of "stay away" instead of "welcome."

We need to be more intentional with establishing positive connections. As we cannot rely on expressions or physical touch, we will need to consider how to use our words to more fully convey the meaning of our welcome, connections, and positive feedback.



# **Supporting Families with PBIS at Home**

# Set Expectations at Home

#### School Example

	Classroom	Cafeteria	Dismissal
Be Respectful	Raise your hand before speaking	Throw your food away when done eating	Listen to teacher instructions
Be Responsible	Turn in your homework when it is due	Bring your lunch money to lunch	Have your backpack ready
Be Safe	Walk when holding scissors	Keep feet on the floor	Walk in the hallways

#### Home Example

	Virtual Classroom	Mealtime	Bedtime
Be Respectful	Keep background noise to a minimum when engaged in lesson	Be kind to family members during conversation Put your dishes in the sink	Be polite when reminded about bedtime
Be Responsible	Do your best work Turn in your homework when it is due	Wash your hands before helping with meal preparation and/or eating	Go to bed on time
Be Safe	Keep open drink away from computer keyboard	Keep feet on the floor	Wash your hands before brushing your teeth



# How Teachers in Non-PBIS Schools Can Increase Positive Acknowledgements

## **Good Behavior Game**

- T-chart
- Teach behavioral expectations
- Students earn points for positive behavior
- Teacher gets points for negative behavior
- · Total points at the end to determine if a "reward is earned"

### Good Behavior Game Free Training for AZ Teachers



# **Tier II PBIS Core Features**



# **Major Features of Tier 2 Interventions**

- Intervention is continuously available
- Rapid access to intervention (72 hours)
- Continuous monitoring for decision-making
- Very low effort by teachers
- Consistent with school-wide expectations
- Implemented by all staff/faculty in a school
- Flexible/adaptable intervention (to match w/ function of behavior)
- Adequate resources (coordination, administrative, team)
- Student chooses to participate

# **Common Tier 2 Interventions**

- CICO (Check-in, Check out)
- HUG (Hello, Update, Goodbye)
- Social Skills Groups
- Homework Help
- Academic Skills Groups
- Mentors
- Lunch Bunch

# **CICO Daily Point Card**



GOALS	Morning	PE/Music	Reading	Math	Afternoon
Be Respectful	$\odot$ $\odot$ $\otimes$	$\odot$ $\odot$ $\otimes$	$\odot$ $\ominus$ $\otimes$	$\odot$ $\ominus$ $\otimes$	$\odot$ $\odot$ $\otimes$
Be Responsible	$\odot$ $\ominus$ $\otimes$	$\odot$ $\odot$ $\otimes$	$\odot$ $\odot$ $\otimes$	$\odot$ $\odot$ $\otimes$	$\bigcirc \oplus \\ \ominus \\ \bigcirc \\ \bigcirc$
Be Safe	0 9 8	0 9 8	0 9 8	0 9 8	0 9 8

# **Adapting CICO for Remote Learning**



PBIS Positive Behavioral Interventions & Suppo

GUIDANCE ON ADAPTING CHECK-IN CHECK-OUT (CICO) FOR DISTANCE LEARNING

CENTER ON PBIS

May 2020

# **Tier III PBIS Core Features**



# **Basic FBA Online Training**

#### Basic FBA to BIP

Home & e-Learning Modules 
Basic FBA to BIP Overview 
Planning for Effective Use 
Forms & Resources 
About Us

# Basic FBA to BIP

Welcome! Use the buttons below to take you to the training modules. The Behavior Specialist Training includes all 7 modules and is for those who will be the leading behavior support efforts in the school. The School-wide Training consists of two modules for all staff in the school. The top navigation bar will provide information on how to most effectively use these training resources and don't miss the blog below.

BEHAVIOR SPECIALIST TRAINING

SCHOOL-WIDE TRAINING

# **Data Collection**

We provide schools with a <u>free</u> <u>excel Spreadsheet to graph</u> <u>the BSP data</u> and <u>free video</u> <u>that explains how to set-up</u> <u>and use the graph.</u>



# **Geographic View of Location of Schools**





# **Training by Team Type**

**Type of School/Team** 



# **Total Teams Trained From 2011-2012 through Current School Year**

Type of Team/School	Total Trained		
District School	77		
District Leadership	11		
Charter	9		
<b>Public School/Tribal Community</b>	5		
Tribal	1		
Alternative	2		
Total All Teams	105		

## **District-Wide Out-of-School Suspension Data**



# Office Discipline Referral (ODR) Data as Training Progresses ODR Data



# Questions



Photo by Matt Walsh on Unsplash