

RECOMMENDED MINUTES OF INSTRUCTIONAL TIME

The Department of Education suggests students have regular standard-based instruction every year. The amount of time individual students need to learn these standards will vary. The chart below recommends instructional time necessary for students to master the Arizona State Standards. These recommendations do not explicitly address the needs of students who are far below or far above the grade level.

Grade	English Language Arts/Reading	Mathematics	Science	Social Studies
Kindergarten	Core: 90 mins daily/450 mins wkly Tier II: 90 mins wkly Tier III: 225 mins wkly	60 mins daily/300 mins wkly	18 mins daily/90 mins wkly	18 mins daily/90 mins wkly
First Grade	Core: 90 mins daily/450 mins wkly Tier II: 90 mins wkly Tier III: 225 mins wkly	60 mins daily/300 mins wkly	30 mins daily/150 mins wkly	30 mins daily/150 mins wkly
Second Grade	Core: 90 mins daily/450 mins wkly Tier II: 90 mins wkly Tier III: 225 mins wkly	60 mins daily/300 mins wkly	30 mins daily/150 mins wkly	30 mins daily/150 mins wkly
Third Grade	Core: 90 mins daily/450 mins wkly Tier II: 90 mins wkly Tier III: 225 mins wkly	60 mins daily/300 mins wkly	40 mins daily/200 mins wkly	40 mins daily/200 mins wkly
Fourth Grade	Core: 90 mins daily/450 mins wkly Tier II: 90 mins wkly/ Tier III: 225 mins wkly	60 mins daily/300 mins wkly	45 mins daily/225 mins wkly	45 mins daily/225 mins wkly
Fifth Grade	Core: 90 mins daily/450 mins wkly Tier II: 90 mins wkly Tier III: 225 mins wkly	60 mins daily/300 mins wkly	45 mins daily/225 mins wkly	45 mins daily/225 mins wkly
Sixth Grade	50 mins daily/250 mins wkly	60 mins daily/90 mins block schl	50 mins daily/250 mins wkly	50 mins daily/250 mins wkly
Seventh Grade	50 mins daily/250 mins wkly	60 mins daily/90 mins block schl	50 mins daily/250 mins wkly	50 mins daily/250 mins wkly
Eighth Grade	50 mins daily/250 mins wkly	60 mins daily/90 mins block schl	50 mins daily/250 mins wkly	50 mins daily/250 mins wkly
High School	55 mins daily/275 mins wkly	60 mins daily/90 mins block schl	55 mins daily/275 mins wkly	55 mins daily/275 mins wkly

For additional content guidance, please visit each content area. [English Language Arts page](#), [Mathematics page](#), [Science page](#), [Social Studies & History page](#), [Physical Education & Health page](#), [Computer Science page](#).

We recognize that educational technology implementation may vary from school to school, depending on schedules and electives offered. However, we encourage schools to consider [Arizona's vision for Educational Technology](#) when making instructional decisions, focusing on the meaningful integration of technology across all classrooms and content areas.

For English Learners (E.L.) guidance, please review the [SEI Model document](#) on the [Office of English Language Acquisition Services \(OELAS\)](#) page.

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Grade	Physical/Health Education	Computer Science
Kindergarten	30 mins daily/150 mins wkly	45 mins daily/225 mins wkly
First Grade	30 mins daily/150 mins wkly	45 mins daily/225 mins wkly
Second Grade	30 mins daily/150 mins wkly	45 mins daily/225 mins wkly
Third Grade	30 mins daily/150 mins wkly	45 mins daily/225 mins wkly
Fourth Grade	30 mins daily/150 mins wkly	45 mins daily/225 mins wkly
Fifth Grade	30 mins daily/150 mins wkly	45 mins daily/225 mins wkly
Sixth Grade	30 mins daily/150 mins wkly	45 mins daily/225 mins wkly If self-contained
Seventh Grade	30 mins daily/150 mins wkly	45 mins daily/225 mins wkly If self-contained
Eighth Grade	30 mins daily/150 mins wkly	45 mins daily/225 mins wkly If self-contained
High School	45 mins daily/225 mins wkly	45 mins daily/225 mins wkly If self-contained

Grade	Artistic Discipline 1*	Artistic Discipline 2*	Performing Ensembles
Kindergarten	90 mins wkly	90 mins wkly	NA
First Grade	90 mins wkly	90 mins wkly	NA
Second Grade	90 mins wkly	90 mins wkly	NA
Third Grade	90 mins wkly	90 mins wkly	Daily ensemble practice
Fourth Grade	90 mins wkly	90 mins wkly	Daily ensemble practice
Fifth Grade	90 mins wkly	90 mins wkly	Daily ensemble practice
*Sixth Grade	45 mins daily/225 mins wkly	45 mins daily/225 mins wkly	45 mins daily/225 mins wkly
*Seventh Grade	45 mins daily/225 mins wkly	45 mins daily/225 mins wkly	45 mins daily/225 mins wkly
*Eighth Grade	45 mins daily/225 mins wkly	45 mins daily/225 mins wkly	45 mins daily/225 mins wkly

**A minimum of one semester of Arts during middle school (grades 6-8) is recommended.*

** Per Arizona Administrative Code R7-2-301, "[K-8] Students shall demonstrate competency as defined by the State Board-adopted academic standards, at the grade levels specified, in...The Arts, which may consist of two of more of the following [artistic disciplines]: visual arts, dance, theatre, music, or media arts." For additional content guidance please visit the [Arts Education page](#).*